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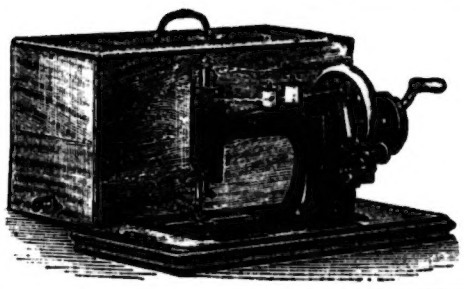

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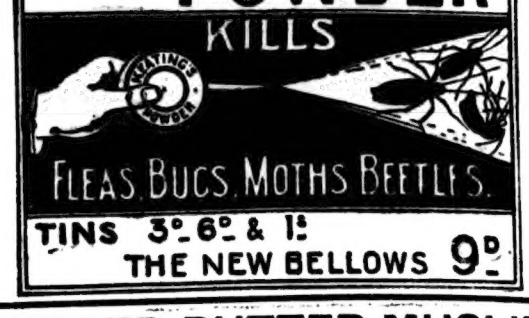

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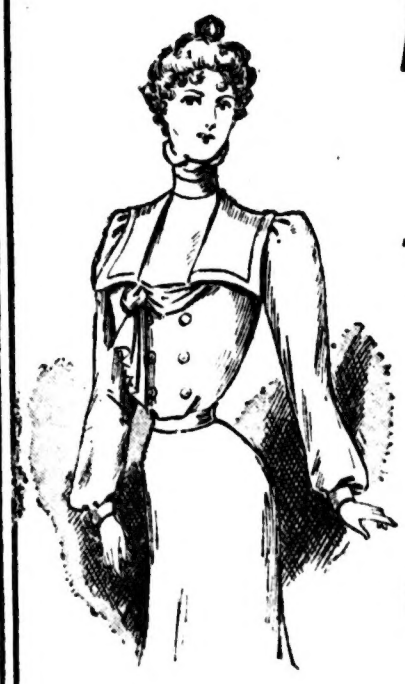

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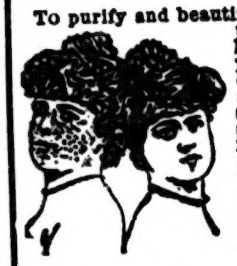

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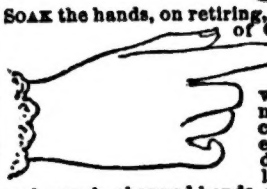

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FROM

OURSELVES TO OUR READERS.

ALL the newest and most useful novelties for the spring and early summer will be found crowded into our fashion designs this month. The newest tailor styles from London, Paris, and Vienna are well represented. The graceful tucked and pleated skirts are shown in a liberal variety. We call attention to the charming selection of open and closed coats, and to the smart cycle skirt which occupies our Dressmaking Lesson.

We present two cut-out paper patterns to our readers with this number — a complete tailor costume, coat and skirt. The coat is a very smart model. The skirt pattern is a particularly useful one, as two skirts of completely different aspects can be cut out from it—the five-gore tailor skirt illustrated at No. 557, and the novel draped skirt shown at No. 497.

The beautiful coloured plate presents some of the smartest coat-and-skirt costumes issued by our best tailors. Capes in variety will be found on page 9. Some charming styles for elderly ladies and children are given. Two new types of tunic will be found at Nos. 509 and 568.

A particularly effective "utility" gown is dealt with in Our Economical Hints. Our readers say that they find our gowns of this description a boon to narrow purses, as the dresses are always so carefully designed with a view to economy in production, suitability to endless renovation, and ability to suit almost any purpose a smart gown can serve.

The shirts on page 17 are new and pretty models; the one-piece American yoke—still so deservedly popular — figures largely therein. It will be observed that shirt sleeves remain small, and convenient to slip into the fitted sleeves of the new coats.

Next month will be our early Summer number, in which pretty light dresses will figure prominently. We will give a variety of beautiful shirts, and the prettiest of all will be the subject of our free cut-out paper pattern. A new pleated skirt will be dealt with. We shall have something to say about the lighter woollen, silk, and cotton fabrics employed to build summer gowns and skirts.

Messrs. Horlick and Co., of 34, Farringdon Road, E.C., have followed up their recent gifts of malted milk for the sick and wounded soldiers in South Africa and for the hospital ship *Maine*, by another consignment of their celebrated product for the benefit of the Imperial Yeomanry Hospital.

"The Praise of Gardens," by Albert Forbes Sieveking, has just appeared again in an enlarged and revised edition. This charming book, dealing with the gardens of all ages, is not a gardening treatise; but, published fifteen years ago, it can claim some share in the great revival of interest in garden literature, an interest proved by the big prices realised at Sotheby's for old garden books.

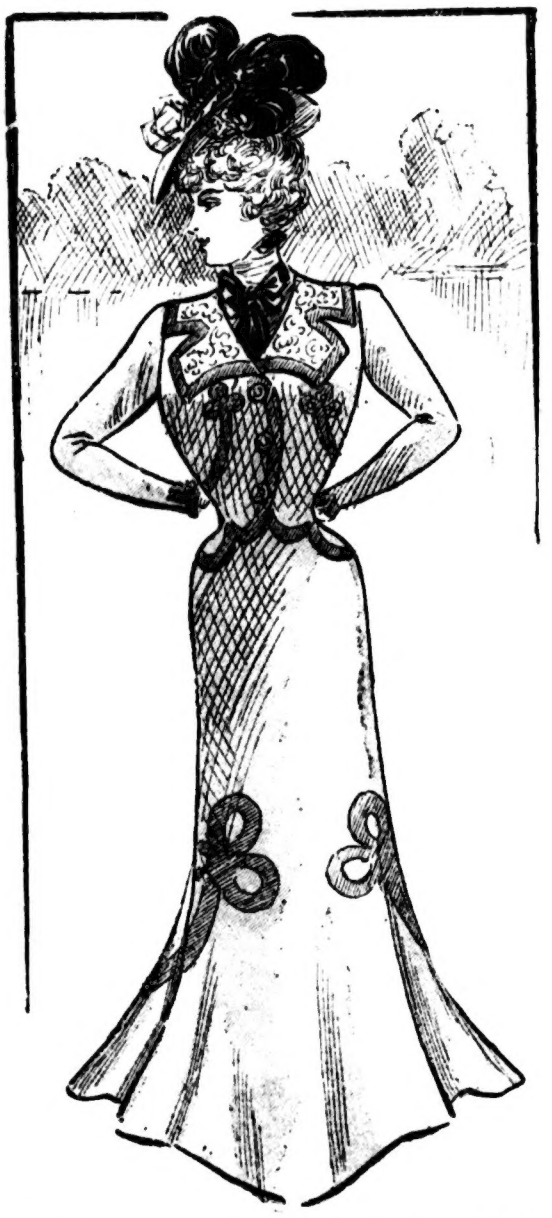
The Bradford Manufacturing Company, Bradford, Yorks, have a beautiful collection of the new cloths, tweeds, and serges, in which the fashionable "khaki" shade figures prominently. The patterns are all ready, and will be despatched to any address on receipt of a post card. But they reached our hands just as we were going to press (early, of course, for a very big number), and so a detailed account of these pretty spring fabrics must be reserved for our next number.

News from Fashion Centres.

PARIS.

APART from a certain ingenuity observed in the arrangement of tucks and pleats in skirts, I do not think that we can claim much originality in cut this spring, nor can we say that we have launched on the world a new material, double cashmere being uncommonly like the kerseymere which our grandfathers employed for neat-fitting breeches in the twenties. Still our great *couturières* have not been idle. They have devoted their energies to improve and beautify what we already possess.

Our trimming manufacturers, seeing that dressmakers like to make their own trimmings, are leaving passementeries for the time. They are doing a good trade in silk and bead fringes, but the staple of their output is in the domain of buttons and buckles. Buttons will play a great part in the decoration of spring gowns. The economical can turn their attention to the tiny flat gilt, the crystal, and the chased oxidised buttons which are always in good style. Tiny coral and turquoise buttons, rimmed with gold, are not costly and are extremely pretty. Among the newer and expensive kinds there are very smart buttons



No. 492. A Strapped French Tailor Gown.

For Description see this Page.

Price of Paper Patterns, Coat or Skirt, each 6½d., post free, of Madame Myra, 95, *Regent Street W.*

of white kid, tortoiseshell, and embroidered silk. The paste buttons are very handsome and dear; but the buttons of the moment, the dearest of all, are the camei. Those cut in the renowned Roman workshops are of course the most choice. Such buttons naturally are extremely costly, and are only permissible to the wealthy; unless, of course, one has been sufficiently lucky to have inherited some specimens. The shell camei, which are a modern product of Rome and Italy, are not expensive, and make very dainty fastenings. Onyx buttons are fashionable, and it would be just as well, now the mode for wearing them is again coming in, to investigate one's store-house of treasures. Nearly everyone has some of these buttons tucked away in a forgotten corner. Nor are the best steel buttons of some seasons back to be despised.

The new idea of wearing jewels everywhere has brought a great improvement in the art of the

No. 493. A Parisian Ball Gown.

For Description see this Page.

Price of Paper Patterns, Skirt or Bodice, each 6½d., post free, of Madame Myra, 95, *Regent Street, W.*

jeweller. Without detracting from the beauty of the stone, or depriving it of its formal conventional aspect in gala ornaments, jewels are rejuvenated, modernised, with the cutting of stones in *navettes*, in long squares, lozenges, and pendants. The incrustations of brilliants in enamels (strange and varied colours) is applied to brooches, buttons, and waistband buckles.

Evening dresses of rich aspect have little interes to you British distracted with war. But it is different with us, and I am sending you No. 490 to show how beautifully we can manipulate mauve face cloth, embroidered with steel and decorated with lace. The lines are so severely simple and so becoming. We are paying great attention to cloth evening gowns.

A very lovely gown, which emanated from one of our smartest *ateliers*, was of fine cloth in a very pale shade of rose-pink—that exquisite rose-pink which is toned down by a certain surface bloom.

The beauty of the gown lay in the graceful trails of roses carried out in shades of soft brown and pale green chiffon, padded to give the necessary raised effect. The leaves and stems were naturally fashioned of the green chiffon. The effect, as can be quickly imagined, was extremely realistic, in spite of the somewhat weird colouring of the roses.

At No. 492 you have a smart example of one of our tailor gowns. It is of cream double cashmere, coat and skirt beautifully strapped with mauve cloth. The collar is faced with mauve brocade.

VIENNA.

We are justly priding ourselves here upon the elegance and apparent simplicity of our tailor-built gowns. The simplicity is more apparent than real, as the greatest care and ingenuity are required to ensure those flowing yet neat curves which improve all figures.

We are very fond just now of the two-piece tailor skirt, the front seam stitched or strapped like the edge of the skirt, the back seam hidden in the folds of a reversed box-pleat. We are cutting it very circular, so that the smallest and fewest of darts suffice to fit the waist, while the lower edge flutes in the style considered so necessary since the introduction of the tucked skirts.

A charming example is given at No. 495, carried out in drab English coating (a material we adore, and which no German firm can equal). The lower edge and front seam are stitched with drab silk. This dainty gown also illustrates our favourite coatee—a short coat of bolero type, the fronts elongated into square tabs. It closes with two hooks at the collar, then the revers lap across each other, the coatee then fastening with five buttons. This type of coatee is more becoming than the usual bolero to a tall well-developed figure.

Although the first consideration is given to the evolution of coat-and-skirt gowns of dressy type, we are by no means behind with the little mantles and summer wraps which promise to be so much worn later in the season. An example is given at No. 494. This dainty model is really a dress bodice for visiting, attending smart social functions, &c. It can be made as a wrap, but the fit is rather close over any bodice more voluminous than a silk shirt. The wrap is cut in mauve silk, veiled with pleats of black chiffon, with a bolero back and two fronts of black satin, decorated with jetted white guipure and chiffon ribbon. It is a charming model.

No. 494. A Viennese Bolero.

For Description see this Page.

Price of Paper Pattern, 6½d., post free, of Madame Myra, 95, *Regent Street, W.*

No. 495. Tailor Skirt and Coat from Vienna.

For Description see this Page.

Price of Paper Patterns, Skirt or Coat, each 6½d., post free, of Madame Myra, 95, *Regent Street, W.*

This bolero could be worn with one of the new pleated skirts, one that is cut circular, the stitched pleats forming below the hip-line from almost nothing, and widening out to within some 12 inches or so from the hem, where the pleats are allowed freedom. These pleats look well arranged round the skirt in triple groups, except down the front, which is left plain, and at the back, where a wide double box-pleat is usually stitched perfectly flat from the waistline downwards for the distance of about nine inches.

A little stitched belt is usually preferred sewn to the back of this pleated skirt when worn with a shirt fastened beneath a mitred end at the left front.

LONDON.

Plain cloths and double cashmeres are much in evidence. A fine Venetian cloth in a soft khaki shade—that is the gown of the spring. The khaki shades look so very well strapped with satin of the same colour, or with white cloth.

Of course straps are to the fore for all gowns of tailor build, and lovely these are. Tailors are now taking kindly to the pleated and tucked skirts, which look specially well in the new cashmeres—a rather heavy make, more like cloth in texture, but with cashmere "veining." Tailors call them "double cashmeres."

The coats are so pretty this spring. They are short in the basque, loose in front, with neat fitting back. The collars (turn-over collars of reefer type) are large, and the revers are fanciful. A good bit of fancy is allowed in the facings.

It is rather straining a point to call the favourite spring shade "khaki." The serviceable khaki of our soldiers is a yellowish sand colour, which is neat and useful, but is hardly beautiful. It is not much like the soft brownish drabs which figure as "khaki" shades amongst the new spring cloths. As to millinery, real khaki tints would be most unsuitable for it. Millinery khaki, then, is a kind of yellowish *ficelle* or string shade. Straws and "crinoline" of this shade are very pretty and spring-like. Whole hats are khaki in shade.

Fancy straw hats are large and trimmed with "crinoline" or straw muslin of the same shade. In fact, some hats are totally untrimmed, apart from their stiff draperies of straw-edged crinoline. Pink and mauve straws abound.

Floral toques and hats are numerous, especially those covered with petals instead of whole flowers. A charming hat has the crown covered in rose petals, the brim with rose leaves; the trimming is a twist of rose-leaf green chiffon.

The use of fringe is increasing. It is often put to very effective use on the mantles of matrons of a certain age, cut like a loose coat. A veil of falling fringe on the shoulder turns the coat sleeve apparently into a wing mantle sleeve. In chenille on silk or satin the effect is very good. Most fringes have a knotted trellis heading, which helps to keep them very dear.

A feature of the spring styles is the dainty black satin coat, trimmed with black lace and jet fringe, after the fashion of some fifteen years ago. Black satin coats are rather short, they should be neat-fitting, and as a rule have high collars of the Medici type.

The bolero shows no sign of abated popularity either as a coat or as a dress bodice. For coats the "spoon" pointed bolero is preferred as a rule, and many boleros are double-breasted. They can be used in building smart visiting dresses (of tailor type) or rougher, plainer tailor gowns like cycling costumes.

The prevalence of pleats and tucks in evening gowns is cheapening trimmings of the passementerie type. Some of our daintiest evening dresses are trimmed solely with the skilled work of the dressmaker. This will not be a good year for trimming manufacturers. On the other hand buttons, buckles, and clasps are in large demand to decorate gowns and millinery.

No. 496. A Draped Bodice.

For Description see Pages 32 to 36.

Price of Paper Pattern, 6½d., post free, of Madame Myra, 95, *Regent Street, W.*

DESCRIPTIONS of our ILLUSTRATIONS

(Nos. 559 to 568).

Nos. 559 and 560.—Cycling Knickers and Flannelette Linings. (Page 40.)

No. 559. Knickers of grey tweed. In two pieces, seamed back and front. Slits are cut at the sides protected by stitched straps. The front part is eased into a shaped tweed band (lined), which buttons at the back. The back is gathered into a narrow band, which buttons on to the edge of the shaped band. The legs are gathered into lined straps. Quantity of 48-inch tweed required, 2 yards.

No. 560. Flannelette lining for No. 559, cut in two pieces, with strapped slits at the sides. The lining is seamed back and front. The tops are gathered into two bands, which button on to small buttons sewn inside the lower edge of the shaped band and back band of No. 559. Quantity of flannelette required, 3 yards.

No. 561.—Renovated Sunshade. Page 41.

A ruche of chiffon covers the soiled edge of a light silk sunshade, while lace covers the upper portion. The lace can be any piece guipure or embroidered open-work muslin, cut to shape, and seamed as invisibly as possible.

Nos. 562 to 565.—Novelties in Underclothing. (Page 45.)

No. 562. Nightdress of nainsook, in two breadths (with added corners), gathered into a five-piece yoke. A stitched strap covers the opening and holds the button-holes. The left side of the slit is simply hemmed. One-piece collar, lined. Trim with wide hem-stitched frills of nainsook, headed by a feather stitch in white silk. One-piece sleeve, with frill. Quantity of 30-inch nainsook required, 4¼ yards.

No. 563. Chemise of fine longcloth, in two breadths. It is without sleeves, and is mounted into a lace-trimmed front yoke. Quantity of 30-inch material required, 3 yards.

No. 564. A new camisole in one piece, without shoulder, mounted into a lace covered back and two front bands. Decorate with feather stitching. A ribbon, passed through the lace on the neck bands forms the only shoulder strap. Quantity of nainsook required, 1½ yards.

No. 565. A pretty combination, suitable for longcloth, mull, silk, &c. It is seamed and buttoned in front, each front being cut with half the back flap. The fronts are arranged into a two piece yoke of tucked material and lace. Finish the side slits and back flap as described for No. 559. The back is finished with two small backs, which pass beneath the flap, supplied with buttons (mounted on a tape support stitched under the backs) to hold the flap. Trim with lace. Quantity of 30-inch material required, 4½ yards.

No. 567.—Useful Indoor or Semi-Evening Dress. (Page 46.)

Utility three-gore skirt of mauve double cashmere, lined mauve silk or mercerised cotton. Reversed box-pleat back, where is the opening and pocket. Pretty blouse.—Cut a fitted bodice lining in mauve silk, with three-piece front to close on the left of the centre panel. Tack, fit, seam and bone the bodice, leaving only the side and shoulder seams. Cover the top with a point back and front of lace. Cover the rest with two crossed backs and two crossed fronts of silk muslin, the fronts hooking across the lining centre panel. Finish the seams. Unlined collar of lace and silk supported by bones. Two-piece sleeve of lace and silk. Muslin ruche. Boquet of Parma violets. Belt of Parma panne. Quantity of material required; 22-inch foundation silk, 13 yards; 48-inch cashmere, 4 yards; 22-inch lace, 3 yards; 30-inch muslin, 3 yards.

No. 568.—A Pretty Tunic Gown. (Page 46.)

Five-gore skirt cut in lining, with no pleat at the back, where it fastens. Only the edge is covered with material. Put the pocket in the skirt, and finish it quite apart from the seamless unlined tunic, the back of which is arranged in a small reversed box-pleat. The pattern is in one piece—half the tunic. It must be cut from the width of the material, which is doubled from selvedge to selvedge, the back centre of the pattern laid along the fold. Scallop the edge, and bind with ribbon velvet. The opening is in the front seam, which is bound with velvet. The wrist is trimmed with velvet. It is placed over the bodice basque. Cut a fitted bodice lining in the ordinary number of pieces, to fasten in front. Tack, fit, seam, and bone the lining, leaving only the side and shoulder seams. Cover back and front top with two pieces of tucked white silk, the front piece hooking across the front fastenings on the left shoulder. Cover the rest with a stretched back and two slightly pouched fronts of the material. Scallop the right front, and bind with velvet. Fasten with round crystal buttons. One-piece scalloped collar, bound with velvet. Unlined band collar of tucked silk, supported by bones. Two-piece sleeve, the wrist scalloped and bound with velvet. Good model for double cashmere, French serge, &c. Quantity of 48-inch material required, 7 yards.

For Description of Coloured Fashion Plate, see Page 15.

Description of the Two Cut-Out Paper Patterns Presented with this Number.

(*See No. 497 on this page, and Nos. 556 to 558 on page 36*).

The Skirt Pattern.

The skirt is a most useful model. It can be built as a plain tailor skirt in cloth, tweed, &c. (No. 557, page 36), or as a more fanciful draped skirt for double cashmere, French serge, &c. (See No. 497 on this page.) Six-piece skirt, a tablier, breadth on each side (fitted with a dart), two back breadths (forming an inverted box-pleat), and an added drapery piece, starting from the biased back seam. Pattern in four pieces, half the front, one side, one back, the whole drapery. The lining is the same shape, omitting, of course, the drapery piece, which should be lined with silk (self colour), slipstitched at the edge, for cashmere and other light walking fabrics. Wheelmarks in the diagram (No. 556) show the folds of the inverted box-pleat, and the triple folds of the drapery pleat, which is mounted on the left half of the inverted box-pleat at the waist notch. Skirt and lining are seamed apart, but are hemmed together. Opening and pocket are placed in the inverted box-pleat. Quantity of 48-inch material required for the skirt, 4½ yards. The diagram shows the four pattern pieces laid on French serge, which is folded between the dotted lines A and B so that the tablier is cut in a single piece, the side and back in duplicate. It is more advantageous to take the length of the skirt from the widths of the material. For a plain tailor skirt (No. 557) to go with the coat pattern, proceed to cut in the same way, but omit the drapery (taking the diagram between the lines A and B only). The edge then should be strapped to match the coat. As the strap is at the lower edge only, a bias band of the cloth would suffice.

The Coat Pattern.

To be made of the same cloth as the five-gore tailor skirt. The diagram shows the six pieces of the pattern (one front, cut with double point revers, half the back, half the collar, upper and under of one sleeve, side piece of the back, side piece of the front) laid on 2½ yards of 48-inch cloth, which is doubled at the dotted line so that the back and collar are each cut in a single piece, the other pieces being cut in duplicate. The dotted line down the front shows the centre of the double breast. The coat is tucked according to the notches, leaving the back and front seams open for some three inches. The coat is fitted, seamed, and pressed. The collar is seamed to the neck, the notches corresponding. Tack a piece of cloth at the edges and up the back and front seams. Mark out straps by lines of tacking, stitch them, cut away the superfluous cloth. Face fronts with the cloth. Face collar and revers with white brocade strapped with white cloth (tacked, stitched, and cut away as described for the coat). Make buttonholes and sew on the oxidised buttons. Cut a white lining in polonaise on the coat pattern; seam and press it. Tack in place. Slipstitch the outer edges to the strapped coat edges and facings. Fell the collar facing over the neck seam. Two-piece sleeve, the bell cuff strapped and faced with cloth. Line with polonaise seamed apart.

SCHWEITZER'S COCOATINA—The Queen of Cocoas.
SCHWEITZER'S COCOATINA—The Queen of Cocoas.
SCHWEITZER'S COCOATINA—The Queen of Cocoas.

RESULT of the FEBRUARY Missing Word Competition.

Prizes: One Hundred Favourite Novels.

The PRIZES have been awarded to the following 105 competitors. We give One Hundred and Five Prizes in place of One Hundred:

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Miss G. F. Thompson, Liscard
Mrs. Hayward, Brighton
Mrs. James Craig, Lasswade
Miss M. Harley, Kensington
Mrs. A. Clayton, Heywood
Miss Blackwood Price, Ripon
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Below is the correct rendering of the text, with the fourteen missing words inserted:—

The great *difficulty* in training the infant mind is to *inculcate* a happy mixture of obedience and courage. Many a mother fears to *quell* her boy's *growing* turbulence, lest she should either *break* his spirit or encourage a *deceitful* concealment of faults committed. What is the result of her *folly?* The young *hopeful*, who certainly does not *learn* obedience, can hardly be said to *acquire* courage, seeing that very soon he becomes the *terror* of the home, the *oppressor* of its weaker members, who are *compelled* to submit to his *violence*.

For particulars of a New Competition see p. 39.
The result of the March Competition will be given in the May number.

HOW TO BONE YOUR DRESS.

If you want a perfect-fitting dress as if moulded to your figure, see that it is boned with Rosenwald's ANTARCTIC REAL WHALEBONE, which will not split and is easily attached. Remember that ANTARCTIC REAL WHALEBONE is the cheapest, and saves the dress from falling out of shape.

No. 497. Back View of one Aspect of the Cut-Out Skirt Pattern Presented with this Number.

For Description see Nos. 556 to 558 on this Page.

Nos. 498 to 502. New Capes and Mantles; A Rain Cloak.

For Descriptions see Pages 32 to 36.

Price of Paper Patterns, Short Capes. each 6½d.; Long Cloak, 1s. 0½d., *post free, of* Madame Myra, 95, *Regent Street, W.*

Notes of the Month.

IN spite of the inspiring news from the seat of war, the time of hardship and suffering for our gallant defenders is by no means over, and the comfortable articles for the sick and wounded which so many ladies are kindly making are wanted as much as ever. Might I suggest that these articles, to be of any value, should be properly made, of the right materials? I hear news of one lady sending a set of Tam o'Shanters for grown men, which were obviously worked for an infant head. It does not do to look a gift horse in the mouth; but when one is taking the trouble, why not take a little more, and do it thoroughly?

A LITTLE thought will show how impossible it is to wrap a wounded man in rough flannel, which would irritate the stoutest of healthy skins. Whatever pyjamas and shirts I have sent out to the wounded have been made of Viyella, the softness and fineness of which is comforting and soothing, and which lends itself admirably to the needful strict attention to sanitary and incessant tubbings. As it never shrinks, Viyella is an ideal flannel for underwear, and it is pleasing to the eye, owing to the delicacy of the colouring—and this advantage, let me add, is no minor point in a military hospital. It is the extreme prettiness of Viyella, as well as its sanitary qualities and its utility, which has placed it as the best flannel for ladies' shirts and blouses, for dressing gowns, and dressing jackets, and for babies' frocks. The new patterns are prettier than ever. They can be seen at any draper's.

WE have had so much wet weather of late, that it has been a real difficulty to keep the feet dry, among those who are compelled by circumstances to go out in all weathers. Next time we have a spell of rain, let me counsel a trial of the capital Oroco Sox. These are of flexible corrugated paper, and should be slipped into the boot. Even if the wet penetrates the soles of the boots, it will not soak through the sox, which keep the feet warm and dry, and yet allow of full ventilation. As the Oroco Sox are so cheap (only 1s., post free, for eighteen pairs) there is no need to dry them; a new pair can be inserted on each wet day. They can be ordered through any boot-makers, or direct from the Oroco Manufacturing Company, Wigan.

THE unfortunate prevalence of mourning has given an added value to Priestley's lovely dress fabrics, which show a variety and beauty which black materials are not always able to supply. The rich silk and wool cloths are admirably adapted to the new tucked and pleated skirts. There is a variety of beautiful fabrics of the fashionable corded or poplin type. The crape cloths are very handsome. The light fabrics of grenadine type are very beautiful. All these fabrics can be seen at Messrs. Jay's, Oxford Circus.

WE are using crape somewnat extensively now, and we all take good care that it is Courtauld's, which for beauty of appearance and durability cannot be beaten. Crape is rather more noticeable lately, not only owing to the unhappy prevalence of mourning, but to the tendency among our better classes to copy Continental mourning in the matter of deep bands on the skirt and long veils of crape hitherto reserved exclusively in England for widows.

IT is not generally known that an inherited tendency to gout in the feet may be largely and far too early accelerated by the use of improperly formed boots and shoes. Especially hurtful are ill-shaped foot-gear to the delicate feet of growing children. Mr. Henry Holden (of Messrs. Holden Bros., the manufacturers of the well-known and valuable Nature-form Boots and Shoes, 223, Regent Street, W.), has much to say on the matter in his instructive illustrated pamphlets—"The Artistic Merit of Nature-form Foot Clothing" and "Gout, the Foot Clothing Best for its Remedy." The subject is instructive and interesting, and should give parents food for reflection. (Price 6d. each.)

A BOOK that comes well under the heading of "Acceptable Presents" is the "Adhesive Postage Stamps of Europe," by W. A. S. Westobey, Part

No. 503. EVENING GOWN, WITH PLEATED SKIRT.

For Descriptions see Pages 32 *to* 36.

Price of Paper Patterns, Skirt or Bodice, each 6½d., *post free, of* MADAME MYRA, 95, *Regent Street, W.*

XIII. of which is now ready. No stamp collector, young or old, should be without this book, which is published in shilling parts. It is plentifully illustrated with facsimile stamps (not coloured). It is published by L. Upcott Gill, 170, Strand, W.C.

MR. M. F. THOMPSON, the well-known chemist, of 17, Gordon Street, Glasgow, has issued an interesting little pamphlet, "The Woman Beautiful," in which he points out how beauty can be preserved or improved. His Nervetonine to improve the exhausted system, his new French Corn Plaster, to improve the gait by curing pain, his Lakola Essence, to feed up wasting tissues—in fact, all his preparations are prepared with a view to improving the carriage and contour of the human form, by curing ailments which disfigure both. His Lakola Chocolate will be found very sustaining to men and women whose occupations or sports prevent them from taking food regularly—a requisite for good digestion. He has lately brought out a very delicate and penetrating perfume named "Flowers of France." His pamphlet, "The Concise Guide to Health," might be read with advantage.

THIS is the season of the spring clean, when the sun necessitates some little decoration of the house darkened and grimed by a hard winter. Now is the time to lay in a store of Aspinall's valuable decorative preparations. With Wapicti (thirty colours stocked) we can renew distemper on the

Nos. 504 to 506. THREE NEW SLEEVES.

For Descriptions see Pages 32 *to* 36.

Price of Paper Patterns, each 3½d., *post free, of* MADAME MYRA, 95, *Regent Street, W.*

wall [illegible], and get rid of any influenza germs which may lurk there. Aspinall's combined stains and polish will renovate the worn boards, which the economical square of carpet leaves exposed to restless feet. With the famous porcelain-like enamel paints we can re-decorate the woodwork and any pretty chairs or tables which have lost freshness. All Aspinall's preparations are so delightful to work with, as they are prepared to give the best results with a minimum of trouble to the painter. Aspinall's metallic paints renovate the gilding on frames and metal work, while supplying a fascinating pastime.

BY the bye, have you tried Aspinall's Straw Hat Polish? It is so useful. It is to be had in all the new shades, and you can turn soiled white hats into up-to-date straws of mauve, pistache, or turquoise hues, such as are being sold in all the best shops. All grocers and oil and colourmen keep Aspinall's paints, stains, and polishes, so that there is no trouble in getting them.

SPRING cleaning invariably means new curtains, and when new curtains are thought of the name of Messrs. Gorringe and Co., of Nottingham, naturally arises, for with this firm good quality goes hand in hand with moderate prices. Muslin curtains, frilled along the bottom and at both sides, are priced very low at 6s. 9d, 7s. 9d., and 8s. 9d. a pair, yet nothing could be prettier or more easily washed. Madras muslin curtains, fringed at both sides, cost 12s. the pair, and frilled reversible cretonne curtains 16s. 9d. These are but three examples out of many dozens detailed in the illustrated price list, which will be sent post-free on application.

MESSRS. GORRINGE AND CO. have just finished building their large new premises, where the department for carpets, rugs, &c., of all descriptions, and at all prices, is most interesting. Our readers can actually have patterns, sent free from Nottingham, of carpets and rugs, as well as of curtains. This is a very satisfactory method of buying straight from the place of manufacture.

HOUSEWORK is made conspicuously easy to those who are wise enough to use a specially-prepared cleansing agent, which does the work with a minimum of labour. "Compo," the Safe Washer, is an admirable cleansing medium, which washes everything in a thorough, sanitary manner with scarcely any trouble on the part of the housemaid or laundress. All grocers or stores keep it, and it is cheap (only 2d. a large packet).

We are always more particular about the polish on our boots and shoes when spring sunshine arrives to throw up any deficiencies. The late wet weather made us think solely of keeping off mud splashes. But now matters are different, and to those who are rightly particular in this respect, I recommend a trial of Jamieson and Co.'s Brighton Boot Polish, which is to be had in black, brown and white. Of course tan and white shoes are to be most fashionable again this summer. This polish keeps and preserves the boots by rendering them waterproof. It is easy and pleasant to use, and is sold in jars at 6d., 1s., and 1s. 6d. (according to size).

"Virol" should be tried by delicate people and children for its marvellous powers of nourishing and renewing the tissues wasted by bad appetite, indigestion, or disease. It is a form of bone-marrow, which is the most nourishing natural fat to be found, the most easily assimilated. It is pleasant to take, either in a spoon or spread on toast, &c. It can also be made up with porridge or arrowroot. It is so gentle in its action that it can be given even to delicate infants, dissolved in warm milk.

HOW SOME WOMEN FACE TROUBLE.

With the newspapers full of stories of misery and crime, no apology is needed for reprinting a charming story of an English mother's happiness and courage. The *East Essex Times*, from which it is clipped, reports the matter as a simple news item, emanating from its local representative in the pretty village of Stambourne. Here lives a Mrs. Richardson, with her daughter, a rosy girl of eighteen, named Eva.

This girl until recently had been ailing severely with anæmia and a common consequent ailment—indigestion. Her liver became affected, as was evident by frequent pains across the shoulders, and she suffered great pain in the back and in the legs. She had no appetite, and could hardly creep up and down-stairs, she was so weak; neither could she do any work, and she always felt languid.

Mrs. Richardson stated: "A few months ago my neighbours told me they thought Eva was dying. I thought so too, for she was as white as a sheet, and I quite made up my mind that I should have to bury her. I have already buried four," added the mother with simple pathos, "but, thank Heaven, she is all right now."

Mrs. Richardson continued to explain that the present splendid health and astonishing change in the girl was due to Dr. Williams' pink pills for pale people. Her daughter was attended by a doctor, but without any perceptible benefit. One day, however, a pamphlet was left at the cottage, containing a case similar to her daughter's which had been cured by Dr. Williams' pink pills. Mrs. Richardson immediately procured a box, and after Miss Richardson had taken them for about a week she felt better, and could eat her food in comfort. She continued to take the pills, and before four boxes had been exhausted she had quite regained her health, strength, and appetite.

Miss Richardson herself added, with evident pleasure and gratefulness: "Yes; I can eat and drink anything now, and enjoy it. I feel quite well and strong, and can do my work without difficulty." The young woman proceeded to say that she had recommended the pills to other sufferers, and she would continue to do so.

Mrs. Richardson declared that it was to Dr. Williams' pink pills that she owed her daughter's life, and the thankful parent went on to say that a Mrs. Lapwood, who was almost an invalid, living in the adjoining parish of Birdbrook, had derived great benefit from the pills. Her daughter's recovery had naturally caused great surprise in the village, and the pastor of the Congregational Church had alluded to it with astonishment.

Miss Richardson stated that she had not the slightest objection to the foregoing being published, and by this resolve she is rendering a great and public service to those of her sex, who, by reason of weakly constitutions, or exhausting conditions of employment, have been reduced to a sickly, anæmic state. Impoverishment and deficiency of blood are responsible for the weary eyes of thousands of matrons and young women, and by building up the blood fresh energy is imparted to the system through the veins. Dr. Williams' pink pills have become famous among countless grateful women, who are constantly recommending them for anæmia, pale and sallow complexion, general muscular weakness, loss of appetite, palpitations, pains in the back, nervous headache, and neuralgia, early decay, all forms of female weakness and hysteria, and consumption of the bowels and lungs. Acting on the nerves also, serious ailments such as paralysis, locomotor ataxy, rheumatism, and sciatica are cured. No pills are genuine except those bearing the full name, Dr. Williams' pink pills for pale people, and sold by most chemists, and by Dr. Williams' Medicine Company, Holborn Viaduct, London, at two shillings and ninepence a box, or six boxes for thirteen and nine. Pink pills sold loose or from glass jars are not Dr. Williams' pink pills; had Miss Richardson allowed herself to be deceived into accepting a substitute in place of the remedy she had in mind, it is probable that she would not now be alive to tell the story.

No. 507. A Spring Gown.

For Descriptions see Pages 32 to 36.

Price of Paper Patterns, Skirt or Bodice, each 6½d., post free, of Madame Myra, 95, *Regent Street, W.*

MYRA'S LIBRARY OF NEEDLEWORK.

NOW READY.

An important Series of Handbooks, plentifully illustrated, dealing with all kinds of **Plain and Fancy Needlework**, for Amateur or Professional workers. The Handbooks are published monthly, and the back numbers are always kept in print.

The Handbooks are published at ONE PENNY EACH (1½d., post free). They are also sold in assorted packets of fifteen, at 1 6, post free.

HANDBOOKS ALREADY PUBLISHED.

No. 1, SEQUIN AND JEWEL EMBROIDERY.—This handsome handbook contains over 20 Illustrations and full descriptions for making this new and beautiful style of Art Needlework. The most expensive Sequin trimming can be made at very small cost.

No. 2, WOOL CROCHET WORK. (Part I.)—Contains 45 Illustrations. Full descriptions for making more than 20 useful articles for Ladies', Children's, and Gentlemen's wear. The descriptions are carefully prepared, and are thoroughly reliable.

No. 3, DRAWN WORK. (Part I.)—23 Examples of this pretty and effective needlework, with full descriptions for beginners. This work is executed on Linen, Art Linen, and Canvas.

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No. 5, SMOCKING. (Part I.)—Contains 28 Illustrations of this very pretty and useful form of needlework, which is invaluable in working children's clothes, ladies' blouses, shirts, &c., in various silks and cottons.

No. 6, COTTON KNITTING.—29 Illustrations.—How to knit Shamrock, Palm Leaf, Cockle Shell, Seed Point and Diamond, Maltese, Cingalese, and Heart Lace, Greek Insertion, Pomegranate Border, &c. Also complete designs for Lace Collars, D'Oyleys, &c.

No. 7, ORIENTAL EMBROIDERIES.—This handbook has been prepared by an expert, and contains very beautiful and original designs in Egyptian, Algerian, Bulgarian, and Hungarian Embroidery. 29 Illustrations.

No. 8, STOCKING KNITTING. (Part I.)—22 Illustrations. Is an exceedingly practical and instructive pamphlet showing how to knit the different styles of toe and heel, ladies' stockings, gentlemen's socks, and children's night socks.

No. 9, MACRAME LACE.—Contains 27 Illustrations of this most ancient of crafts. Many novel and pleasing designs are given, and the working is carefully described and clearly illustrated.

No. 10, COTTON CROCHET.—An excellent guide to the making of Lace D'Oyleys, Borders, Edgings, and Greek Insertion. 21 Illustrated designs.

No. 11, Netting.—20 Illustrations. How to make Fishing and Tennis Nets, Hammocks, Shopping Bags, D'Oyleys, Purses, &c.

No. 12, CANVAS WORK.—Illustrated by 32 engravings. Contains many beautiful designs that can be applied to a variety of purposes.

No. 13, STOCKING KNITTING. (Part II.)—Deals exhaustively with gentlemen's cycling stockings with ornamental tops, ladies' decorated stockings, clox, openwork fronts, &c. 12 Illustrations.

No. 14, SIMPLE EMBROIDERIES.—Contains 29 Illustrations of simple but effective embroideries worked on such ordinary and easily obtained materials as cretonne, huckaback, glass cloth, &c. The instructions and diagrams are very clear and explicit.

No. 15, WOOL CROCHET WORK. (Part II.)—14 Illustrations. Very pretty designs for working Shawls, Sofa Rugs, Ladies' Vests, Tam-o'-Shanter, Infants' Jacket and Shoes.

No. 16, FILET GUIPURE LACE.—Contains some very beautiful designs. The working is simply described, and the merest novice could not fail to understand the very careful designs and sketches (27 in number) which accompany the letterpress.

No. 17, CROCHET LACE.—20 Illustrations of Link Pattern, Maltese, Diamond, Fan and Braid Lace. The descriptions are carefully written, and some very handsome designs are given.

No. 18, LACE BRAID WORK.—Illustrated by 32 engravings. Describes the working of Picotina, Honiton Lace, Pompadour, and other Embroideries suitable for Tea and Sideboard Cloths, Duchesse Table Covers, Sachets, Book Covers, &c.

No. 19, WOOL KNITTING.—How to knit Babies' Boots, Gaiters, Socks, and Bonnets, Shawls, Underskirts, &c. 20 Illustrations.

No. 20, RIBBON & OTHER EMBROIDERIES.—Contains a variety of designs for Tea-Cloths, Table Centres, Tea Cosies, Nightdress Cosies, Cushion Covers, &c. 27 Illustrations.

No. 21, SMOCKING. (Part II.).—Illustrated by 29 engravings. Contains some very pretty and effective designs, all of which can easily be worked by following the simple instructions given.

No. 22, DRESSMAKING. (Part I.—The Bodice).—Treats of the Choice of Materials, Self-Measurement: Cutting, Fitting, Pressing and Boning Bodices. Illustrated by nearly 30 diagrams.

No. 23, EMBROIDERY STITCHES.—This handbook tells the worker what materials will look best, and what stitches are most suitable. It contains 103 illustrations, which are so clear that the merest tyro cannot fail to understand them.

No. 24, DRAWN WORK. (Part II.)—Contains 40 illustrations of Faggot Stitch, Herring Bone, Clusters, Fringes, Wheels, Point de Reprise, &c., &c.

No. 25, STOCKING KNITTING. (Part III.)—Contains many pretty fancy Stockings and Socks for Ladies and Children; also Socks for our Soldiers.

IN PREPARATION—READY SHORTLY.

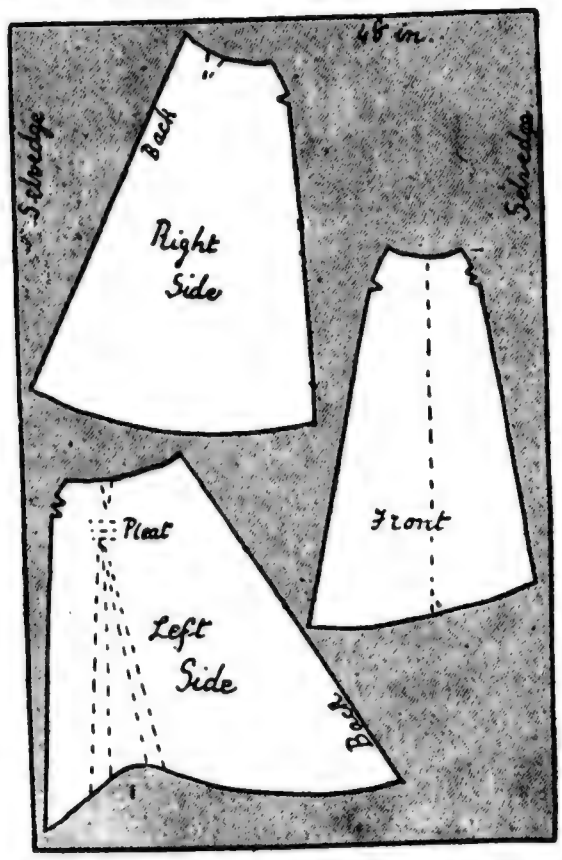
WOOLLEN COMFORTS FOR SOLDIERS AND SAILORS. WOOL CROCHET WORK. (Part III.) **SMOCKING** (Part III.), &c.

BEETON & CO., Ltd., 10 and 11, Fetter Lane E.C.

Shopping by Post.

How satisfactory it is to command the services of experienced London firms when one lives in the country, far from the big shops! So many of our London firms go to great expense to organise a gigantic system by which the dwellers in the more remote parts of the country can share the benefits of Londoners. In these efforts, none are more successful than the Dressmakers' Supply Stores (146, Aldersgate Street, E.C.), which extends its *clientèle* day by day. Although only dressmakers can benefit by the low prices and excellent taste reigning at the Dressmakers' Supply Stores, private ladies can benefit indirectly by getting the articles they covet through their dressmakers.

Never before have the novelties been more dainty and tasteful. To get them the Stores send experienced buyers to ransack the *ateliers* of Paris and Berlin. From Paris a variety of lovely embroidered robes have been secured, worked up with applications of lace (the voile cut away beneath) and fine silk cord. These are so inexpensive for the style and quality. Plain voiles in all the newest shades are to be had. I specially



No. 508. Diagram of Draped Tunic (No. 509).

recommend the smart khaki tweeds and cloth, and an exquisite range of khaki drills. The washing fabrics I will deal with next month, when I hope to illustrate some of the dainty cottons, and the embroidered and lace-trimmed muslins (for shirts, blouses, and dresses), the khaki and coloured drills, &c. At the Stores I saw a lovely variety of chequered grenadines and muslins, to be made up over silk, Roman sateen, or the new foundation lining—taffetina, which looks like a handsome glacé, and is to be had in some sixty shades. Taffetina is, I am glad to say, cheap, and it will be largely used as foundations for transparent dresses and blouses by those who do not care to go to the expense of silk.

The Dressmakers' Supply Stores have, however, a magnificent stock of taffetas (some eighty-five colours) at a very low price, which are the very things for foundation skirts and slip bodices (under embroidered muslin blouses and robes). Double cashmeres (so beloved of tailors) are to be had in all the latest shades. The serge range is capital, and includes the regulation "khaki" shade. To trim this deservedly popular colour there is a rich crimson shade—the regulation army colour. Red facings on a khaki coat and skirt, the coat decorated with the new crystal buttons (of which all sizes and shapes are to be found at the Stores), builds up as smart a walking gown as heart would desire. I am glad to say that Mr. Rushbrooke, the enterprising proprietor of the Dressmakers' Supply Stores, managed to place his orders so early with manufacturers that he has escaped the result of the heavy increase in the price of wool and silks—an increase which is sadly hampering many firms. Hence dressmakers can count on obtaining their necessary stock at the lowest possible market prices.

The trimming department is most enticing. The beautiful French novelties offer a variety which is bewildering where all are so attractive. As in the silk department, large preparations have been made in chaste black-and-white mixtures for half-mourning. In no style is this combination more effective than in the fringes and the new lace-edged silk passementeries (which are so varied and handsome), worked up with jet and steel. A range which pleased me much is the silk tubular braids edged on one side with an half-inch silk fringe, which follows all the windings of the patterns. Wide fringes with lace headings are also really beautiful.

The black-and-white glacés in the silk department also respond to the nation's unhappy need of half-mourning. How pretty the new silks are! The Royal satins (so soft and drapeable) are in lovely shades, and there is a fascinating range of printed blue and white satins (the favourite "foulard" patterns). Before winding up this inadequate summary, I counsel the inspection of the wonderful devices in the haberdashery department, by which the dressmakers' labours are so assisted. The placket fasteners on silk webbing are capital. I only wish all ladies would insist on having them, also the Dressmakers' Supply Stores special "skirt grip." Now that the shirt season is coming on,

No. 509. Smart Gown, with Draped Tunic.

For Descriptions see Pages 32 to 36.

Price of Paper Patterns, Skirt, Tunic or Bodice, each 6½d., post free, of Madame Myra, *95, Regent Street, W.*

I do hope that my readers will lay this to heart, and that I shall see fewer gaping placket holes and drooping waist bands in the future.

I have often recommended Mr. Hammett (190, Euston Road, N.W.) as *the* pleating manufacturer of our Islands. He alone can pleat sun-ray skirts and arrange accordion pleating (for tea-gown panels) some 6ft wide. His crimped and fancy pleatings are well known, and he will pleat any length of ladies' own material to order. We all know that pleatings are now more fashionable than ever. Many dressmakers will be glad to do their own pleatings, and increase their profits. To this end Mr. Hammett is supplying, from one guinea, pleating machines which will pleat frills as wide as 12 inches. Many dressmakers will avail themselves of this offer, because it is the necessary yards and yards of the narrower frills, trimming mantles, dresses, and hats, which cost so much to pleat, owing to the great amount required.

Quality and moderate prices—that is the satisfactory point in the gloves, even the cheapest pairs—purchased at the London Glove Company, 45A, Cheapside, E.C.: selected skins, good cut, and excellent sewing. We can rely on all these points. The "Esmé" glove is a treasure I consider—a four-button Brussels kid glove in tan, beaver, fawn shades, &c., with black or self-coloured points, and grey tints, with white or black points. The price is only 2s. 6d. This is the best glove of its kind in the market, and it is one of the specialities of this firm. The Francine glove (2s. 11d.) is of a superior kid, very fine, soft, and elastic. The four-button Chevrette glove at 1s. 10d. is a marvel at the price. For morning and country wear it is the best glove possible — well-fitting, strong, and durable, in useful shades. At the same price there is a capital four-button suède glove (the Leonie), in black, white, tan, beaver, and grey shades. In all these qualities a speciality is made of the greys for half-mourning. The beaver and lighter tan hues are charming. Everybody ought to try the white Lisle thread gloves with suède finish, at 6d. the pair. They look just like white suède, and wash to perfection. Another good cheap glove of excellent appearance is, for summer wear, the "Silkette" glove, with openwork hand and wrist. It is a mercerised cotton glove, and washes beautifully.

Although gloves are the speciality of this firm, the London Glove Company make a great feature of hose, and their black cashmere hose with embroidered fronts are of the best style. At 1s. 11d. a beautiful range of colours and patterns can be had. For dressy and evening wear there is the fine Lisle thread hose (1s. 11d.), with heavier woven stripes and pretty embroidered fronts. For ordinary hard, useful wear no stocking beats the plain Tresillia cashmere hose, at 1s. the pair.

When I called at the City premises of the firm the other day I was delighted with their inexpensive sanitary underwear, their cycling knickers and pretty skirts. In brown and black shepherd's plaid, the well-shaped knickers cost only 2s. 3d. Blue and white check zephyr knickers cost 2s. 6d. These cycling and walking knickerbockers are in all materials, all prices, including white drill. Ladies should send for the spring illustrated catalogue (just ready), and select a pair for themselves. The catalogue of this firm is always got up with the utmost care and skill, and the new one surpasses previous efforts. Callers might find it more convenient to go to the West End premises, 83, New Bond Street.

I have just received patterns of the beautiful French fabrics of Messrs. Jacques and Jacques, Darlington; but as we are just going to press, I must refer to them more fully next month. Among them are the fashionable French poplins in lovely shades. A post-card will ensure the delivery of a packet of patterns at any address.

It is of no use trying to cut and fit dresses well unless we have a good dress stand, such a one for instance as Messrs. John Clarke and Co. (13, Tottenham Street, London, W.) supply at such reasonable charges. Any orders are promptly attended to. We can get a capital telescopic costume stand, with padded bust covered with the best glazed material, delivered post free at our own homes for 15s. 6d. (1s. 9d. extra for a 26-inch box). No one can fail to appreciate these excellently-moulded stands.

REFRESHING—NOURISHING—SUSTAINING.

CADBURY'S COCOA

Entirely free from all Admixtures, such as Kola, Malt, Hops, &c.

"THE LANCET" (May 27, 1899) says:—"The statement that Cadbury's Cocoa is an absolutely pure article cannot be controverted in view of the results of analysis which, in our hands, this excellent article of food has yielded.

Insist on having CADBURY'S (sold only in Packets and Tins), as other Cocoas are sometimes substituted for the sake of extra profit.

DELICIOUS AND NUTRITIOUS.

BIRD'S CUSTARD POWDER

Makes a perfect high-class Custard at a minimum of cost and trouble. Used by all the leading Diplomées of the South Kensington School of Cookery. Invaluable also for a variety of Sweet Dishes, recipes for which accompany each packet.

NO EGGS! NO RISK! NO TROUBLE!

Delicious, Nutritive, Digestible.

BENGER'S FOOD FOR INFANTS, INVALIDS AND THE AGED.

"Retained when all other Foods are rejected."
LONDON MEDICAL RECORD.

GOLD MEDAL,
Health Exhibition, London.

BENGER'S FOOD is sold in TINS by Chemists, &c., Everywhere.

The following letter is published by special permission of the Russian Court.

"Balmoral Castle, Scotland, 25th September,
"Sirs,—Please forward to Balmoral Castle one dozen 2/6 Tins of BENGER'S FOOD for H.I.M. THE EMPRESS of RUSSIA, addressed to Miss Coster. We have received the box ordered from Peterhoff.
Yours truly, F. COSTER."

114 YEARS' REPUTATION.

"BEE HIVE" KNITTING WOOLS

REGISTERED TRADE MARK

UNIQUE FOR Colours, Quality, Softness & Durability.

FREE. If any difficulty in obtaining, give name and address of your Draper, and we will send you Elegant Sample Shade Card with name of nearest Agent.

Manufacturers—J. & J. BALDWIN (*Established 1785*), HALIFAX, ENGLAND.

POLISHING—A PLEASURE.

WILL NOT FINGER MARK.

STEPHENSON'S FURNITURE CREAM.

Peerless Carpet and Cloth Soap.

Unsurpassed for Cleaning and Renovating Carpets, &c.

STEPHENSON BROS., BRADFORD.

LADIES AT HOME OR ON TOUR.

(ABSORBENT.) Southalls' (ANTISEPTIC.)
(PATENTED)

"Sanitary Towels"

SAMPLES free on application to the LADY MANAGER, 17, BULL STREET, BIRMINGHAM.
Sold by Drapers, Ladies' Outfitters, and Chemists throughout the world.

In Packets of One Dozen—
Size 0 ... 6d. Size 2 ... 1 6 Size 4 ... 2/-
" 1 ... 1/- " 3 ... 2/- " X ... 2/9
Size 1 can also be had in Packets of Six Towels at 6d.

Sample Packets (marked Size S) at 6d., containing three Size 0, one each 1, 2 and 4, post free, eight stamps.

SOUTHALLS' SANITARY SHEETS for Accouchement,
In three sizes, 1/-, 2/- and 2/6 each.

Iron your Linen without Fire
WITH THE SELF-HEATING

"DALLI" BOX IRON.

The most perfect Ironer for household use. By using the "DALLI" and the smokeless and odourless "DALLI FUEL" all trouble of heating the Irons and keeping large fires is avoided. The "DALLI" is always perfectly clean, easy to handle, and always ready for use in a few minutes.

INSTRUCTIONS FOR USE WITH EACH IRON.

The cost of Ironing is less than ½d. per hour.
The price of "The Dalli" is 6/-.
The price of "The Dalli Fuel" is 1/9 per 5lb Box of 128 Blocks.
THOUSANDS OF THESE IRONS SELLING ON THE CONTINENT.
NO HOUSEHOLD SHOULD BE WITHOUT IT.
To be obtained from all Ironmongers and Domestic Machinery Stores. If any difficulty, apply to—
"The Dalli" Smokeless Fuel Co.,
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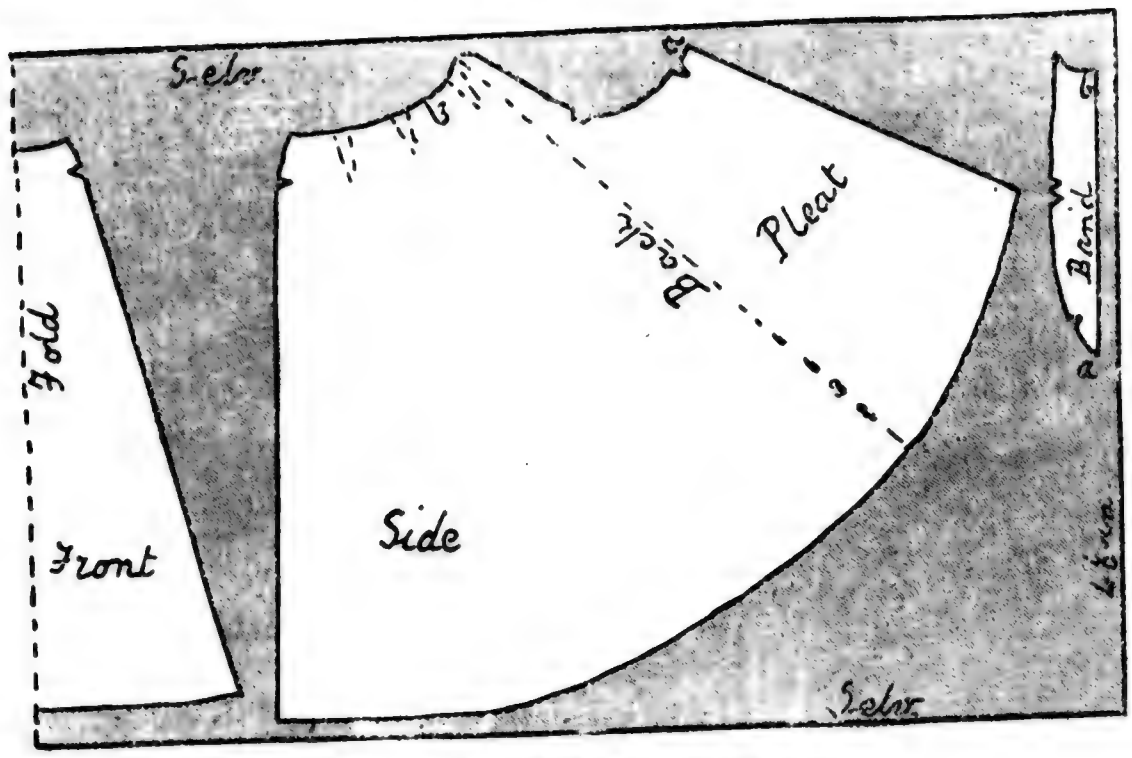
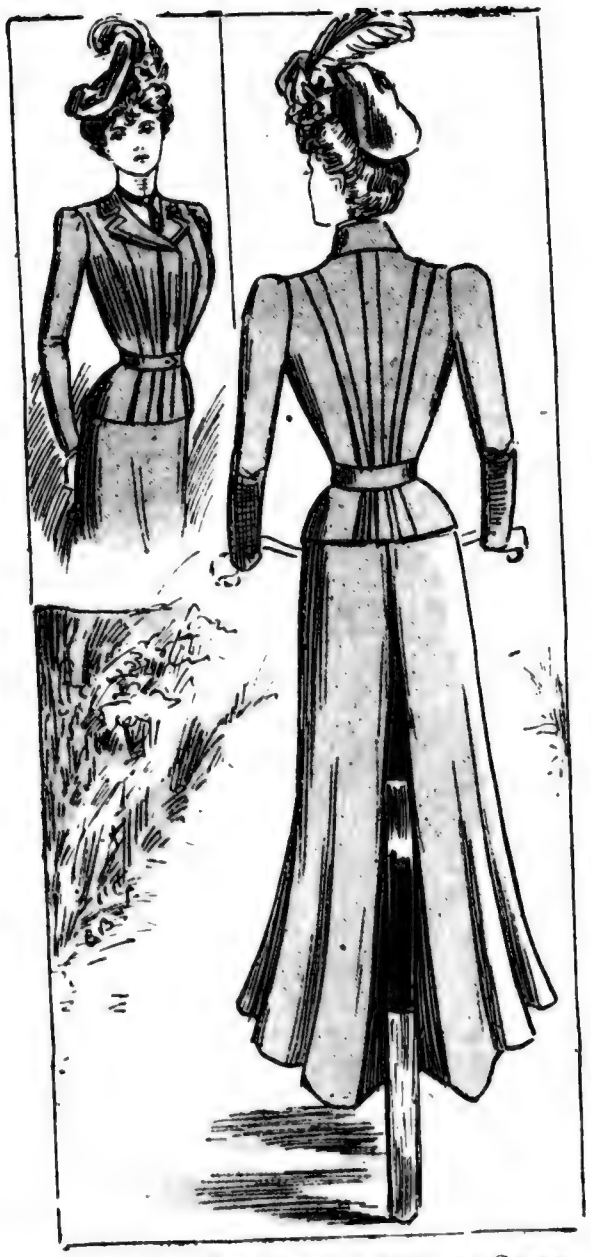
Novelties in Dressmaking.



No. 511. Diagram of Cycling Skirt.



No. 512. The French Cycling Skirt.
(Of Pirle-Finished Coating.)
For Description see this Page.

Price of Paper Patterns, Skirt or Norfolk Jacket, each 6½d., post free, of Madame Myra, 95, *Regent Street, W.*

THE FRENCH CYCLING SKIRT.

FRENCH women, I have often previously remarked, took to cycling long before their English sisters, and, on the whole, they carried on the sport with more vigour. This may account for the fact that for some five years the cycling skirt was rigidly avoided, and bloomers were the accepted cycling dress of women all over France. Now a change has come. *Parisiennes*, especially in the higher classes, are accepting the skirt. As they are accustomed to bloomers, however, they find an ordinary skirt most irksome, and they have very generally adopted a type of skirt which I am dealing with in this article (see No. 512). It partakes of the nature of bloomers, so far as the back is concerned, and it is very comfortable. Moreover, it is exceedingly elegant, and when the rider is on her feet nobody can say that she is wearing anything but an ordinary well-cut walking skirt.

It is in three gores—an ordinary tablier, and two wide circular breadths which form a deep reversed box-pleat at the back. The top of this pleat is cleverly hollowed out, so as not to encumber the rider or risk the catching up on the saddle of the reversed box-pleat, the edges of which fall smoothly on either side of the wheel. This opening is protected by a sort of fly lap, or band, which prevents it stretching or tearing, and helps to keep it in place.

The pattern is in three pieces—half the front breadth, one broad side breadth (cut with half the reversed box-pleat), and half the two-piece band. The diagram (No. 511) shows the three pieces of the pattern laid on 4¼ yards of 48-inch material, which is doubled from selvedge to selvedge at the dotted line, so that the tablier (front edge laid on the fold) is cut in a single piece, each of the other pieces being cut in duplicate. The skirt cuts best by taking its length out of the width of the material.

The front and sides are seamed at the single notch. The sloped back seam is seamed from the lower edge as far as *a*. The sides are fitted each with three small darts, which should be merely marked with tacking for fitting, as they may have to be modified for certain figures. A cut dart cannot be altered. The skirt should fit neatly but well on the hips and front to where the pleat turns under (dotted line), its two edges meeting where the skirt is hooked at the waist.

If made of tweed or stout serge, this skirt need not be lined except by a band of lining inserted in the false hem, and by a two-inch band (cut to shape), to support the edge of the hollow (single and double notches) in the reversed box-pleat.

The two-piece band of the material should be lined. It is seamed to the hollow's edge (single and double notches on both coinciding), and slopes off to nothing in the middle of the back (*a*). When the pleat is arranged (turned in at the dotted line) and the side darts are made, the band's top is tacked to the side waist, so that the letters *b* on band and skirt coincide. The waist can be bound with a ribbon or be mounted into a webbing band, fastening at the back centre. Then an elastic is sewn to the point *a*, and another one is sewn to the waist in the middle of the tablier. These two elastics fasten with a patent hook and eye, drawing the inverted box-pleat between the legs.

A false hem finishes the lower edge of the skirt, the material (taken from the waste) being cut to shape and neatly stitched to the skirt. If the skirt is lined throughout, the seams and darts of the lining should be seamed apart, but lining and material are finished together with the false hem. This is a beautiful model for Pirle-finished cloth, which neither spots, cockles, nor shrinks if wetted.

The skirt opening is naturally at the back, provided by the hollow in the inverted box-pleat. The pocket must be placed in the right tablier seam, where it can be concealed by a stitched strap of the material.

About eight inches from the lower edge, sew to the tablier seams inside the skirt two loops of elastic, which just reach the skirt's edge. The legs are placed through these, and the skirt thus does not ride up with pedalling or rise with the wind.

No bodice or coat is more neat and useful for cycling purposes than a Norfolk jacket.

The pretty model illustrated at No. 512 is made of the same material as the skirt. It is a fitted model, with one-piece back, two side pieces on each side, and two slightly double-breasted fronts, fitted with darts. All the pleats but one (three at the back, two in front), are added. The central box pleat can be cut with the right front. The fronts are faced with the material, showing in the revers, the buttonholes being made in the right front facing. The reefer collar (one piece) is faced with the material. Line the rest of the coat with silk, sateen, or Italian cloth, cut on the coat pattern, but seamed apart. The coat will take 2½ yards of 48-inch material.

Juliette Heale.

Palmistry.

(*Some delineations crowded out of page* 41.)

Wee Bell (Bensham).—I think you will be very foolish not to continue with your dressmaking. You will marry, but do not know the man yet. Your circumstances seem very prosperous later on.

Cesare.—The man you marry will be dark and comfortably off. I think you would be much happier if you were married, and the best part of your life has yet to come. You have a strong influence in your life, which I think is one of your family. I do not think you are "on the shelf" yet.

Heart's Desire (Dartford).—Your impressions are so bad I cannot say if you know him yet. Your marriage will be a very happy one. You have an affectionate disposition.

Dolly (Liverpool).—You will both marry and travel, but not just yet. Do not be in too great a hurry. Your life will be a happy one.

L. H. H. (Edinburgh).—Great success is marked in the future, but you will have to work for it. Your husband will be well off. The letters N. W. H. T. and L. are marked.

Primrose (Plas Dinorwick).—I do not think you will marry until you are twenty-five. He will be dark, and in comfortable circumstances. The letters M. A. R. and H. are marked.

Jimandra.—You will do very well as a milliner. Your impressions are too bad to say anything about your marriage. There will be several changes in your life.

Zigzag (London).—Yes, and you know him now. You will not always have to work in business. Marriage will make you more prosperous.

Ivy C. S. W.—You will be married about thirty. The man whom you already know is more dark than fair. The letters W. O. M. and L. are marked.

Tibby (Gateshead).—You must send me better impressions before I can answer you. You are practical, capable, and have enough determination to help you in any work.

Edith (Cheltenham).—There are several changes in your life—one at twenty-seven, another at thirty, and another at thirty-five. You will travel between the two last dates. You are very observant.

Jamie B. (Lancaster).—There is a change coming in your life within the next two years, and another at forty-three. You will come into money through a death at forty-three. You have a very sensitive nature.

Meg (Huntingdon).—You have a capable hand, but are too easily discouraged. There is a change in your life at thirty-five, which looks like marriage, and which will improve your circumstances.

Lachesis.

Nos. 513 to 518. Charming Spring Shirts.

For Descriptions see Pages 32 to 36.

Price of Paper Patterns, each 6½d., post free, of Madame Myra, 95, *Regent Street, W.*

Hints on Economical Dress.

A NOVEL UTILITY DRESS.

THIS gown is very smart. It consists of a skirt and low-necked sleeveless bodice (to be carried out in silk or satin of black or some neutral shade, plain or figured). It can be worn as it is (see left-hand figures, No. 519), or it can be worn over any sleeved chemisette.

For the construction of that useful thing—a sleeved chemisette—I refer my readers to my article last month ("Useful Details of Dress"). Space is so valuable this month (much has to be crammed into our pages!) that needless repetition is not to be thought of.

The skirt is a six-gore model, with one-piece back arranged into a double box-pleat. When the gores of the skirt are too wide for single-width material, corners of the fabric must be added, turned neatly at the selvedges. If a patterned fabric is used, the pattern should meet nicely at these seams.

The pattern is in four pieces—half the front, half the one-piece back, two side-breadths (half the skirt). The breadths are seamed according to the notches. Wheelmarks on the pattern show the folds of the double box-pleat.

This skirt should be lined with thin silk, muslin, or Roman sateen. It adds to the utility of the dress to line with the same colour, as then we shall not have to take the lining colour into account when mapping out our series of chemisettes. The pocket and skirt opening are inserted in the back pleat.

The bodice is a charming little model. It has a one-piece back (cut with Vandyked tab), two side-pieces on each side, and two fitted fronts, the short basque being Vandyked all round. The bodice is neatly fitted, and must be carefully boned. The Vandykes should be made firm by an interlining of thin tailor canvas, faced with silk. A narrow frayed-edge silk ruche edges the Vandykes, and trims, in four rows, the front edges, which close edge to edge with Prym's hooks and eyes. The shape of the neck curves is particularly pretty and becoming. Here again four bands of ruching (or sequin net outlined with ruching) forms the decoration.

The arm hole is finished with a circular revers of the material, faced with the same. If this epaulet is objected to (it is very convenient and pretty) edge the arm-hole with ruching like the neck, after inserting the needful under-arm piece, illustrated in the low-necked, sleeveless slip bodice. (Fig. 2, page 27.)

The whole gown requires eleven yards of 22-inch silk for a medium figure, without counting the ruching, which can be bought ready-made in black, the most useful tone for a utility gown.

The chemisette illustrated is of mauve chiffon, with unlined neck and ruffled sleeve. A detachable sleeve of lace (substituting lace for the ruche trimmings) would be very useful. The collar of the chemisette is of chiffon, unlined and ruffled on four small bones.

Juliette Heale.

No. 519. A Utility Dress.

For Description see this Page.

***Price** of Paper Patterns, Skirt or Bodice, each 6½d., post free, of* Madame Myra, 95, *Regent Street, W.*

Personal Appearance.

HOW TO MAKE IT MORE ATTRACTIVE.

By Mistress Anne Page.

BLACKHEADS.

A SKIN that is most beautiful by nature is often marred by "blackheads" or pimples of one sort or another, sometimes caused by indigestion, poor living, badly ventilated rooms, want of fresh air, unavoidable lack of out-of-door exercise, and such things, which girls who have to work for their living have to put up with; but sometimes coming for no apparent reason at all.

Girls from the age of fourteen upwards are very commonly bothered with what looks like a dirty, greasy skin, peppered with scores of minute black specks, which congregate chiefly on the chin and sides of the nose, with generally one big one just between the eyebrows; while sometimes they are even found on the actual forehead and between the shoulders. These have been called "flesh worms," "blackheads," and other descriptive names—neither correct, but sufficiently good for the purpose.

Simply told, this is the explanation of them. The water of the perspiration, mixed with a little of the natural oily secretion, which keeps the skin soft (when it is in a healthy condition), while carrying away with it many of the impurities of the body, is furnished by little glands, from each of which a microscopic tube carries it out to the surface.

Try to count these on half an inch of the side of the nose, where they are generally large enough to be seen with the naked eye, and you will understand that there are many thousands of them on the face alone.

If anything obstructs these minute tubes, which we call "pores," the moisture, not being able to escape, becomes thick, the tube is over-stretched, and each little opening, still retaining what it should have given off, catches on it the dust and other impurities always floating in the air, and each then becomes a "blackhead." Sometimes the larger and more marked of these is found to be the home of a parasite which is learnedly called "Demodex folliculorum."

In its earlier stages the simplest and commonest form is sometimes cured either by accidentally or purposely applied friction, unconscious rubbing of the hand, or nightly rubbings with a coarse white flannel dipped in a simple solution made by mixing eighteen grains of subcarbonate of soda with four tablespoonfuls of rosewater, and the same quantity of soft water. After this, if a little pressure is put on from behind, by squeezing with the fingers, or pressing up with the barrel of a watch-key, these little plugs get displaced, and things are all right again, and can be kept so by strict attention to the daily bath, with all-over friction, and the occasional application to the face of Mr. Mason's (25, Bank Plain, Norwich) "Astringent Skin Tonic."

Sometimes, before these tiresome blackheads will give way—that is, when they have been neglected for a long time—it becomes necessary to take a course of Turkish baths, so as to get the skin with its pores into good working condition.

But in small towns Turkish baths are not often met with, and everybody cannot afford to spend even 25s. on that wonderful new invention "The Century Bath Cabinet," in which one can in five minutes have a luxurious Turkish Bath ready for taking at home. But I expect everybody has, or can get, a tin teakettle and a wire fireguard, a footstool, and a small blanket. Given these, a handy tinman must be found, who will make a long extra spout, with a wide-open mouth, for the teakettle. A little spirit-lamp must be bought for fourpence-halfpenny at the ironmonger's, and a few pennyworths of methylated spirit to light it with. (This will afterwards do for heating the curling tongs, often a necessity in the case of a business girl.)

Now the kettle must be filled with water (if any hot is at hand, so much the better) and put on the spirit lamp at one end of the kitchen table. At the other end the wire guard is to be made to stand steadily on the footstool, the narrow end of the extra spout pushed through the wire meshes and attached to the natural spout of the kettle, the lamp lighted, and then the Turkish Bath for the face may begin.

(*To be continued.*)

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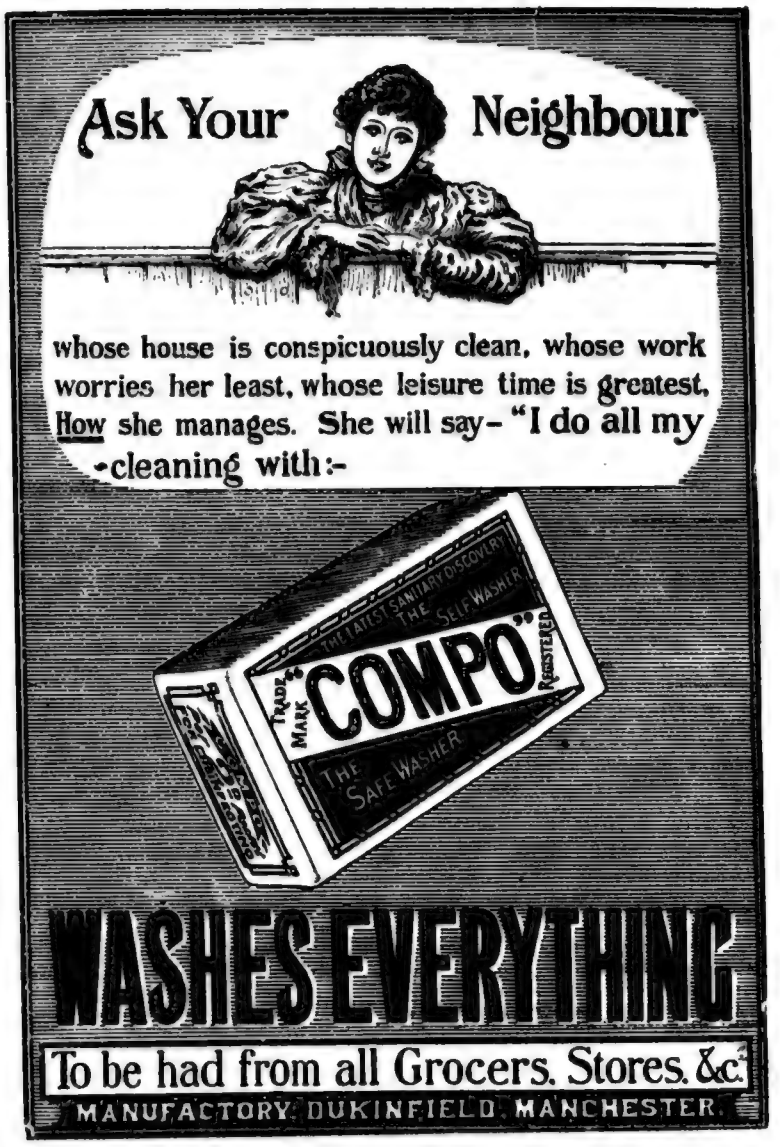
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whose house is conspicuously clean, whose work worries her least, whose leisure time is greatest, How she manages. She will say- "I do all my cleaning with:-
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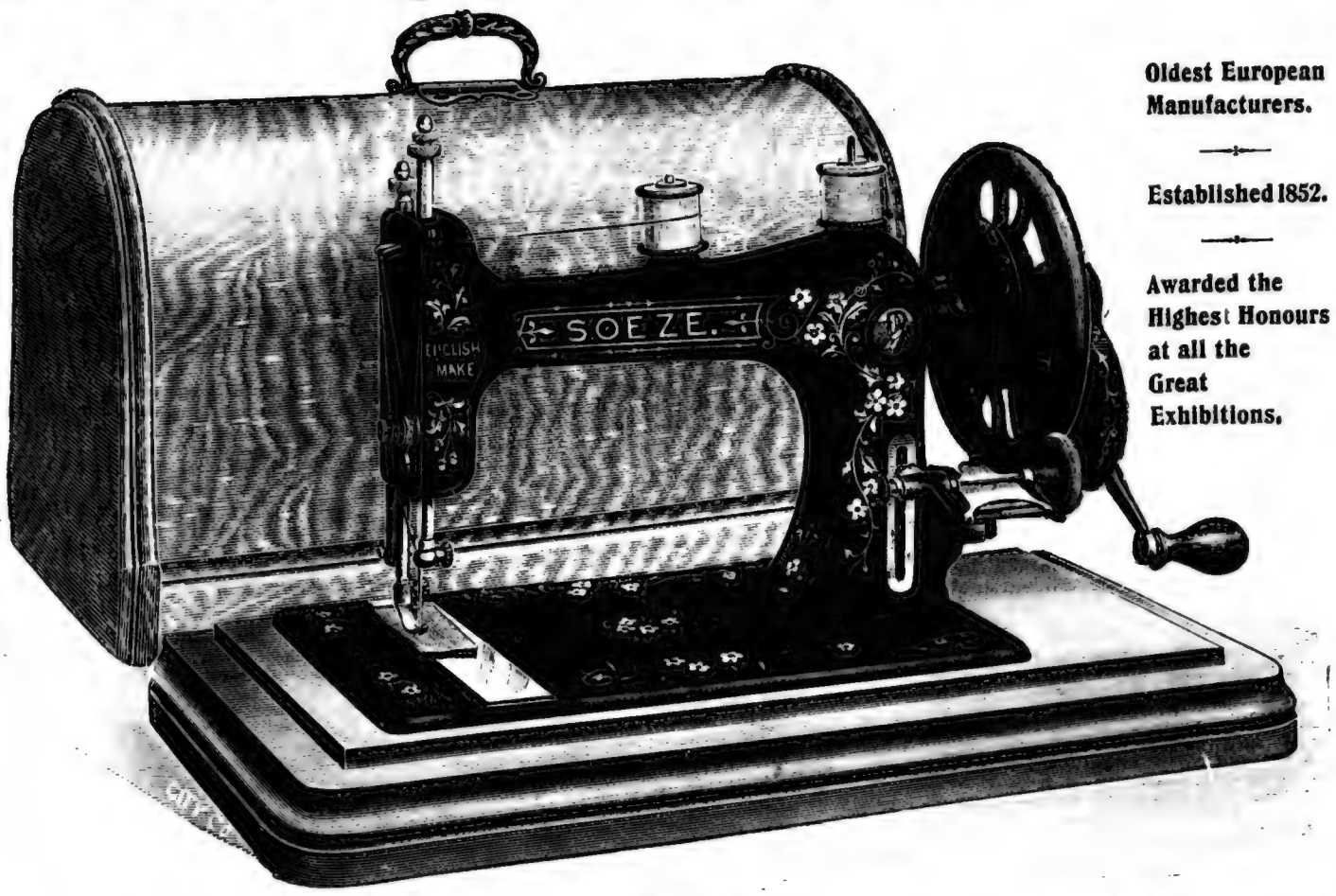

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HEALTH AND PERSONAL ATTENTION

(See MYRA'S ANSWERS IN "MYRA'S JOURNAL").

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PHILIP H. MASON

Pharmaceutical Chemist, 25, BANK PLAIN, NORWICH.

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COLD CREAM OF WOOL FAT AND CUCUMBERS (Nuthall's).—Strongly recommended for general use, both on account of its healing qualities and of its freedom from irritating properties. Wool fat is essentially the natural fat of the Skin, and upon its presence depends the Skin's healthy condition. When absent or deficient, the skin loses its elasticity, becomes dry, and apt to chap and crack. The above Cold Cream will be found to remedy and prevent all these unpleasantnesses, and its continued use will render the skin distinctly softer, more elastic, and of a healthier colour. It is emollient and healing, and will counteract the ill-effects of hard water and of over-exposure to cold, wind, or sun. Its constant use is invaluable for preventing and removing wrinkles and crowsfeet. 3s. 6d.

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THE GARRISON HAIR DYE.—An absolutely harmless hair dye in one solution. Easy in application, rapid, cleanly, and almost infallibly certain in effect. This is the Hair Dye *par excellence* for those who prefer a dye in one solution. Black or Brown, 3s. 6d. per case.

NORVICIA CREAM AND HERBAL POWDER—A perfect skin food. Price of case of the two preparations, 3s. 6d. By the combined use of these novel and most successful preparations the beauty of the complexion can be indefinitely conserved, and all blemishes, spots, roughness, and tan effectively removed. They afford perfect media for thoroughly massaging the skin, assisting to a remarkable extent the removal of the worn out and the building up of new tissue, whilst the muscles, upon which the appearance of plumpness depends are greatly strengthened and developed. The cream nourishes the inner cuticle and subjacent tissue, and the albumen of the powder exercises a like effect upon the outer cuticle.

CREME FROIDE AUX CONCOMBRES.—Prepared from the pulp of the ripe fruit, 3s. 6d. and 10s. 6d. For whitening and preserving the skin, and for the prevention of wrinkles and crowsfeet. Its constant use will counteract the ill-effects of exposure to sun and wind, and will retain the youthfulness of the complexion for many years.

"Crême Froide aux Concombres, as prepared by Mr. Mason, of Norwich, is the best agent for whitening and preserving the skin I know of."—Anna Kingsford, M.D.

EMULSINE OF CUCUMBERS.—Dr. Anna Kingsford's Formula, Thin, 3s. 6d. and 10s. 6d.; Thick, 3s. 6d. and 10s. 6d. These Emulsine s resemble the Crême Froide in their general properties, but are prepared for thosetwho prefer an emulsion to a cream. The thick Emulsine is especially intended for the prevention of wrinkles, and is also highly recommended for winter use, while the hin Emulsine is adapted for whitening the complexion, and for summer use.

"Against the crowsfeet use Mason's Thick Emulsine. With respect to wrinkles, I have said again and again that nothing removes them so satisfactorily as the thick Emulsine. For flushing of the face and dryness of the skin use Mason's Thin Emulsine of Cucumbers. 'Cool as a cucumber' is, as you know, a comparison that has become a proverb, and with good reason. Mr. Mason has prepared two excellent emulsions of cucumber, thick and thin, which I have not seen equalled. To these he has now added a Crême Froide aux Concombres. As to the responsibility for these formulas rests, in a large measure, with myself, you may feel sure I should not recommend them unless I had complete confidence in their excellence."—Anna Kingsford, M.D.

JABORANDI HAIR TONIC.—Prepared from selected South American Jaborandi Leaves, containing the newly-discovered alkaloid Pilocarpine. Highly recommended by medical authority as a hitherto unapproachable stimulant to rapid growth of hair. Used not only to prevent the hair falling, but to stop advance of greyness and induce vigorous secretion of the natural colouring pigment. 3s. 6d., 10s. 6d.

"The Jaborandi Lotion prepared by Mr. Mason is probably one of the best hair restorers known. Several instances of the increased growth of hair after the use of Jaborandi have been adduced. Jaborandi is said by several medical writers to cause the hair to grow."—Anna Kingsford, M.D.

BLOOM OF STEPHANOTIS.—An exquisite creamy white skin and complexion powder. It imparts a beautiful natural whiteness and youthful softness and delicacy to the skin. The painful "Flushing" of the face, browness of the neck and arms, undue redness of the face and hands, are obviated by one application. For personal appearance at Court, the Ball, or Concert it is indispensable: it represses the unpleasantness of sensible perspiration and its disagreeable accompaniments. Travellers and residents in warm climates will find it invaluable. It so entirely prevents the discolouring action of the sun on the skin, that freckles are almost unknown to those who use it. In polished apple wood case, with toilet puff, 3s. 6d.

"For my own part, I am in the habit of recommending Mr. Mason's Stephanotis Face Powder, because I trust him, and know that he is moderate in his charges and honest in quality."—Anna Kingsford, M.D.

CYCLINIA.—Specially for Cyclists. Prepared from the flowers of the Elder. Effectually preserves the Complexion from stress of wind or sun, and removes and prevents redness, roughness, scorch and sunburn. 1s., 1s. 9d., 3s.

HENNA HAIR DYE (IN ONE SOLUTION).—An entirely vegetable preparation, obviating the use of lead or any metallic dyes. It is guaranteed to be entirely harmless to hair or health. It is most simple in application, and in every way superior to the old-fashioned metallic dyes in two solutions. 3s. 6d., 10s. 6d.

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CREAM OF STEPHANOTIS.—An exquisite creamy white Skin and Complexion Cosmetic; imparts youthful softness and delicacy, with a beautiful natural whiteness to the skin. Composed of perfectly innocent ingredients, this Cream has a most beneficial action upon the skin. It obviates in one application brownness of the neck and arms, or undue redness of the face and hands. For personal appearance at Court, at Balls, or other crowded assemblies, it is indispensable, especially as it represses the unpleasantness of perspiration and its accompaniments. In warm climates it will be found invaluable. Also to prevent the appearance of that unpleasant redness or flushing of the face, which is so common annoyance. So completely does it prevent the discolouring action of the sun on the skin that freckles are rarely, if ever, known to those who use it. It subdues the redness of the features caused by exertion, cooling the skin in a most delightful manner. 3s. 6d. per case.

SULPHUR SOAP (for the Hair).—The natural colour of the hair is due to an organic pigment, into the composition of which sulphur and iron largely enter. It is believed that in many cases grey hair is due solely to a deficiency in this natural secretion of sulphur. In such cases the sulphur may be applied to the hair glands by occasionally washing the hair and scalp with the above soap. It is most particularly recommended that in cases of incipient greyness this should be tried before artificial colour restorers are resorted to. It is also the best soap for cleansing the hair before applying any dye or colour restorer, as it greatly quickens and enhances their action. It is also of great service for washing the skin in many cases of eruption and skin diseases. 1s. 1d.

"Better try Mason's Sulphur Soap and soft water."—Anna Kingsford, M.D.

FRECKLE CURE, THE NEW—This is a preparation of great power for the entire removal of freckles, however obstinate. It is the prescription of one of our most eminent modern dermatologists, combined with the new Skin-fat which has been recently isolated from sheep's wool. A trial of it is urgently solicited. 4s. 6d.

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"Mr. Mason's Depilatory is at once the cheapest and best I know of."—Anna Kingsford, M.D.

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FOR OTHER HAIR DYES AND COLOUR RESTORERS SEE THE ENTIRE LIST.

Lessons in Millinery.

THE model Fig. 1 is made in a dull black and white shot velvet, the spartrie covered quite tightly with it on the outside, and lined with white satin underneath. There are two brims to this hat, one the size of diagram, the other one and a half inches smaller all round outside, but exactly the same size for the headpiece. The little curves, which make the beauty of this charming model, are formed by bending the wires after they are put on the edge; but much care should be taken that these curves are exactly in the right place, so careful measurement must be taken; the eyes are so deceived by the distance round a circle, and the brim of a hat when tightly covered with velvet is much spoilt if bent about wrongly. These two edges of the brim are bordered with very fine curling feather trimming, and then the two brims are joined together, and attached to the foundation of the crown, which is made of a band of spartrie about two inches wide, made exactly the size of the inner part of the brims, after they have been cut out and notched at the inside edge. Sew this band very firmly on to these notchings,

Fig. 1.

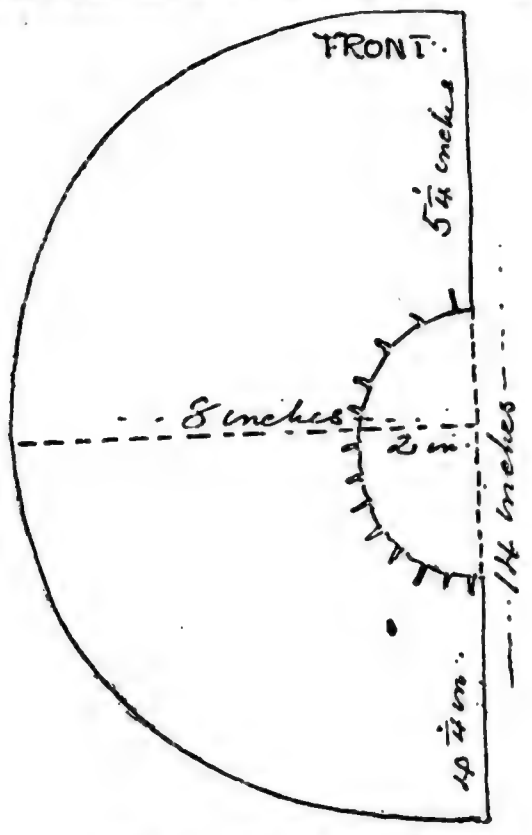

Fig. 4. Brim of Fig. 5.

and then cut out the velvet crown on the same pattern given in the diagram, doubled. This velvet should be lined with fine white leno to give it a little stiffness, and, before pleating it up, the head piece, or top of silk head lining, should be tacked or pasted on to the muslin. Directly the crown is pleated on, the other part of the head lining must be firmly stitched in to neaten the joining of brim to crown underneath. This joining is made of straight lengthways piece of sarsenet in black or white, cut exactly to measurement of head opening, and allowing half-inch each end for joining. This is joined to size, and then a narrow hem made one side and the other turned in and stitched backwards in half-inch stitches. Never attempt to put in the head lining to hat or bonnet without this doubling down the side where it is stitched into the hat. The single fold of sarsenet is not sufficiently firm to hold the cotton when tightly strained on it, and tears away. If the head-piece is very small, it is better not to join the lining in a circle until after the hat is lined, then run it up when the trimming and all is finished, or it may be found impossible to get at the inside of the hat crown conveniently, but with a good-sized crown it could be done, and looks neater than joining it after it is made. The rest of the trimming consists of an embroidered scroll pattern, worked in silver, and cut out and put well down on the brim, and two upstanding feather plumes.

Model Fig. 5. is cut in moderately stiff net, with soft silver wires sewn on at intervals, each line covered with a row of fancy straw and alternate folds of chiffon. This is a pretty light hat, all black for mourning, but not so trying as heavy black always is to the face if unrelieved by any lighter colour. The crown is also made of the net, with a band of spartrie to give a little firmness, as in the former model. The whole of the crown is covered with many folds of chiffon, put on with apparent carelessness, but really with much artistic effect. The only trimmings are two large peonies, without foliage or any kind of addition. These

Fig. 6.

can be made in black velvet or satin for mourning, and are very fashionable just now, or in bright crimson or carnation colour for ordinary wear. This hat, it will readily be seen, can be bent in and out at discretion, and therefore made to suit any face that a stiff hard rim would not. By the diagram you will see that the sides are wider than back or front, this allows of their being rolled over at the edges. The addition of strings makes this hat suitable for an elderly woman, as it can be bent down more in front to suit the face, and hairdressing.

Fig. 6 is a pretty, new straw shape, rather less diaphanus, but equally becoming, and very pretty for half-mourning. It is lined with rather thick crêpe de chine, and has a very light and feathery black and white osprey in front, and white silk roses under the brim at the side. The hat turns up all round. A paste buckle set in black enamel, through which a fold of crêpe de chine is tightly drawn, neatens the stems of the two long feathers in front. The back of the crêpe de chine fold is fastened in a loosely-tied bow at the back. Next month I am hoping there will be less mourning models seen everywhere, but at present everyone seems afraid to buy colours, so the milliners and dressmakers have awakened to the necessity of supplying the demand, and are providing subdued colours for their customers.

E. R. E. W.

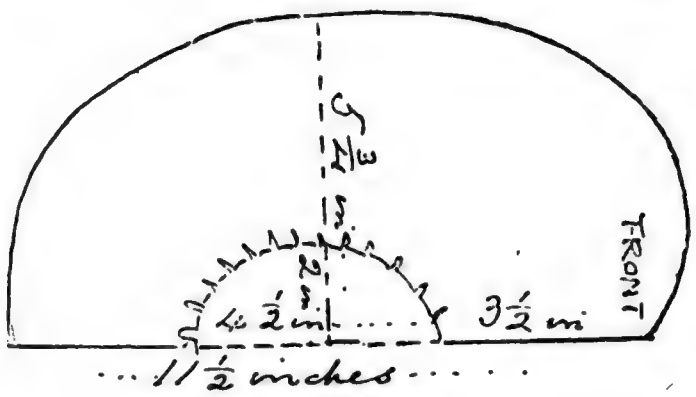

Fig. 2. Brim of Fig. 1.

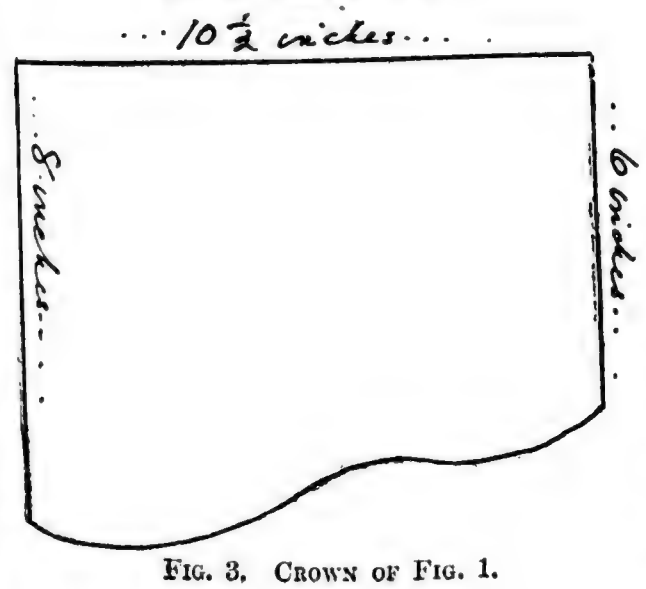

Fig. 3. Crown of Fig. 1.

Fig. 5.

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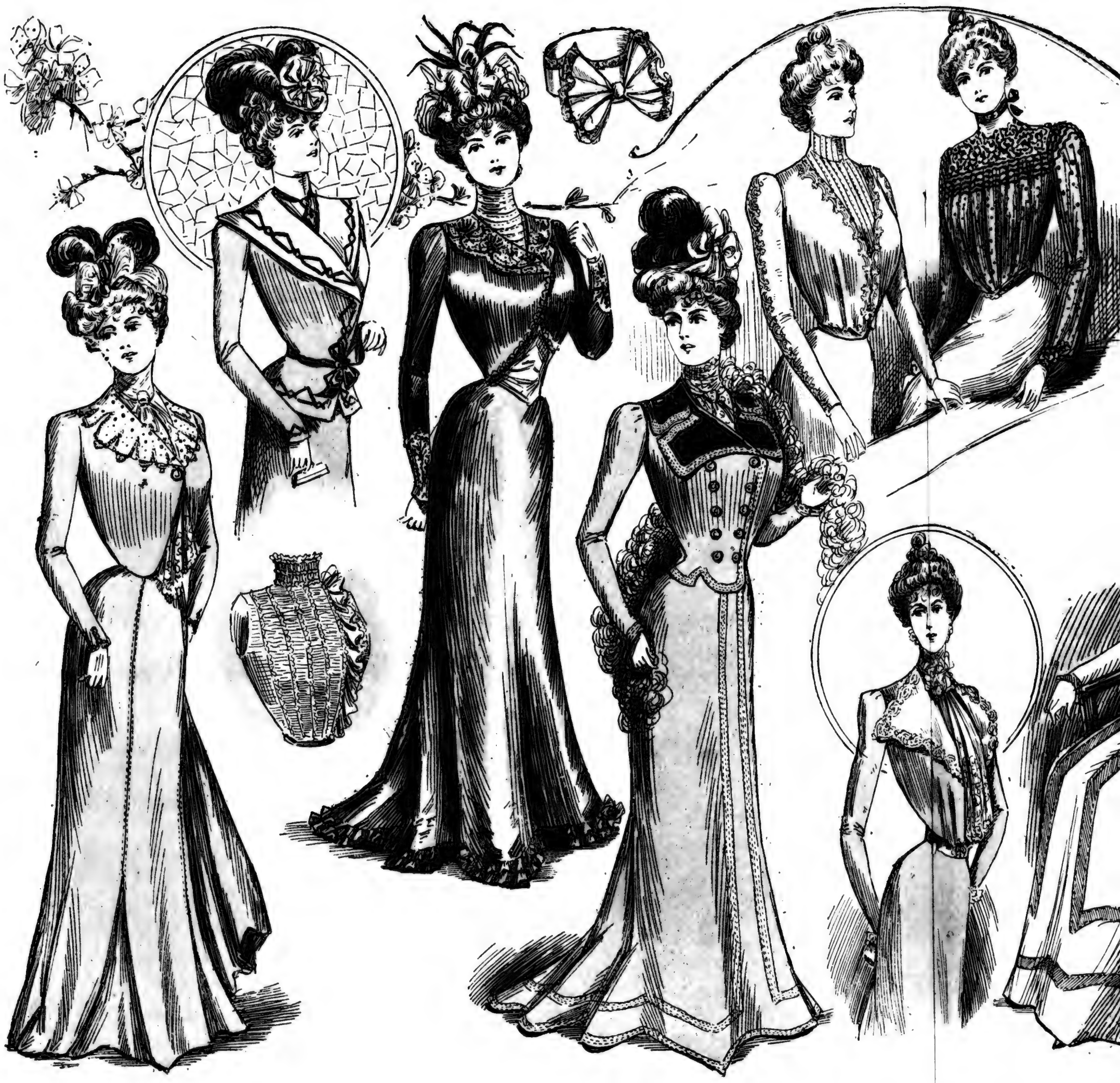

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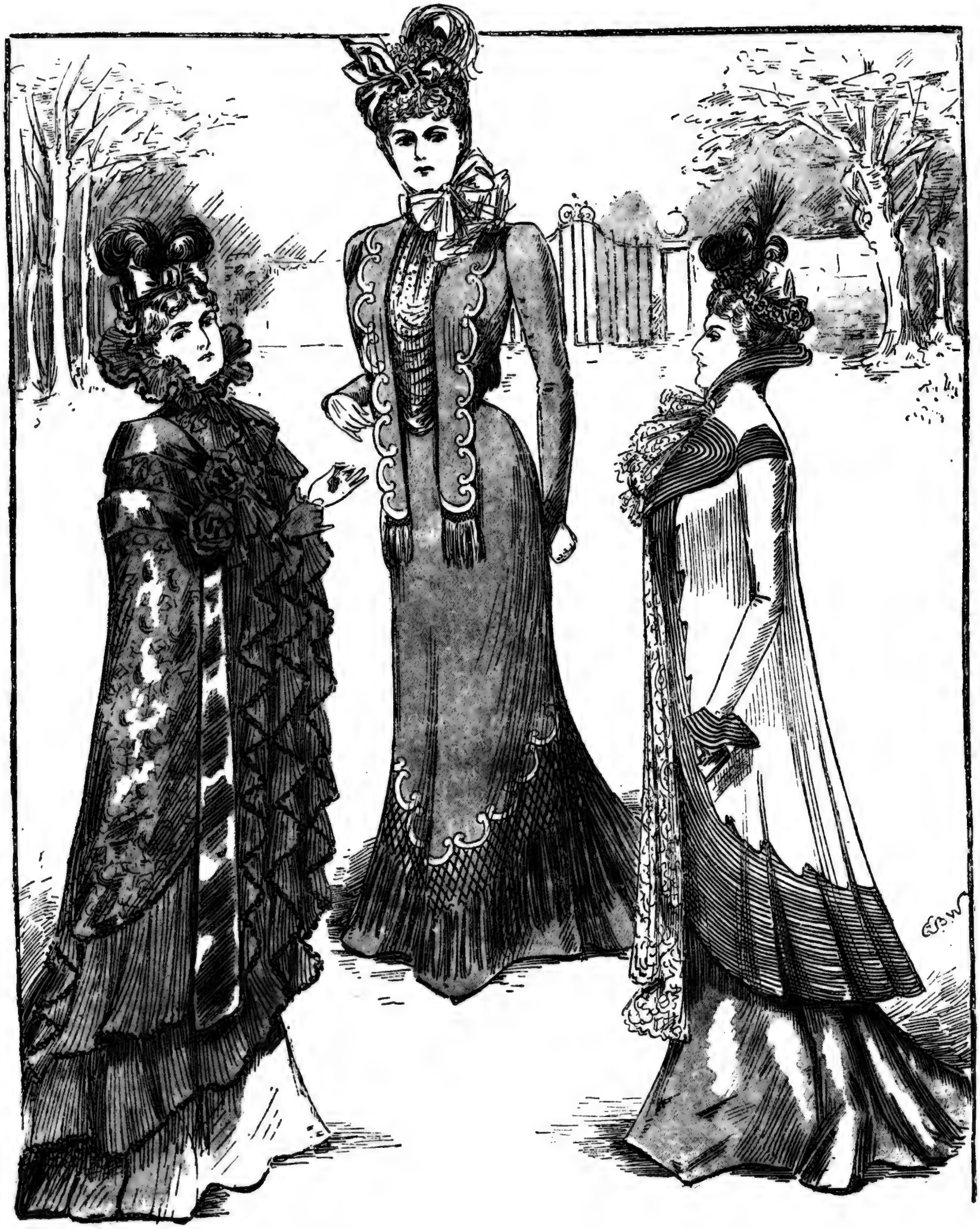

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A Marriage of Convenience.

By ESTHER MILLER, Author of "The Sport of the Gods," &c.

CHAPTER VII.

THE wedding was a brilliant affair. The cream of society was there; St. George's was a mass of flowers and brilliant toilets. But no woman was as beautiful as the bride, and no man more handsome than the bridegroom. When the party trooped into the vestry to sign their names, and Bellairs kissed his wife, his lips were hot on the marble of her cheek, and in the brougham afterwards he took her hand.

"At last!" he cried huskily.

It seemed to him, indeed, as though he had been waiting ten years for her. The last days had been a torment.

She gave him a look out of glorious eyes which drove him mad. They were married, but he felt as though a naked sword lay between them, for the man she looked at so was not himself but an idol he had helped her to create. If she knew what he really was, would she forgive? He would have given ten years of his life to anybody who would have told him that.

She was happy. He watched her flitting among the guests at her father's house, animated, flushed, sparkling.

"Why aren't you crying, Blanche?" asked a woman, laughing. "Isn't a little 'weep' the correct thing on these sentimental occasions?"

"But I am never correct!" replied Blanche, "and why on earth should I cry when I have got what I wanted?"

She did not know that her husband was behind her, and when she turned and saw him, their fingers linked, and their eyes met for an instant glowing.

"Dear old boy," she whispered.

Nevertheless he lapsed silent after she moved away. His moods played at sea-saw with the man: tossing him heavenward and down to the jaws of hell.

He had been looking forward to this day as to the ending of his feverish unrest. He had expected to leave the past behind him when the road was once taken whence there was no return.

Instead, remorse drove fierce talons into his breast; when she smiled at him with such tender confidence, he despised himself; when the partings were over, and she had gone away with him—when he knew that her fate was utterly in his unworthy hands—he could have thrown himself under the wheels of the train to crush with his life the remorse which had become an agony.

"If she knew! If she knew!"

"Why do you look at me like that?" she asked him suddenly.

"How did I look?"

"As though you were sorry for me, Raymond!"

They were in the train *en route* for Dover, and she was leaning on his shoulder, the perfume of her hair mingling with his breath, her beautiful limpid eyes gazing into his.

The man's drooped, and his arm tightened round her with the impulsiveness of emotion.

"Perhaps I think that I am not worthy of you, sweet."

"You are very modest suddenly, my dear sir! You had effrontery enough when you asked me, after an hour's acquaintance, to marry you!"

"Ah, I did not know you then—I"—his voice sank—"I did not love you then."

"But you love me now," she pleaded with a glow of passion. "Tell me so again, and don't be so serious."

She dragged him out of his inexplicable dejection, and for a mad half-hour he would not think, and was happy again. What did it matter? His secret was safe, and she was his wife, this beautiful woman, who loved him.

They were going on to the Continent the next day. In after years he could always recall every detail of their sitting-room in the Dover Hotel, and the name of the town was enough to arouse some of the keenest emotions of his life.

His conduct was infamous. He had never realised it so plainly. Its success no longer seemed a justification. Were this marriage of convenience nothing else on her part, he would have had no pity on her. To his code of morals the bargain would have been fair; but her love, her confidence, her admiration, so undeserved, tortured the conscience which had slept so long. He was taking advantage of her because she did not know him.

If she did know, what would she say? Why could not somebody tell him that he was justified, or a hopeless blackguard, and give him the courage to confess?

She laid her white hand on his arm.

"Is there anything on your mind, Raymond?" she asked.

"Suppose there is?"

"You will tell me all about it!"

"You might not like to hear," said the man, in a low, dry voice.

She had not taken alarm. Her confidence in him was entire. She linked her arms round his neck.

"Of course you will tell me?" she exclaimed. "Half of everything you possess is mine, even to your secrets, or you are breaking your vows already. Confess at once!"

He gazed into her eyes. Conscience is a strange thing. For years he had been unaware that he had one. It had allowed him to ask for her hand with impunity. Now that the cup was at his lips he dare not drink, for the very reason, so Providence ordained, that the draught was sweeter than it had ever been before.

"Kiss me, as I must tell you," he replied. "Kiss me, then take your arms away, and sit down there."

"Why, you are serious!" she cried.

"Yes, quite serious. Ah, kiss me first!"

Their lips met.

"And now what is it, Raymond?"

"God help me, I am not Raymond Bellairs," he said.

CHAPTER VIII.

THERE was a deadly stillness after he had spoken.

The woman stood, turned to marble, her cheeks white, her lips white, her eyes blank.

"You are not Raymond Bellairs!" she repeated, at last.

"No, I am an impostor. My parents' marriage certificate was forged."

There was another silence. Again it was she who broke it.

"Did you ask for me because you were afraid to take your case into court?"

"Partly. I admired you more than any woman I had seen."

"And my father, the lawyers, everyone of us believed you," she said, tonelessly. "How strange that we should have been such fools! You are a clever actor, Raymond. I never doubted you—even when you looked into my eyes and swore that you loved me!"

His teeth and hands were clenched, waiting for the verdict, which confronted him but dimly yet from the haughty pallor of her face.

"You kept your secret so well; why have you let it out now?"

"I don't know. I felt that I must tell you."

"You did not feel that you must tell me yesterday—even three hours ago!"

He did not wince; he gazed at her all the time as though he should never see her again.

"I love you—think of the temptation."

"You love Lady Blanche Bellairs!"

"No, I love the woman," he said simply. "I would have married you in the end if you had been a governess. That part was not acting. It is because I love you so deeply that I have told you the truth."

"Yes—too late!" she said with a sob. "What self-sacrifice!"

He flung out his arms to her.

"Blanche, for God's sake—!"

"Faugh!" she exclaimed. "Don't touch me!"

"Do you mean that?"

"Yes—yes—yes!" shrieked the woman, losing her self-command at last. "What do you take me for? It seems that you know me as little after all, as I know you! Do you imagine that I have no pride! that I am such a poor, meek, feeble-minded creature as to be made the willing tool of my own degradation? You hypocrite, you liar, you coward, I hate you! I never want to see your face again."

"Your words are bitter," he said, hoarsely, "and just. But I have suffered so much already, Blanche. If you could only know how I have sweated, agonised on the rack between honour and desire, you might pity me a little. . . . The nights I have lain awake, the many times I have almost thrown myself for mercy at your feet!"

"But you never did," she answered, and her bosom heaved on the waves of this white passion within her. "You waited to trap me first! Hush! I do not want to know what you have suffered, or what you meant to do!"

"I could have forgiven *you* anything," he said in a low tone.

"Could you? I like you none the better for that. A man should respect himself—if he can. I am not so forgiving. You were careful, were you not? to make quite sure of me before the 'voice of conscience' became too loud! A conscience like yours must be very convenient. You take what you want, and say your prayers afterwards!" Her voice broke. "Oh, you have cheated me finely! I congratulate you on the ease with which you have made a fool of me!"

"You cut me to the heart," he said. "Ah, Blanche, Blanche, I was a man, and I loved you so!"

He would have thrown himself at her feet; but she stopped him with a gesture, and he saw that it was useless to appeal. He had signed the deed of their separation when his tardy confession had placed him for ever in the wrong.

"Were you a man?" she said. "No, you malign your sex! You were a beast, and I made a demi-god of you! Do you think that there is a woman in the world who would forgive such a thing as that? How little you know of us! If I had not loved you, I might have found it possible to feign forgiveness, at any rate—to condone what you have done for the sake of my honour in the world. But you made me love you—you, a forger, a thief! Can anything wipe that from the slate? Shall I forgive myself, much less you? Oh, the shame, the shame! The engagement was nothing—the name of it, I mean, the mere bargain of the thing. But I loved you. I showed my soul to you. I talked to you as I never talked to any living being. And you—you were laughing in your sleeve!"

"You wrong me there," he answered, shaking his head.

"Ah!" Her hands clenched: she laughed hysterically. "If it were in my power to tear out this foolish heart of mine, and wash it clean; these lips which yours have touched! You clever fellow! You waited till the trap shut to tell me how you baited it!"

The man's lips were compressed; his eyes sunken; his cheeks grey.

"After all," he said, quietly, "it is not too late. I understand, of course, that you will not live with me. The time has gone by when a man became a woman's master on her wedding day, and anyhow you know me better than to suppose that I should strive to control your freedom of action in any way."

"I know you! Oh, you are making fun of me again! Why I had not seen you till you spoke to me just now! And what, pray, is the freedom you are so kindly giving me—the freedom to confess myself tied to a rogue, to go back to my father, who will swear, and the world, which will laugh, or pity me, and say: 'I loved a thief. Now that he is protected from my father's anger by my honour, he kindly gives me the liberty to spend the rest of my life on a shelf alone!' Oh, your consideration, so well-timed, makes me for ever grateful!"

He flung out his hand with a gesture of uncontrollable pain.

"You are driving both of us mad!" he cried. "Have done for pity's sake. I know what I am. Who should know better than I? But you shall not charge me justly with the ruin of your life. I

will get out of your way. At lea st I can die for you."

"You could; but you won't! A man of your stamp lives for himself. He do esn't die for the woman he has betrayed!"

"Good-bye!" he said, and kisse l her hand before she could wrench it away, and d shed out of the room.

She stood for a moment panting , with her teeth set in her red lip.

She had scourged him with t he rapier of her tongue fiercely, passionately, spar ng no word that she could think of; and still her i re was not spent. Hers was no weak spirit in truth . This girl had the fire of a race of soldiers in her blood. He had humbled the proudest woman in England to the dust, and there was no pardon for him in the lightning of her eyes.

"How dared he do it!" she cri d aloud. "Oh, I have given myself away indeed! To have loved such a man, to have loved such a man! *He* will not kill himself; he will live to h umble me, to ruin my life, to make me loathe him more, if possible, than I do now!"

Then she gasped, sickening, and ran after him into the adjoining room.

The man who had called himself Raymond Bellairs was sitting on the edge of the bed with a neat little nickel-plated pistol in his hand. She was just in time.

"Stop! Put that down!" com manded Blanche, very white. "How dare you be so wicked!"

"What else can I do for you now?" he asked, rising, and his eyes burned. "I am everything that is bad, and you detest me. My life is valueless to me. Why should it stand in your way for the sake of a mere sentiment, the scruple of a creed?"

"If," she panted, "you think to atone for one crime by committing another. You must be mad! What do you take me for, that you expect to win my gratitude by such an act of depravity? Give that pistol to me!"

"No!"

"Give it to me!"

Blanche was not afraid of fire-arms. She had often been out with the guns herself. She extended a peremptory hand, trembling despite herself, for the weapon, which he yielded sullenly.

"I was only trying to do my best for you."

"Then don't try again! Your methods are a failure. Isn't it sufficient scandal that we should separate and I should return to my father on my wedding-day, without crowning the pretty story with a suicide!"

"I thought you understood," he said quietly, "when I went out of the room."

She realised suddenly that she had had a horrible fright, and, turning, clung to the handle of the door. A wave of faintnes had overtaken her; she was only a girl after all, and if she had been too late, if she had hesitated a moment longer!

"Of course I didn't believe that you were in earnest," she faltered.

"I—You have no right to believe that I understood!"

She raised her hand to her throat.

"Shall I get you some water?" he asked, watching her.

"You need not trouble, thank you," she said proudly. "I can ring for my maid." She held the door open. "Kindly promise me that you will not repeat this wicked folly after I am gone."

He looked at her without answering for a moment.

"Promise!" she repeated, with a stamp of her foot. "Oh, I am ill, upset with all these horrors, and you keep me standing here! Do you understand that I absolutely *forbid* you to commit suicide on my account?"

"Very well," he said, sighing wearily; "I will promise if you like. But won't you be sorry by and by, dear? It is the only way in which I can undo the wrong I have done you. Of course I shall never take a shilling of your father's money."

He dared to call her "dear!" She slammed the door after her as she left the room, and sent for her maid, and in ten minutes Raymond saw her drive away.

The man laughed.

"What a honeymoon!"

He did not know what to do with himself. His mind was curiously blank. He lounged at the window, gazing in the direction of the station as though he expected her to reappear. Really he expected nothing of the sort. He knew that she had gone for ever. Why had he spoken? It was a madman's act!

Nevertheless, he did not regret it, which was strange. He had done the right thing for once, if too late. But it was a pity that she had stayed his hand just now, though he could understand, that however much such a woman hated a man, she would be revolted by the idea of bloodshed. What was the good of his life to him or anyone?

"She will never forgive, and what have I to look forward to?" he asked himself.

He could see from her point of view perfectly. He was an utter blackguard, with not even a name of his own to offer her, and she had refused some of the best-known men in England to save herself for him. Was it a wonder that she was ready now to cut off her hand which wore his ring, and to cut out her tongue which had vowed to love and honour him, that she hated her very flesh for the weakness which had helped him to make her his willing prey?

He had never contemplated himself so seriously. As in a looking-glass he gazed into his own soul and loathed it. He was glad, although he suffered so keenly, that he had let her go; not that he regarded that tardy act of contrition as atonement. Nothing could atone; he had ruined her life. Every bitter word she had said to him was true.

"Self, self, always self!" said the man, who had only learnt to know himself since a woman had entered his hard, reckless life. "What a curious thing is love! If I hadn't cared I should have held my tongue without an effort; because I wanted her so much, I spoke!"

He flung himself on the couch, and buried his face in the cushion.

"O God! For all the sins of my life this is enough!"

CHAPTER IX.

Blanche sat like a sphinx in the train. A weaker nature would have shrunk from returning home, would have hidden anywhere away from the world's eyes for a time. Her pride set iron-hard

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in her veins. Nobody should know she had ever cared. She had made a "marriage of convenience" and discovered that it had been unnecessary after all, so she had left the man as a matter of course.

"You can bring the luggage on in a four-wheeler," she said to her maid when they arrived in London. "I shall take a hansom."

She drove back to her father's house, which she had left amid a shower of rice and congratulations a few hours ago.

Remains of the rice and confetti were still on the pavement outside, and men were taking down the awning.

The heroine of the occasion paid her cab, and rang the bell.

"Is my father at home?" she asked the astounded footman, who opened the door.

He stammered.

"I don't know, my lady."

"Then find out," said her ladyship, imperiously, "and tell him that I am in the morning-room."

She walked in and removed her hat and coat.

Lord Ormerod appeared. He was pale with agitation.

"Why, Blanche!" he exclaimed.

"Yes, I have come home again," she said. "Shut the door. We made a mistake it seems. I have married an impostor. We were all taken in."

"An impostor! Good God, do you mean to say——? *What* do you mean?"

"There is a bar sinister on his escutcheon, that is all," responded Blanche drily. "His parents' marriage certificate was perfect. He was kind enough to mention the fact when we reached Dover. I left him at once."

Lord Ormerod stared at her for a moment with his mouth open. In the multitude of sensations which beset him, it was questionable whether anger, relief, or amazement predominated. Then his complexion turned from white to purple.

"The d——d scoundrel!" he said.

His daughter was still removing the expensive garments which she had worn for the first time to-day.

"It was pretty cool," she said, and the remark might have been applied to herself. She looked as cold and calm as ice beside her papa's apoplectic frenzy.

"Then I am Lord Ormerod after all!" he exclaimed.

Blanche smiled a bitter smile.

"Oh, yes, you are quite safe, I believe."

"My poor child!" added Lord Ormerod, tragically, as an afterthought.

A footman entered after a discreet tap.

"Your ladyship's maid has arrived with your ladyship's luggage."

"I'll have it put back in my room, James."

"Yes, my lady."

James withdrew astounded. Blanche had performed a good many pranks in her short life, but this one beat all.

"I suppose you don't object to having me home again, papa?" she asked, arranging a curl on her forehead.

"How can you ask such a thing?" said Lord Ormerod, sentimentally. "Am I not indebted to you for—er—. Are you not my dearly-beloved and dutiful daughter?"

"It's a great bore, of course," said Blanche. "There will be a nine days' wonder. But it couldn't be helped. It was impossible to remain with him."

"Good gracious, I should think so!" ejaculated Lord Ormerod, prancing round the room. "And he dared—he dared! The play-acting blackguard! Does he expect that I am going to keep to my bargain after this, and pay him £15,000 a year?"

"I don't think so," she said.

"I'll go and see Kenrick. Not a shilling! A swindler, by Jove! An adventurer! An impostor! And he took us all in! Why he has had hundreds out of me," Lord Ormerod groaned. "I paid his lawyer's fees for him only yesterday. I actually paid the expenses of his impudent attack on myself. Why the deuce did he tell you at all after waiting till to-day?"

Blanche shrugged her beautiful shoulders.

"How do you expect me to interpret his motives?" she said. "Do you dine at home to-night?"

"I was going out: but under the painful circumstances, my poor darling——"

"Oh, pray, do not put yourself out on my account, papa."

"You would not be putting me out. I should be glad," hazarded Lord Ormerod.

"I would rather be alone," she answered, bluntly.

"In that case, my dear, of course I will go. I will do anything to please you. I cannot help feeling that it is I who am responsible for your most unhappy position."

"There is no occasion to reproach yourself, papa," said the girl, collectedly. "Mistakes will occur."

He kissed her on the brow, and she went upstairs.

"Blanche is a most beautiful and a charming woman," mused Lord Ormerod; "but she is certainly cold. Another girl of her age would have been in tears. She scarcely seems to care. I am glad—I am very glad, however, that there are no tears."

The woman who was cold entered her own bedroom and locked the door, and then only the unnatural tension snapped. Her hands clenched, her bosom heaved, and a sob heaved her very soul.

"The fool," she cried, "the fool! Why did he tell me? I should never have known it!"

CHAPTER X.

Lord Ormerod returned home that evening even more indignant with "that insolent blackguard Raymond Elliot," as he would now be known for ever more, than he had set out. After dining with his friends at the club he had been to call on Mr. Kenrick at his private abode, and the lawyer had stirred his ire to the point of activity.

When Blanche appeared at the breakfast-table the next morning, paler and quieter than usual it is true, and took her customary place before the coffee-pot as though nothing had happened yesterday to cut her life in twain, she found her father in his most pompous and dictatorial mood. He had forgotten his recent alarm, his recent humility; he had no longer reason to be grateful to the claimant, and gratitude had always stuck in his throat. Once more he was Lord Ormerod, secure on his throne, and his manners showed unconsciously that he knew it.

"You look pale this morning, my love," he said as soon as they were alone.

"Do I?" said Blanche, indifferently.

Lord Ormerod laid down the newspaper.

"I have been thinking over this outrage," he continued with heat. "I refuse to sit down quietly under it. I shall prosecute. He has obtained money from me under false pretences, he has traded upon forgery. Kenrick strongly advises it."

"I trust," said Blanche, hastily, "that you will do nothing of the sort, papa."

"Why not?" demanded Lord Ormerod. "Forgiveness may be one of the Christian virtues, my dear; but I never pretend to be a religious man. We have been cheated grossly, and now is the fellow to laugh in his sleeve? He shall learn that, whatever he may do in the backwoods of America, there is law and order in England, and that he cannot intrude upon members of the English aristocracy and rob them like a bushranger, pistol in hand, without paying for it! Certainly I will prosecute!"

"Don't you think my marriage is scandal enough?" asked Blanche.

She flushed.

"What is your wrong compared with mine? What have you lost? If I am satisfied to let the whole wretched business drop, I think you might be satisfied, papa."

"It is the principle that I object to," said Lord Ormerod, using the favourite argument of a vindictive man. "I am not more revengeful I suppose, than most people, but really, Blanche, this man should be made an example of. His fate would be a lesson to this crop of 'claimants' which is springing up on every side like fungus, nowadays, to make us all tremble in our shoes, and fear that white is black! It would be conferring a favour on society, I say, to pillory him as an example to the rest!"

"I fear that I have not enough public spirit," she said, "to desire to be pointed out as the wife of a convict! Perhaps that is because I am not a man!"

"Wife! Wife!" repeated Lord Ormerod, angrily. "You are no wife of his! Something must be done. I will make representations in—er—the proper quarters! The ceremony shall be annulled."

"You know very well, papa, that it is impossible. I married him and—there it is!"

"It was a trap!" pursued his Lordship, growing redder and redder. "The more I think of it, the more I should like to see that villain in the dock! I don't understand your resignation. You are not so meek as a rule, my dear. I believe you care for the fellow still!"

Her eyes darted flame at him.

"How dare you say that!" she cried. "Am I a street woman or your daughter that I should love a thief?"

And she sat with trembling lip and heaving bosom until the red of her cheeks faded back to the whiteness of snow.

Lord Ormerod was subdued.

"I beg your pardon, my dear," he said by and by, and there was a tremour of would-be pathos in his voice. "I am sure I had no intention of insulting you. But it is really very annoying to see you accepting this gross imposture as though it were a dispensation of Providence."

"What do you want of me?" she asked, and again she frightened him with a glimpse of a passion glowing like a furnace, white hot, behind a screen of steel. "Do you want me to rend my garments, and put ashes on my head, and sit wailing in the market-place? Do you want me to rush to the police-courts like a barmaid with a grievance, and tell my story to the ha'penny newspapers? I have lost dignity enough already; at least leave me the little I have left."

"You are right, my dear," said her father, mollified. "Of course I—er—it would be my last wish to trample upon your natural feelings in the matter. It is extremely irritating"—he frowned again—"but I suppose we shall have to let the fellow go. He has got the whip hand of us, and knows it, no doubt. What I never shall understand is why the dickens he didn't hold his tongue to the end!"

"Yes, it is very remarkable, isn't it?" said Blanche. "But it happened, you see. Perhaps he had had too much champagne."

"Did he say anything?" asked Lord Ormerod, "Did he make no excuses for his conduct? You did not tell me yesterday how he broke the news to you."

"I don't know that he said anything," said Blanche, indifferently, "except that he loved me. There was nothing to repeat."

She did not tell her father that Raymond Elliot had offered to commit suicide for her sake, and that she had only been just in time to prevent the consummation of his folly. It had been on the tip of her tongue to do so. Afterwards she wondered why she had refrained, preferring to keep that incident, so nearly tragic, a secret between herself and the man she would never see again.

And she discovered, on self-analysis, that she could talk about the bad in him quite openly; but not about the good. If she had said: "He would have died for me," the tears would have risen to her eyes, and she had made up her mind yesterday he was not worth crying about. Nothing was worth crying about when you came to think about it. The troubles which we weep over to-day are forgotten to-morrow; the dead become but shadows in our memories within a year. The philosopher knows this, and if ordinary mortals could only remember it always, they would never worry over anything any more. Blanche took refuge in philosophy, and she did not cry, which was a pity. If she had she would have felt better, for tears are Nature's cure for the heartache, and no *happy* woman ever thinks seriously about such a stupid thing as philosophy, or attempts to apply it to the practical purposes of life.

That afternoon she employed herself in making up all the presents which Elliot had bought her—with her father's money—into a package which she could not return to him because she did not know where he was. A portrait was among the things, a very speaking likeness with a bold signature, also a forgery, beneath it. Her wedding-ring she kept, but she would not wear it.

She had just locked it away in her most private drawer, when her father sent up the message that he would like to speak to her.

"I have received a most mysterious communication, my dear," he said, as she joined him. "Read it for yourself."

(To be continued.)

It is becoming the vogue to wear gold Boer coins suspended from the neck chain or the chatelaine. These coins are seldom worn pendant from the bangle, owing to the length of the modish sleeve.

Cookery and Household Management.

Miss Richardson will be glad to answer in our Correspondence Columns any queries on Cookery and Household Management. See "Rules for Correspondents," p. 45. Letters to be addressed to Miss Richardson, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C. Queries must be accompanied by the Correspondence Coupon, cut out of this paper. No notice will be taken of letters sent without this coupon, and answers by post can only be sent in very urgent cases.

NOTES ON PUDDINGS.

"CAN you give me some new recipes for puddings?" is a question which frequently reaches me; but on making inquiries with a view to discovering what may or may not be known, I often find that in most one-servant households the list is very plain and severe, anything of a "fancy" nature being looked upon as an expense, and therefore not to be thought of. Of course unmitigatedly plain puddings are economical in this respect, that a little goes a long way; but that is hardly the right principle. It does not follow that because a pudding is plain it must necessarily be cheap, nor vice versâ; while a dainty pudding tastefully decorated may consist of little else but bread crumbs, milk, and egg. A very great deal depends upon the way in which puddings are ornamented and served. The most useful decorations are almonds, preserved fruits, such as cherries and angelica or pistachio nuts, all of which, except the last, can be bought for 1s. or 1s. 2d. per lb; a quarter of a pound each should last several weeks if kept out of reach of little fingers.

Almonds should be blanched in boiling water and then quartered. Pistachio nuts may also be put into boiling water for half a minute in order to remove the skins easily, but they should not be allowed to soak for longer, or else they lose their pretty green colour. A few almonds in a plain plum pudding give it at once a festive appearance, while in trifles, Queen puddings, or castle puddings, &c., preserved fruits give the needed touch of colour.

Boiled puddings have a far nicer appearance if steamed. They should be well covered with greased paper to prevent the water penetrating into the basin, and they should be put into a steamer or saucepan. If into the latter the water must only reach half-way up the basin. Steaming requires longer time than boiling. After removing the cover of the basin wait a few minutes before turning a pudding out, because it is not so liable to break, and unless served with sauce or syrup always send it up to table on a dish paper. The same applies to puddings cooked in pie dishes. They are apt to look bare and uncompromising. Paper frills made upon elastic can be bought for fivepence per dozen, and will do service for months if kept clean. One such gives a dish a finished appearance.

BARLEY PUDDING.

1 tablespoonful pearl barley	2oz lump sugar
1 pint of milk	Pinch of salt
	½oz butter

Soak the barley over night in water, drain well, and put into a pudding dish with milk, sugar, and butter. Bake for 3½ hours in a slow oven.

ALMOND PUDDING.

2 eggs	2 tablespoonfuls castor sugar
2oz flour	1 pint milk
2oz almonds	
1oz butter	

Put the almonds into boiling water that the skins may be removed easily. Chop very finely, add them to the milk and butter and sugar, heat sufficiently to melt the butter, allow it to cool. Beat up the eggs well with the flour, and add to the milk, beating well all the time, bake in buttered dariole moulds for a quarter of an hour.

LEMON DUMPLINGS.

½lb suet	1 lemon (juice and rind)
½lb sugar	2 eggs
½lb breadcrumbs	

Chop the suet finely with breadcrumbs, add sugar and flavouring. Beat up the eggs well and mix together. Put into a greased basin, cover with a cloth, and boil for 1½ hours. Serve with sauce.

SAUCE.

½oz cornflour	Flavouring
½ pint milk	½oz sugar

Mix the cornflour with a little milk, put on the rest to boil with sugar and flavouring. When boiling pour in the cornflour, stirring quickly all the time.

Boil for three minutes.

Serve round the pudding.

DATE PUDDING.

½lb dates	½lb breadcrumbs
½lb suet	2 eggs
½lb castor sugar	½ pint milk

Stone and chop the dates very finely, add the sugar and breadcrumbs, and also the suet, finely chopped. Beat up the eggs with the milk, then mix all together thoroughly, beating with a wooden spoon. Turn into a greased basin, tie a piece of paper over the top, and steam for three and a half hours.

A fig pudding is made in the same way, using figs instead of dates.

STRAWBERRY JAM PUDDING.

4 tablespoonfuls strawberry jam	1 teacupful milk
½lb flour	1 egg
½lb suet	1 teaspoonful carbonate soda

Mix all the ingredients together, adding the carbonate of soda last. Turn into a greased basin, and steam for rather more than two hours.

Raspberry jam or marmalade may be substituted for strawberry jam.

PRUNE JELLY.

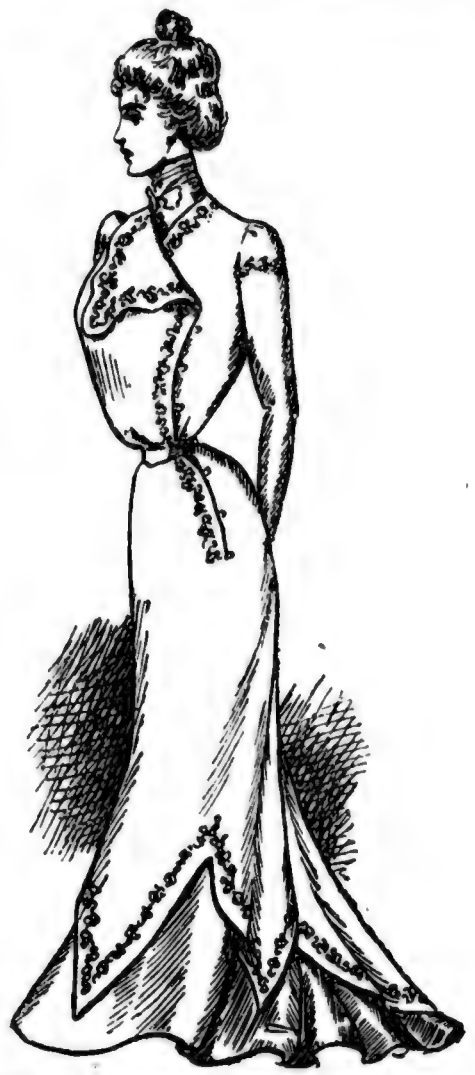
½lb prunes	½oz gelatine
2oz white sugar	2 tablespoonfuls of red wine
Almonds	Cream

Put the prunes into a stewpan, cover with water, add sugar and stew until tender. Pass through a sieve. Dissolve the gelatine in a little water, and add to the pulp with the wine. Decorate a border mould with almonds, pour in the mixture, allow it to set, and fill up the centre with whipped cream.

No. 550. A SMART TAILOR GOWN.

For Descriptions see Pages 32 to 36.

Price of Paper Patterns, Skirt, Foundation Skirt, or Bodice, each 6½d., post free, of MADAME MYRA, *95, Regent Street, W.*



No. 551. A PRETTY INDOOR GOWN.

For Descriptions see Pages 32 to 36.

Price of Paper Patterns, Skirt, Tunic, or Bodice, each 6½d., post free, of MADAME MYRA, *95, Regent Street, W.*

CASTLE PUDDINGS.

2 eggs	Weight in castor sugar
Weight in butter	Flavouring, vanilla or almond
Weight in flour	

Beat butter to a cream, add sugar, flour, and eggs. Beat well together with flavouring, butter small dariole moulds, and fill them half-way up with the mixture. Bake in a quick oven for fifteen minutes.

Decorate each with preserved fruits, and serve with custard or sweet sauce.

AMBER PUDDING.

2lbs apples	4 eggs
¼lb moist sugar	1 lemon
2 oz butter	Pastry

Peal and core the apples, and stew them gently with the sugar, butter and lemon juice. Then pass the pulp through a sieve. When cooked, stir in the yolks of eggs. Line a pie-dish with pastry, ornamenting the edges, put the mixture in the centre, and bake for about twenty minutes. Whip up the whites stiffly, and lay on the top, ornament with preserved fruits, put it back into the oven for ten minutes.

CHEESE-CAKES MIXTURE.

2oz butter	1 egg
2oz sifted sugar	2 lemons

Beat the butter to a cream, add sugar, also the lemon juice and grated rind, beat up the eggs and mix well in. This mixture would be sufficient for several cheese-cakes. Puff pastry should be used in preference.

ECONOMICAL BATTER FOR PANCAKES.

½lb flour	½ pint milk
1 egg	Salt

Put the flour into a basin with salt; beat up the egg and add the milk, then stir into the flour, mixing well all the time to keep it free from lumps.

SLOANE PUDDING.

4 apples	Lemon juice
4 tablespoonfuls of marmalade	2oz butter
Yolks of 4 eggs	2oz sugar
Whites of 6 eggs	Pastry

Line a pie dish with pastry. Beat the butter to a cream, and add the apples beaten to a pulp, half the sugar, lemon juice, yolks of eggs, and marmalade. Pour the mixture into the pie-dish, and bake in a slow oven for three-quarters of an hour. Whisk the whites to a stiff froth with the remaining sugar and lay on the top. Return to the oven for three minutes to brown slightly.

MONA RICHARDSON.

DESCRIPTIONS of our ILLUSTRATIONS

Nos. 488 to 491.—Lace Collarette; Spring Coats; A Smart Dress Bodice. (Page 5.)

No. 488. A pretty decoration to smarten a plain shirt, blouse, or dress bodice. It is carried out in tucked muslin and lace. Pattern in two pieces—half the front and one back. Tuck the muslin to the shape of the pattern, mark the tucks, and then seam the shoulders before sewing the tucks. Separate pieces of muslin, of course, must be used for the rounded and vertical tucks. Arrange the lace on the muslin, stitch it down, and then cut away the muslin beneath. Edge the vandykes with lace insertion and edging. Quantity of muslin required, 1¼ yards.

No. 489. Charming spring coat; to match a skirt. Good model for cream serge. The collar (four pieces) is cut with fronts and backs. Tack the coat seams according to notches. Fit, seam, and press the coat. Turn up the edge all round over a muslin band. Tack a piece of mulberry-red cloth near the edge (one single piece). Mark out a strap with tacking. Stitch with mulberry silk. Cut away the superfluous cloth. Face the fronts with mulberry cloth as far as the revers. Face the collar with cream serge or mulberry cloth. Cut a lining on the coat pattern in red silk or polonaise. Seam the lining; tack in place; slipstitch the edges to the turned serge edges and cloth facings. Two-piece sleeve, serge and lining seamed apart. Strap the wrist like the coat edge. Fell the lining over the turned serge wrist. Quantity of serge required, 2 yards; mulberry cloth, 1¼ yards.

No. 490. Pretty spring coat to match a skirt. Good model for cloth or serge. The revers are cut with the fronts. Tack, fit, seam, and press the coat. Seam the one-piece collar to neck and revers. Turn up the edge all round over a band of muslin. Face the fronts and collar with white cloth. Stitch the edge all round. Two-piece sleeve. Line with white polonaise like No. 489. Quantity of 48-inch serge required, 2 yards; white cloth, ¼ yard.

No. 491. Cut a fitted bodice lining with double right front, so that it hooks to the left front down the centre, then crosses to fasten on the left shoulder and under the left arm. Tack, fit, seam, and bone the lining, leaving only the side and shoulder seams. Cover the top with a front and back of plaid silk and velvet, cut on the cross. Veil the rest with a front and back of plain woollen material (the skirt fabric), scalloping the top and edging with velvet ribbon. Finish the seams and fastenings. Two-piece lining sleeve, the top covered with a plaid epaulet. Below is a two-piece sleeve of the woollen material, headed with velvet. Quantity of 48-inch material required, 1¾ yards; 22-inch plaid, 1¼ yards.

No. 496.—A Draped Bodice. (Page 7.)

Good style for the thinner spring woollens. Cut a fitted bodice lining with three-piece front, to fasten on the left of the centre panel. Tack, fit, seam, and bone the lining, leaving only the side and shoulder seams. Drape the lower part with two pieces of black satin. Veil the top with a bolero back and left front (stitched at the edge), and a draped right front of the woollen material. Finish the seams. The drapery, decorated with three handsome buttons, hooks across the fastening on the left shoulder. Unlined collar of satin, ruffled on bones. Two-piece sleeve, with long, pointed wrist, decorated with a two-piece cuff-sheath of black satin. Quantity of material required, 48-inch material, 2 yards; satin, 2 yards.

Nos. 498 to 502.—New Capes and Mantles. A Rain Cloak. (Page 9.)

No. 498. Good style for black satin or bengaline. Pattern in one piece (half the cape, which is made up of four gores, and is fitted by four neck darts). Line with mauve silk, cut on the cape pattern, but seamed apart, the edge slipstitched to the cape edge, which is turned over a band of muslin, and is trimmed with a black chiffon ruche. Four-piece collar, stiffened, faced with black silk, trimmed with a ruche. Quantity of 22-inch silk required, black and mauve, of each 3½ yards.

No. 499. Smart rain cloak of Pirle-finished coating or cravenette, in a drab colour. It is unlined, except the four-piece collar and revers, which are faced with plaid. The cloak is cut in six breadths—two fronts to the neck, a side on each side to the waist, two backs to the neck. Finish the seams with Prussian binding, hem the lower edge and fronts. A lined band of the material is stitched with the right front hem, to hold the buttonholes. Two-piece cape, fitted with four neck darts, cut with the faced revers, which are held back by buttons, and can fasten together with tailor hooks and eyes. The collar and revers should be stiffened with muslin. The collar can be turned up or down. Quantity of 48-inch material required, 5 yards.

No. 500. Lovely cape of pleated black silk muslin. The pattern of the foundation is in one piece (half the cape which is made up of four gores of pink silk, fitted with four neck darts). Pink out the edge of the cape, and on it mount two muslin kiltings, hemmed with velvet Tom Thumb ribbon. From the shoulders hang a sun-ray pleating of muslin, made up of a square of material, hemmed with ribbon. Cover the yoke with five frills of ribbon-hemmed muslin. Collar of silk, stiffened, faced with frill-veiled silk, covered with pleated muslin. Quantity of material required, pink silk, 3½ yards; 30-inch muslin, 8 yards.

No. 501. Charming stitched cape of putty cloth, the cape itself in two pieces (pattern in one piece, half the cape), seamed at the back and neck darts. After seaming, mark out the stitching with lines of tacking and stitch in silk. Face the fronts with cloth. Line the rest with putty silk or polonaise. Fasten with hooks and eyes beneath a divided bow of lace. Band collar finished with a stitched, cloth-faced revers without seam at the back. Quantity of 48-inch putty cloth required, 2 yards.

No. 502. Graceful draped mantle. Cut a two-piece yoke in silk-lined velvet, to button on the shoulder. Finish with a silk-lined, velvet band collar, cut with ear-pieces, which are boned and faced with velvet. On this yoke hang an unlined raw edge cape of fine putty cloth, fastening at the side, pleated to form a sort of sleeve (pattern in one piece, half the cape). Quantity of material required, 48-inch cloth, 2½ yards; 20-inch velvet, 1¼ yards.

No. 503.—Evening Gown with Pleated Skirt. (Page 10.)

Good model for bengaline and chiffon or silk muslin. Cut and make a six-gore bengaline foundation (with no pleats at the back). On it mount a skirt of blue chiffon in four breadths—tablier, a pleated breadth on each side, and a pleated back with box-pleat. The back for chiffon (and also the sides for muslin) has to be eked out with added corners, as chiffon is not wide enough for the entire back, and usual muslin is too narrow for the sides. Wheelmarks show the pleats and back box-pleat. There must be no seam at the back, the back centre being laid along the fold of the material. Seam and hem the chiffon skirt apart from the foundation. Make and press the seams well, as they will cross the pleats. Cut and make a low-necked bodice lining on the principle of No. 496. Cover with a back, a left front, and a double-breasted front of lace-striped bengaline (the lace stitched on with the machine). Finish the seam. Lace shoulder strap and sleeve band. Quantity of material required, bengaline, 12 yards, 45-inch chiffon, 3 yards.

Nos. 504 to 506.—Three New Sleeves. (Page 10.)

No 504. Cut a two-piece sleeve in lining. Veil with alternate bands of cloth and ruffled velvet. The under part can be covered all with cloth except at the bell wrist, which is of velvet. Quantity of material required, cloth, a mere fragment (the waste from a skirt or bodice); velvet, 1¼ yards.

No. 505. Cut a lining like 504, but without bell cuff. Veil with two pieces of black bengaline, the upper embroidered with white guipure applications. Ruche and frill at the wrist of white chiffon. Quantity of 22-inch silk required, 1¼ yards.

No. 552. Strapped Tailor Gown, with Sacque Coat.

For Descriptions see Pages 32 to 36.

Price of Paper Patterns, Skirt or Coat, each 6½d., post free, of Madame Myra, *95, Regent Street, W.*

No. 506. Cut a silk lining like No. 505. Veil with *bouillonnés* of chiffon and bands of lace. Lace lower sleeve. Quantity of material required, 22-inch lace, 1½ yard; 45-inch chiffon, ¼ yard.

No. 507.—A Spring Gown. (Page 11.)

Charming model for spring woollen materials. Four-gore skirt, seamed according to the notches of the three-piece pattern (half the tablier, one side fitted with dart, half the back, which is arranged in a double box-pleat, wheel-marked on the pattern). Line with silk or sateen, cut on the skirt pattern, but seamed apart. Hem together. Pocket and opening are in the back pleat. Cut and make a bodice lining like No. 491. Cover the top, back and front, with tucked spotted foulard. Veil the rest with a draped open-necked back and front of the skirt material. Finish the seams. Tucked foulard collar, supported by bones. Two-piece sleeve lining, covered with tucked foulard. Velvet ribbon waistbelt. Quantity of material required, 48-inch woollen, 5 yards; 24-inch foulard, 4 yards.

Nos. 503 and 509.—Smart Gown, with Draped Tunic (Page 12.)

Good model for dainty cloth. The diagram shows the three pieces of the tunic pattern laid on 2½ yards of 48-inch cloth. The waste material over can be utilised for a false hem, and towards the bodice. This tunic should be of the same material as the skirt. It is unlined, except for a piece of thin silk lining hemmed invisibly beneath the three horizontal dotted lines of the left front (see diagram) which show the folds of a small pleat, where the separate tunic is secured to the underskirt (made entirely apart). The three pieces of the tunic are secured together according to the notches. The opening is in the bias back seam, and should close neatly with hooks and eyes. The pocket should be placed in the underskirt. A small dart fits each side breadth. These darts should be only tacked for fitting, as they will have to be modified to suit certain figures, and a cut dart cannot be altered. The tunic should be carefully fitted, seamed and pressed; its edge is turned up and neatly stitched. The underskirt, a fitted model in five gores, closing with the tunic at the back, can be in lining, the lower part only covered with cloth and closely stitched. Cut and make a bodice lining like No. 496. Cover the top front with tucked silk. Cover the rest with a stretched back, tucked front sides of the cloth, and a stiffened cloth plastron, neatly stitched, closing with handsome buttons. Tucked band collar, supported by bones, with stiffened silk-faced circular revers. Two-piece sleeve of the cloth, with pointed wrist. Quantity of 48-inch cloth required, 7 yards.

No. 510.—An Empire Tea Gown. (Page 15.)

Cut a short sateen or silk bodice in three pieces—a back, a left front and a double right front, to fasten down the centre, then cross to hook on the shoulder. Pattern in two pieces—half the back and the left front (half the right front). Cover it with two pieces of gathered chiffon, and a back and front of lace. The lace over-bodice can be cut out of piece-lace, the edges scalloped and worked up with gold thread. Into this bodice, mount a five-gore skirt of the lining; cut, seam and hem the skirt. Mount on it a broad, hemmed flounce of accordion-pleated chiffon. Two-piece sleeve of the lining, covered with a gauged chiffon epaulet, and a two-piece sleeve of lace. Straps and bow of velvet ribbon. French low-cut neck, edged with a chiffon frill. Quantity of material required, 22-inch foundation silk, 14 yards; 45-inch chiffon, 8 yards.

Nos. 513 to 518.—Charming Spring Shirts. (Page 17.)

No. 513. Pretty style for flowered cotton, mousseline de laine, &c. There is a pointed yoke at the back, into which is arranged the one-piece back, supplied with a runner at the waist. Only the yoke is lined. Tucked fronts, the right front cut with the box-pleat, which holds the buttonholes. One-piece sleeve. Neck and wrists are finished with inch bands, supplied with buttonholes to hold the studs of the linen cuffs and collar. Quantity of 30-inch material required, 4 yards.

No. 514. Good style for silk or cotton. One-piece American yoke, covered with lace or embroidered open-work muslin, edged with a frill of the cotton or silk. Into this yoke is arranged the back (supplied with a waist runner) and two tucked fronts, the right front cut with a box-pleat, which is trimmed with frills. One-piece sleeves. Turn-over collar and cuffs. Quantity of 30-inch cotton required, 4½ yards.

No. 515. Charming style for muslin or thin silk. Three-piece yoke cut with sleeve top, scalloped, of silk and lace. Into it is arranged two tucked and lace-striped fronts, a tucked and lace-striped back, and the tucked one-piece sleeve (without shoulder). The scallops of the yoke are stitched to the sleeves, back and front, under a lace, silk, or ribbon ruche. Band collar and cuffs of lace and silk. Quantity of 22-inch silk required, 5 yards.

No. 516. Suitable for silk, cotton, flannel, &c. One-piece American yoke, with reversed point at the back. Into it is arranged the one-piece back (supplied with a waist runner), and two full fronts, the right front cut with a box-pleat. Trim with lace and frills. The buttonholes are made in the lining (for silk), in a band stitched beneath the box-pleat (for flannel or cotton). Sleeve and neck band like No. 513. Quantity of 30-inch material required, 4 yards.

Nos. 517 and 518. Style for silk, spotted muslin, cotton, etc. One-piece American yoke, with reversed front at the back. Into it is arranged the one-piece back (with waist runner) and two full fronts. Edge the yoke and box-pleat (cut with a right front) with Cash's frilling, or a piping of plain silk, zephyr, &c. Sleeve and neck like No. 513. Quantity of 30-inch material required, 4 yds. There is no lining for muslin (worn over a fitted slip); only the yoke should be lined for cotton or flannel. An entire lining (cut on the skirt pattern) is advisable for silk.

Nos. 520 to 525.—Useful Styles for Children. (Page 22.)

No. 520. Pretty style for serge, double cashmere, &c. Plain three-gore skirt, with reversed box-pleat back. Line with mercerised cotton. Cut a bodice lining with one-piece front and two backs to button down the back. Cover the backs with the material a little full, the front with a pleated silk chemisette and an open-necked front (slightly pouched) of the material. Tack the pieces together, fit, and seam. Sew bodice and skirt together beneath the stiffened velvet waistbelt. Edge the bodice top with velvet baby ribbon. Velvet rosette on the band at the back. Quantity of 48-inch material required for a girl of eight, 4 yards.

No. 521. Baby's white silk dress, the skirt, lined with veiling, is hemmed, and is mounted full into a three-piece Empire bodice of lining, covered with pleated silk. Bands of embroidered silk edge the bodice. Accordion-pleated sleeve (one piece) mounted on a coat sleeve of lining, frilled at the wrist beneath a band of embroidery. Quantity of 22-inch silk required for a child of two, 3 yards.

No. 522. Two-piece serge skirt (a back and front, the back arranged in a box-pleat), unlined, with stitched hem. Opening and pocket are placed in the pleat. Pretty shirt of white flannel—two fronts and a back, tucked to fit the shoulders, the right front cut with the box-pleat which holds the buttonholes. Unlined, the lower edge is gathered by an elastic runner. One-piece sleeve, turn-over collar, and band cuff lined flannel. Quantity of material required for a girl of seven, 42-inch serge, 1½ yards; 30-inch flannel, 3 yards.

No. 523. Pretty style for woollen materials. The skirt, cut in lining, is in three breadths, covered with blue serge and a band of white serge braided in blue. The skirt is mounted on a band which is worn over the three-piece bodice, to which it is held by four buttons (button-holes made in the belt) beneath the ornamental belt of braid-striped white

Extract from "Madge's" letter in TRUTH, August 4th, 1898.

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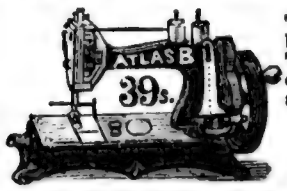

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IT STEALS NO VICTORIES.

The night of September 30 (331 B.C.) was drawing on. The army of Darius, *more than a million strong*, lay out on the great plain under arms. On higher ground were the Macedonians and their allies, only forty-seven thousand in all. The disparity between these numbers appalled the king's staff, and they besought him to attack the enemy by *night*, and so conceal *from their own troops* the fearful odds against them.

At this suggestion Alexander laughed and returned the memorable answer, "I STEAL NO VICTORY."

The words of a sportsman rather than of a general, you say. Yet Alexander was right, for on the next day he won his mightiest battle.

What a magnificent thing is a power which conquers in the open, without asking help from luck or chance. Not many such, you say. Granted. Here's a short tale, though, somewhat that way. At least it hints at the possibility of a potency of that breed, if it does not quite demonstrate it. Let us see.

It's a woman's story—short, pathetic, and homelike. No armies in it whatever, yet still a battle; a battle of the kind most of us get a taste of more often than we like, and against an enemy who has no objections to stealing a victory whenever he sees an open road to it.

"For a long run of years," the woman says, "I was a victim of disease; a prisoner of hope whose hopes grew dull and dim as nothing happened to turn them into realities. The doctors named it chronic liver and kidney trouble.

"At first I had a dull pain in the right side, and was frequently sick. My tongue was coated, and the skin sallow and dry. The old spring and ambition ebbed away from me. I sank under a feeling of lassitude, and could respond to no call for strength and energy—for I had none.

"My appetite left me, and the solid food I used to eat and enjoy I was obliged to leave untouched. Merely light stuff and liquids, these made up my diet; and even *they* produced discomfort and distress, with a special sense of distention of the stomach and tightness of the chest. So bad in time did this come to be that the very sight of food was repugnant to me.

"Then followed a pain at the lower extremity of the back, which was occasionally so keen and cutting as to make me cry out with the agony of it. Now and then this pain would extend to the right hip. The doctors said it was caused by an inflammation of the kidneys. Night was a period of misery and weariness. My rest was obtained only in fragments, and sometimes I would be aroused from sleep by a choking and sinking sensation—so bad I had to fight for my breath.

"Weakness grew upon me until I was confined to my bed for days at a time; then I would crawl feebly out again.

"A local doctor attended me at first. He seemed to understand what ailed me, but could find no remedy for it. Under advice I went, in July, 1889, to the Cottage Hospital at St. Leonards-on-Sea, where I was under treatment five months—a long, trying, and almost heart-breaking experience. The change of air did me some good, but after my return home I was soon bad as ever.

"Subsequently I attended St. Thomas' Hospital and the Soho Hospital (London), but what they did for me had no good result. More worried and anxious than ever, now that the probabilities of recovery appeared to get less and less, I consulted other doctors, one after another, and in 1895 Miss Nesbitt, a lady living at Brixton Hill, gave me a letter of recommendation to the Brompton Hospital, but it all came to nothing. By this time I was so low and depressed that *I used to sit down and cry like a child in my loneliness and despair.*

"One doctor said my case was chronic and there was no cure. In August, 1897, I read of just such a case having been cured by Mother Seigel's Syrup, and my husband got me a bottle from Mr. J. Davies, the chemist in Railton Road. After taking it I was much better. The pain was less, and I could eat and digest solid food.

"I persevered, and *in a fortnight* all the pain at the kidneys was gone. My secretions became natural, and *a month later I was well* and strong."—MRS. LUCY HOAD, 81, Barnwell Road, Brixton, S.W., July 12, 1899.

This, and a host of other instances, shows the radical curative power of Mother Seigel's syrup under the worst conditions. It never deceives or disappoints. It meets the enemy and defeats him. *It steals no victories.*

serge. The bodice (lined) buttons in front. The serge fronts are cut low, and show a white serge plastron mounted on the lining, hooking on the left. One-piece collar of blue serge, faced with braided white serge. White serge band collar (lined). Two-piece coat-sleeve, with braided band at the wrist. Quantity of 42-inch serge required, for a girl of ten, blue, 3 yards; white, 1 yard.

No. 524. Smart Norfolk suit of khaki serge. Two-piece knickers, buttoned in front over a fly-lap, seamed at the back. Only the seat opening (button holes made in a band stitched beneath the left edge) and waist are lined. Norfolk coat, with one-piece back (forming two pleats), and two-double-breasted fronts, each forming a pleat. Face the front to the pleat with the tweed. Line the rest with sateen or Italian cloth, cut on the coat pattern after pleating. Seam tweed and lining apart. Fell the lining edges over the turned cloth edges. Two-piece sleeve. One-piece reefer collar, faced tweed. Quantity of 54-inch tweed required for a boy of nine, 2½ yards.

No. 525. Pretty style for white serge or drill. Three-piece skirt. It can be lined for serge, but should be unlined for drill. Sacque coat—a back and two double-breasted fronts, the fronts faced with the material. One-piece collar, faced with the material. Collar and front edge are scalloped and braided. Gilt buttons for serge. Braided two-piece sleeve. Quantity of 30-inch drill required for a girl of 12, 8 yards.

Nos. 526 to 529.—Tailor Gowns Showing the New Coats. (Page 23.)

No. 526. Good style for shepherd's plaid, cloth, tweed, &c. Four-gore skirt, with triple box pleat at the back (shown by wheelmarks on the three-piece pattern—half the back, half the front, one side). Line with mercerised cotton. Smart coat with Chesterfield front, each front in two pieces, seamed to the shoulder. One-piece back, two side pieces on each side. The front and two back seams are left open and rounded off at the edge. Turn up the coat all round over a band of muslin. Seam on the collar. Face collar and fronts with the material. Stitch all round. Two-piece sleeve. Cut a lining (silk or polonaise), on the coat pattern, seam, and press. Tack in place, and slipstitch its outer edges to the turned coat edges and facings. Quantity of 48-inch material required, 6½ yards.

No. 427. Smart style for black satin or bengaline. A back, a side piece on each side, and two double-breasted fronts cut with revers. Line with mauve silk, cut on the coat pattern. Circular basque of black satin (pattern in one piece, half the basque), lined with silk. Face the revers with silk, covered with flounces of chiffon. Two-piece sleeve with added bell cuff. Three-piece collar, stiffened, faced satin. Chiffon tie. Metal belt. Quantity of 22-inch satin required, 5 yards.

No. 428. Pretty model for putty cloth, to be worn open or closed. It is very neat fitting. The fronts are faced with white cloth, and the four-piece collar (stiffened) is faced with white cloth. There is a double row of ornamental buttons, so that the fronts can be buttoned back or across each other. Line with white polonaise cut on the coat pattern, but seamed apart. Quantity of material required, 48-inch cloth, putty colour, 2½ yards; white, 1 yard.

No. 429. Charming tailor gown with quite new coat, suitable for double cashmere. Five-gore skirt with reversed box-pleat back (cut on the free paper pattern, but without the back drapery). Tack a piece of cloth at the edge, after seaming and pressing all but the back seam. Mark out the scalloped straps with tacking, stitch them. Cut away the superfluous cloth. Seam the back seam. Line with mercerised cotton or silk. Put pocket and opening in the back pleat. Smart coat, tight-fitting, the fronts closing in the centre from neck to bust, then the right front crossing over to button diagonally on the left. The top closes with hooks, the lower part with buttonholes made in the right facing (of cloth). The coat is scalloped and strapped like the skirt. Line with silk or polonaise. Two-piece sleeve, scalloped and strapped. Four-piece pèlerine cut with the four-piece collar, scalloped, strapped, the pèlerine lined silk, the collar stiffened and faced with the cloth. Quantity of 48-inch cashmere required, 6 yards; 42-inch cloth, 4 yards.

Nos. 530 to 543.—Spring Costumes, Fronts, Blouses, and "Neck Finishes." (Page, 24 and 25.)

No. 530. A charming model for the new spring cloths. New skirt in five gores—a tablier forming two tucks at each seam turned to the back, a side on each side with two tucks at the tablier seam turned to the front, the rest plain, and two tucked backs with much biased seam between them, in which is the opening and pocket. The pattern is in three pieces, half the one-piece tablier, one side, one back. The tucks are wheel-marked on the pattern, and should be left free quite a foot from the lower edge. Seam and hem the skirt apart from its five-gore foundation, which is of lining, cut short and finished with a circular flounce (pattern in one piece, half the flounce) and covered with the skirt material. Pretty bolero of the skirt material, a back and two open-necked rounded fronts, closing with a single button. Revers are cut with the fronts, joining a one-piece turn-over collar. Face fronts and collar with white silk, covered with jetted lace, which is arranged on the silk with a few stitches, the ends of the lace protruding beyond the revers and collar. Two-piece sleeve, cut in tabs, edged with jet sequins. Line with white polonaise, cut on the bolero pattern, but seamed apart. To be worn over any front or sleeveless blouse. Quantity of material required, 48-inch cloth, 6½ yards.

No. 531. Pretty coat, to accompany a skirt to match. It has a back, a side piece on each side, and two double-breasted fronts, ceasing at the waist, where this part is seamed to a one-piece circular basque. Line with silk or polonaise, cut on the coat pattern, but seamed apart. Trim with velvet ribbon. One-piece collar, faced with white cloth or satin, trimmed ribbon. Two-piece sleeve. Quantity of 48-inch material required, 2 yards. A good model for black bengaline or satin.

No. 532. Pretty front for open coats and boleros. Cut a fitted lining to the waist — a double front (with breast darts), a side piece on each side, and two backs buttoning down the centre. Bone the breast darts. Cover the front with pleated soft silk, trimmed with doubled ruches and a double frill on the left. Band collar (unlined) of pleated silk and ruches, supported by bones, hooking at the back. Quantity of 22-inch silk required, 2½ yards.

No. 533. Charming style for black or dark silk. Seven-gore skirt, with small reversed box-pleat at the back. Line with silk or mercerised cotton, and edge with two small hemmed frills of silk, cut on the cross. Smart bolero of the silk, cut and made much like No. 530. The collar is faced with jetted white satin, and a black ribbon ruche edges the bolero. Two-piece sleeve, with bell-wrist cuff trimmed with jetted satin. Line with white silk or polonaise, cut on the bolero pattern, but seamed apart. Swiss belt of white satin, supported on a boned lining. To be worn over any front. Quantity of 22-inch black silk required, 14 yards.

No. 534. Detachable collar of lace-trimmed white satin, well stiffened. Lace-edged satin bow. Quantity of satin required, ½ yard.

No. 535. Elegant tailor gown. Good model for khaki cloth, strapped with white cloth or trimmed with white-and-gold braid. Four-gore skirt, the back arranged in a treble boxpleat (shown by wheelmarks on the pattern) which is ironed down but is left free. Seam the skirt. Arrange white cloth to cover the tablier and lower edge all in one piece. Mark out the straps with lines of tacking. Stitch them. Cut away the superfluous cloth. Pretty spring coat with very short basques, neat fitting, with double breasted fronts cut with smart revers. Fit, seam, and press the coat. Strap the edge like the skirt. Seam on the one-piece collar, turning up its edge over a lining of muslin. Face the fronts with cloth. Treat the revers in the same way. Face with velvet strapped with white cloth. Line with silk or polonaise, cut on the coat pattern but seamed apart. Slip-stitch the outer edges to the strapped cloth edges and cloth facings. Fell the collar facing over the neck seam. Two-piece sleeve with strapped bell cuff. Quantity of 48-inch khaki cloth required, 6½ yards.

No. 536.—Pretty style for a separate blouse or bodice of a complete dress. Cut a fitted bodice lining, with three-piece front, to fasten on the left of the centre panel. Tack, fit, seam, and bone the lining, leaving only the side and shoulder seams. Cover the centre panel top with tucked satin. Cover the rest with a stretched back and two slightly-pouched fronts of the skirt material, trimmed with white silk guipure.

No. 553. A Renovated Evening Blouse.

For Descriptions see Pages 32 to 36.

Price of Paper Pattern, Bodice, 6½d., post free, of Madame Myra, 95, *Regent Street, W.*

Finish the seams. Tucked, unlined satin collar, supported by bones. Two-piece sleeve, the outer seam trimmed with lace. Quantity of 48-inch material required, 2 yards.

No. 537. Lovely unlined blouse, to be worn over a slip bodice with high or low neck. The neck of the blouse is cut low in French style. Three-piece yoke of black guipure, fastening at the back; it is arranged into a full front and two backs of black chenille, decorated with waved lines of velvet baby ribbon. One-piece sleeve of net, decorated with ribbon, arranged into a lace cuff. Quantity of material required, lace (22 inches), ¾ yards; net (27 inches), 3½ yards.

No. 538. Good model for a blouse or dress bodice. Cut and make a lining like No. 536. Cover the centre panel with full soft silk. Cover the rest with a stretched back and two pouched fronts of the skirt material, the fronts cut with revers, which are faced with lace-edged white silk. Silk band collar, covered with a chiffon tie. Two-piece sleeve, the sleeves finished with a chiffon frill. Quantity of 48-inch material required, 2 yards.

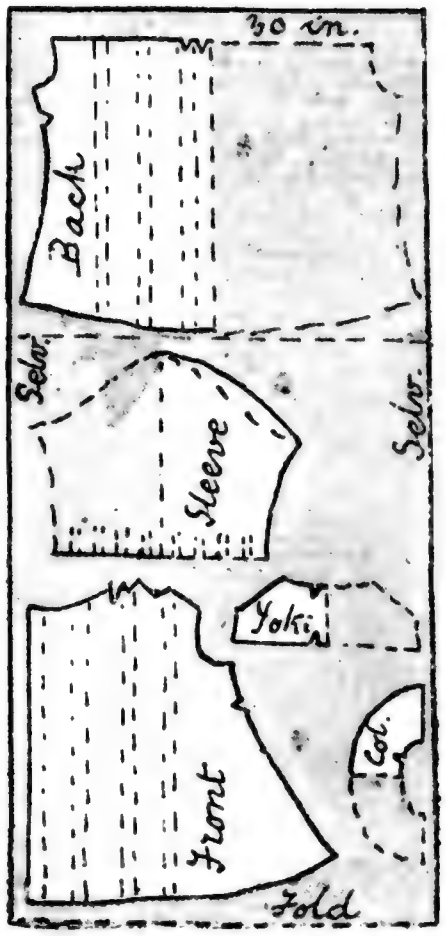
No. 539. Detachable collar of stiffened velvet, with bow and frill of chiffon, trimmed ruches.

No. 540. Smart tailor gown of cream serge, strapped with mulberry cloth. Skirt like No. 535. Smart bolero of cream serge, two open fronts (cut with revers), and a one-piece back. Fit and seam the serge. Strap the edges in a single piece of cloth, as described for No. 535. Face the revers and small collar with strapped serge. Strapped two-piece sleeve. Line with cream polonaise, seamed apart. Quantity of 48-inch serge required, 5½ yards.

No. 541. Three-gore skirt, with small reversed box-pleat at the back. Good model for double cashmere. Seam the skirt; turn up the lower edge over a band of lining to hold the rows of silk stitching which must be marked out at intervals with tacking. Line with silk or mercerised cotton. Pretty open coat of the skirt material, with two-piece back, two side-pieces on each side, and two loose fronts cut with large revers. Face revers and small rolled one-piece collar with stitched cashmere. Two-piece sleeve. Line the coat with silk or polonaise, cut on the coat pattern, but seamed apart. Quantity of 48-inch material required, 6½ yards.

No. 542. Smart dress-bodice or separate blouse, for silk or woollen materials. Cut and make a bodice-lining like No. 496. Cover the top front with lace over silk. Veil the rest with a back, a left front, and a double-breasted right front of material, decorated with velvet Tom-Thumb ribbon or braid. Finish the seams. Braided one-piece collar. Two-piece sleeve, with added braided bell cuffs. Band collar of lace and silk, supported by bones. Quantity of 48-inch material required, 2 yards.

No. 543. Smart visiting gown. Good style for light cloth or double cashmere. New skirt. Five-gore skirt, a tablier, a side gore on each side, and two backs. The sides and backs are fitted by small tucks (wheelmarked on the three-piece pattern, half the tablier, one side, one back). Line with silk or mercerised cotton, and trim with fringe. Cut and make a bodice lining like No. 496. Cover with a back, a left front,



No. 554. Diagram of Overall (No. 555).

No. 555. Boy's Overall.

For Descriptions see pages 32 to 36.

Price of Paper Pattern, 6½d., post free, of Madame Myra, 95, *Regent Street, W.*

and a double-breasted right front (edged fringe) of the material. Finish the seams. Two-piece sleeve, the upper fitted by tucks at the shoulder, trimmed fringe. Collar of silk-lined material, covered with knotted silk, supported by bones. Quantity of material required, 48-inch cashmere, 6 yards.

Nos. 544 to 546.—Styles for Matrons. (Page 26.)

No. 544. Lovely mantle of broché silk, cut in four gores (pattern, two pieces; half the cape). The back is open nearly to the waist. Line with silk cut on the mantle pattern, but seamed apart. The lower edge is finished with a circular flounce of pinked-out silk (pattern in one piece, half the flounce), which supports the two flounces of ribbon-hemmed pleated chiffon. Four-piece collar of broché, stiffened, faced with ruche-covered silk. Ribbon draperies round the shoulders. Quantity of material required, 22-inch broché, 6 yards; lining, 9 yards; 45-inch chiffon, 5 yards.

No. 545. Visiting or promenade gown; seven-gore shaped skirt with small reversed box-pleat at the back, good model for silk. The wider breadths must be eked out with added corners of silk, seamed on the straight. Line with silk or sateen, and trim with fringe headed by white cloth strapping. The opening and pocket are in the back pleat. Smart bolero, cut for a stout figure. A back, a side piece on each side, and two fronts cut with long tabs, which are turned back and are seamed to the one-piece collar. Scallop collar and revers. Face with a single piece of the material, strapped with cloth (tack cloth in place, mark out the straps by tacking, stitch them, cut away the superfluous cloth). Edge bolero and tabs with fringe. Line with silk or polonaise. Two-piece sleeve with scalloped strapped wrist. Quantity of material required, 48-inch cloth, 6 yards; 48-inch cloth for strapping, 2 yards.

No. 546. Smart sacque coat of putty cloth—a back, a side on each side, and two loose fronts cut with revers. Braid the edge in close rows. Face the fronts with cloth, closely braided on the revers. Three-piece collar, stiffened, faced with braided cloth: two-piece sleeve, with braided epaulet and added bell-cuff (circular). Quantity of 54-inch cloth required, 3 yards.

Nos. 547 to 549b.—Transparent Blouses with Fitted Underslips and Cache Corset. (Page 27.)

No. 547. Slip of black chiffon—a back, two open fronts and pleated plastron, trimmed white lace, which is threaded with Tom Thumb black velvet ribbon. One-piece chiffon sleeve. Collar and cuff of lace, threaded ribbon. To be worn over high or low slips (Figs. 1 and 2), which must be of silk, neatly boned, buttoning at the back. Fig. 1 has half sleeves; Fig. 2 has the necessary under-band required with transparent sleeves. Quantity of 45-inch chiffon required, 2 yards; 22-inch silk, for Fig. 1, 3¼ yards, for Fig. 2, 2 yards.

No. 548. Five-piece yoke of white lace. Front and two backs of white muslin. Blouse buttons at back, with pearl buttons.

One-piece sleeve. Cuff and collar of lace. Quantity of 30-inch muslin required, 3⅛ yards.

No. 549a. Three-piece blouse of black grenadine, trimmed white lace. Sleeve, cuff, and collar like No. 548. Quantity of 30-inch material required, 4 yards.

No. 549b. Three-piece lace yoke, cut with front tabs. Into it is fitted two pleated backs, two small pleated fronts, and a pleated plastron of black chiffon. Pleated one-piece sleeve. Cuffs and collar of lace. Quantity of 45-inch chiffon required, 3 yards. All these blouses can be worn over slips Fig. 1 or Fig. 2.

Fig 3. A one-piece cache corset to wear under the slip by over-slender figures, to improve the bust. Quantity of 30-inch material required, 1¼ yards.

No. 500.—A Smart Tailor Gown. (Page 31.)

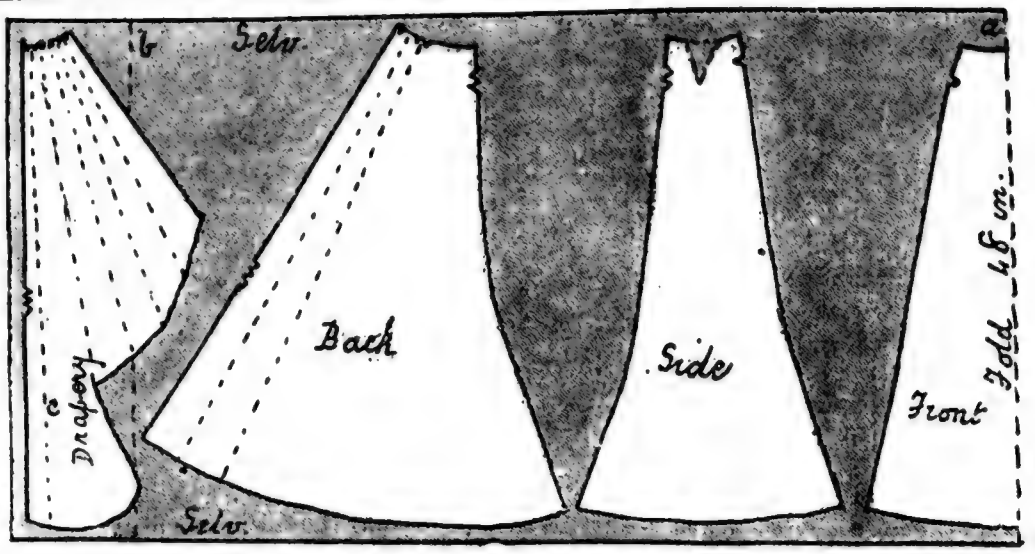
Dainty spring coat, fastening with a hook at the collar and one button on the bust. The double-breasted fronts (sloping off to points below the waist) are cut with revers. The coat looks equally well open or closed. It must fit very neatly. The fronts are faced with the coat material. The four-piece collar, stiffened with canvas, is also faced with the material. The edge of the coat is neatly stitched. Two-piece sleeve. The coat is lined with silk or polonaise, cut on the coat pattern, but seamed apart, the outer edges slipstitched to the stitched coat edges and facings. A good model for Venetian or satin-faced cloth. Beautiful tucked skirt of the coat material. Cut in 4 breadths, it has a plain tablier, a tucked breadth on each side, and a double box-pleat back. The tucks cover the seams and are all wheel-marked on the three-piece pattern—half the back, half the front, one side. Where the pattern is too wide for the material, breadths must be seamed at selvedges. The seams, crossing the tucks, are not noticeable. The skirt is made entirely apart from the six-gore foundation skirt which joins it at pocket, opening (both in the back pleat) and waist only. The foundation skirt is of lining (silk or mercerised cotton) merely hemmed with the material. Quantity of 48-inch material required, 7 yards.

No. 551.—A Pretty Indoor Gown. (Page 31.)

Cut a three-gore skirt in lining (adding corners of lining at the selvedges to make the lining wide enough for the two side breadths). Cover the lower part with pistache cloth. Smart three-gore tunic, unlined, seamed at the back, opening in the left tablier seam. The back seam is on the bias. The lower edge is prettily Vandyked. Turn up the lower edge and interline with muslin to support the application of cream silk guipure, which runs up the back seam. Tunic and skirt join only at the waist and opening, or they can be totally separate. Put the pocket in the underskirt. Cut a fitted bodice lining, with front in three pieces, to fasten on the left of the centre panel. Tack, fit, seam, and bone the lining, leaving only the side and shoulder seams. Cover the top of the centre panel with green silk. Drape the rest with a stretched back, a left front, and a double right front of the cloth, the right front cut with a revers. Edge the fronts with lace, and face the unstiffened revers with lace-trimmed cloth. The fronts close across each other with hooks in the centre, and a few fine cord loops on the right front, which pass over crystal buttons on the left front. The tunic closes with the same loops, and buttons over a cloth fly-lap. Quantity of 48-inch cloth required, 7 yards.

No. 552.—Strapped Tailor Gown with Sacque Coat. (Page 32.)

Good model for khaki double cashmere strapped with white cloth. Four-gore skirt, the back arranged in a box-pleat. Pattern in three pieces—half the front, half the back (box-pleat wheel-marked), one side (half the skirt). Seam the skirt; press the seams. Tack a piece of white cloth at



No. 556. Diagram of the Free Skirt Pattern.

(See No. 557, and No. 497, page 8.)

the edge and up the tablier seams, meeting at the back. Mark out the straps with measurements and lines of tacking. Stitch the lines. Cut away the superfluous cloth. Line with silk or mercerised cotton, cut on the skirt pattern but seamed apart. Opening and pocket are arranged under the back box-pleat. Pretty short sacque coat—a back, a side-piece on each side, two double-breasted fronts cut with revers. Tack, fit, seam, and press the coat. Tack and mark the straps as described for the skirt, the straps running up the four seams in one with the edge strap. Face the fronts with white cloth embroidered with applications of khaki cloth or satin. One-piece collar, faced with embroidered

No. 557. Illustration of the Coat and Skirt Patterns Presented with this Number.

(See also No. 497, page 8.)

For Descriptions see Page 8.

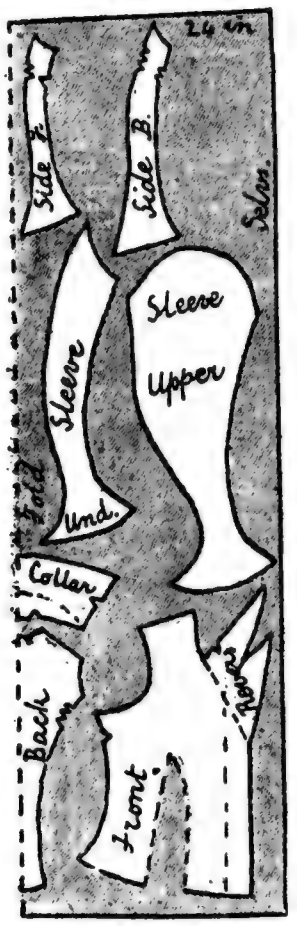
white cloth. Two-piece sleeve. Seam the outer seam, strap, then seam the inner seam. Line the coat with white silk or polonaise, cut on the coat pattern but seamed apart. Slip-stitch the outer edges to the turned cloth edges and cloth facings. Quantity of 48-inch double cashmere required, 6½ yards; 42-inch white cloth, 4 yards.

No. 553.—A Renovated Evening Blouse. (Page 35.)

Any double-breasted silk bodice can be renovated this way, high or low in the neck, with or without a sleeve. Two pieces of lace veil front and back. Lace forms an unlined band collar, and a two-piece unlined (or lined) sleeve. Drapery of chiffon round the shoulders. Quantity of material required, 22-inch lace, 4 yards; 45-inch chiffon, 1 yard.

Nos. 554 and 555.—Boy's Overall. (Page 35.)

Good model for plaid flannel or zephyr. The pattern takes 3 yards of 30-inch material for a boy of three or four years. There are five pieces in the pattern—half the back, one front (the left, cut in one with the central box-pleat), half the back



No. 558. Diagram of Free Coat Pattern No. 557.

yoke, half the circular collar, the upper of the one-piece sleeve (with the under wheelmarked upon it). The diagram shows the pattern pieces laid on the material, which is doubled between the dotted lines so that the front and sleeves are cut in duplicate. The duplicates of one-piece yoke and collar serve as linings (the only parts lined). Spaces are marked out on the material for the lacking halves of yoke, collar and sleeve, each of which is cut in a single piece. The one-piece back is arranged in three box-pleats, the lines of the pleats shown by dotted lines in the diagram. This is sewn to the yoke (single notch). Each front forms a box-pleat, the third (central) pleat being cut with the left front (boys' clothes generally fasten over on the right instead of on the left). Notches in the pattern and dotted lines in the diagram show the two pleats on the left front. Back and fronts are seamed (after pleating) at the single notch seam under the arm. The lower edge is simply hemmed.

For Conclusion of Descriptions see Page 8.

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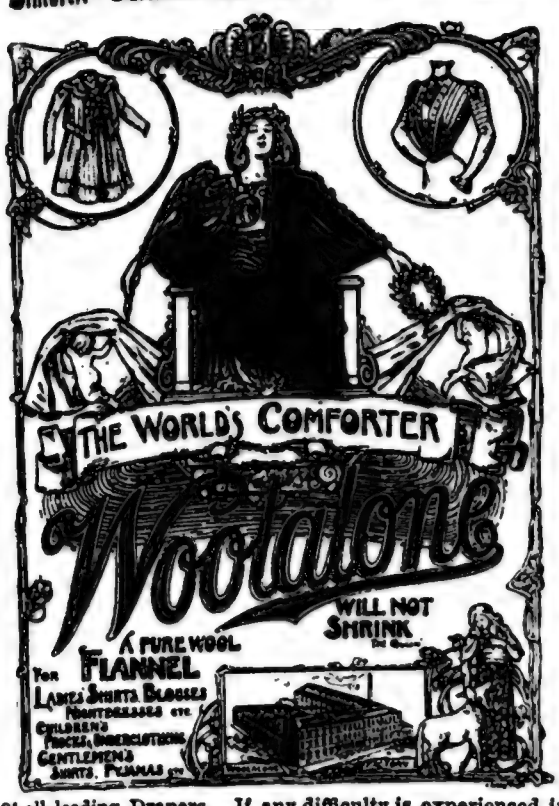

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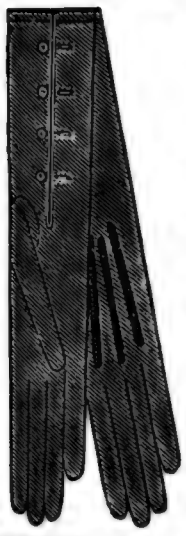

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STOCK PATTERNS PRICE 2½d. EACH, POST FREE.

Fig. 1. Pretty Shirt Sleeve.

Fig. 1. Pretty shirt or blouse sleeve of ruffled silk or chiffon, ruffled on a band of silk-lined lace. Quantity of 22-inch silk required, 2 yards.

Fig. 2. A Muslin Collar.

Fig. 2. Collar (with revers) of tucked muslin, striped with lace edged with a muslin frill. Quantity of 30-inch muslin required, 2½ yards.

Fig. 3. New Sleeve.

Fig. 3. Charming one-piece sleeve, unlined, of chiffon, with wrist-band and triple revers of velvet. Quantity of material required, chiffon 2 yards; 20-inch velvet, 1 yard.

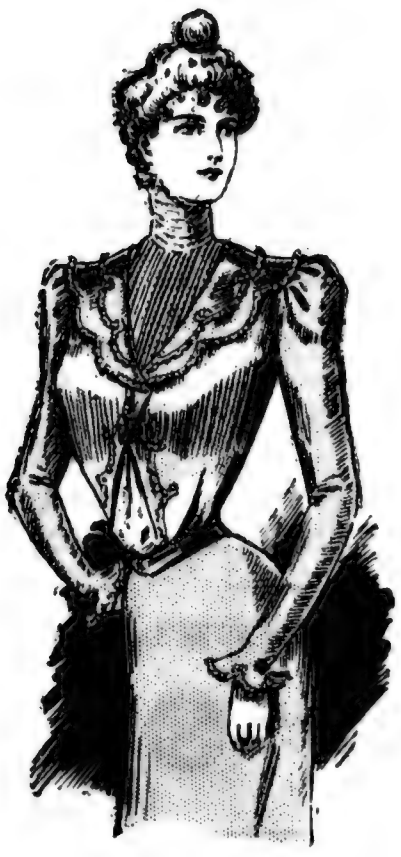

Fig. 19. Silk Sleeve.

Fig. 19. Two-piece bell sleeve, with stiffened and wired scalloped wrist. Quantity of 22-inch silk required, 2 yards.

Fig. 5. Smart Cape.

Fig. 5. Pretty one-piece cape, suitable for embroidered silk or cloth, trimmed with a flounce of the embroidered material over a silk pleating. Quantity of 22-inch material required (apart from the flounce), 1¾ yards.

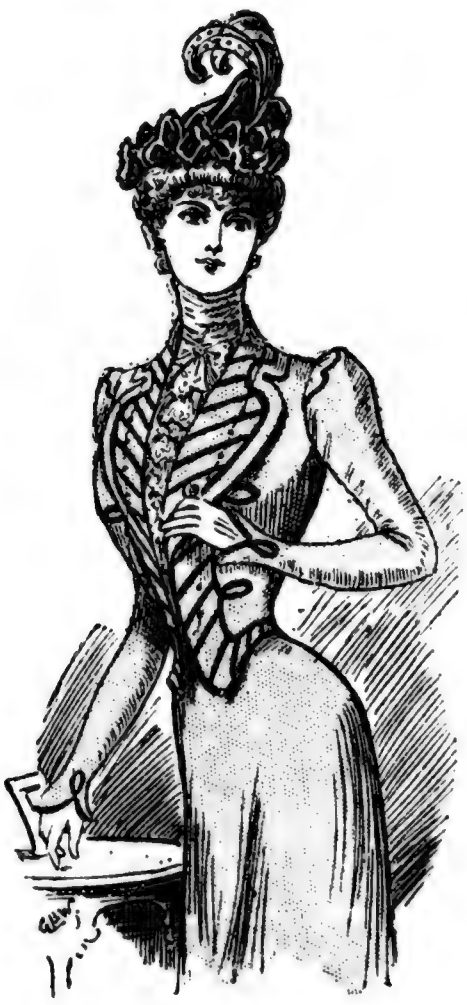

Fig. 6. Braided Coatee.

Fig. 6. Braided coatee, a good model for serge, tweed, or cloth. Quantity of 48-inch cloth required, 2 yards.

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Size of Waist.....
Size of Bust .....
Size across Chest between the Sleeves.....
Size across Bust from bottom of armhole at side seam .....
Size across Back between the Sleeves .....
Length of Back from bottom of Collar to Waist line.....
Long Front, from Centre of Collar at Back, over shoulder to Waist line front .....
Short Front, from bottom Collar in front of Waist line.....
Length of Shoulder .....
Length under Arm—Armhole to Waist line .....
Round Neck .....
Size round Shoulders.....
Size round Hips, 6 inches below Waist .....

SLEEVE.

Size round Wrist.....
Size round Elbow (bent).....
Length of Shoulder to Elbow .....
Length of Elbow to Wrist.....
Inside Length .....
Size of Armhole .....

SKIRT.

Front from Waist.....
Back from Waist .....
Side from Waist .....
Size of Waist .....
Round Hips, 6 inches below Waist .....

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Delineations are given without charge in these columns if the Palmistry Coupon is cut from this paper and is enclosed with the impression of the hands. Three questions can be asked.

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Detailed delineations will be sent by post on receipt of 2s. 6d. and a stamped addressed envelope. Such letters should be marked "Special."

Gipsy Queen (Edinburgh).—About thirty. I think you meet the man just a little while before, but your hand is too blurred to say definitely. He will be comfortably off.

B. B. (Norwood).—Yes, you will. You have either just met him, or will do so very shortly. You have a happy life before you, especially after thirty.

May C. (Middlebro').—You have not told me your age. You will make a comfortable marriage, and have a happy, peaceful life. You are large-hearted and generous, and have some ambition.

Jeanette Cleveland (Berwick).—You are warm-hearted and very sensitive, but require more ambition. You must not let a failure so easily discourage you. I am sorry your impressions are too bad for me to answer your other questions; but you will certainly be married.

Absent-Minded Beggar (London).—There are changes in your life at thirty, thirty-five, and forty-seven. I also think there is one coming very shortly. You should be married within the next three years, but there is an unfortunate attachment to come first, unless you have just lately had one. The letters A H and R are marked.

Night Hawk (Surrey).—You will marry about thirty, possibly sooner, and be better off afterwards. You have plenty of determination to enable you to get on in the world.

Clan Chattan (Peterboro').—As far as I can see from very indistinct impressions your future will be much happier than the past. There will be more money for you and plenty of variety. I think there is a change coming very shortly. Widowhood is certainly marked.

Marie S. W. (Bridgend).—Have you ever tried sick nursing? You would certainly do well at it. There is a change coming very shortly; but you must be careful of your affairs at the present time. You will marry twice.

High Tor (Derby).—You will have a chance about forty. You will be better off later on in life than you are now, and will have some money left to you about forty-four.

Betty Blue.—I advise you to keep on with it for the present. You will not always have to work for your living, for marriage will make you more prosperous. I think there is a change soon; but your left hand is too blurred to say definitely.

Mandarin M. S. (London).—Yes. An improvement ought to show shortly. You will marry within the next three years, but I do not think you know the man now. There is a great change in your life before forty-four.

Doodles A. B. C. (London).—You will certainly travel in the future, and marry also. You can be neat and orderly if you like, and have a generous disposition.

Southern Cross (Shepperton).—You have a diversity of talent, and will certainly make money for yourself in the future. You will marry about twenty-five a man you do not yet know, and be more prosperous after.

Topsy (Maidenhead).—Your impressions are hopeless. They are all stuck together, and I can tell you nothing but character. You have good business qualities, and a good deal of determination, but require much more self-confidence. Your self-distrust makes you give false impressions of yourself. You are very generous.

Kathleen (Newcastle-on-Tyne).—Your impressions are too bad to say for certain; but there seems a change coming very shortly which looks like marriage. I cannot tell you your husband's age; but the letters R. N. and A. are marked.

A Misery (Barnsbury).—Marriage is certainly marked: also the letters N. L. A. and P. I do not think you know the man now. You will come in for a legacy within the next two years.

Betsy (Camberwell).—You have plenty of ability, and with more determination might turn your hand to anything. You are very critical, and are quick to see the little faults and failings of others. You have a happy life before you, and will be in comfortable circumstances. You should try and overcome your obstinacy.

Lottie.—Your impressions are too bad to answer your questions. I can see changes at twenty, twenty-seven, and thirty-two. Marriage is marked in the future.

Red Rowans (Gipyan).—Literary talent is shown which you might easily turn to account. You have sent me many impressions, but not one is really good. Marriage is marked, but can give you no date. It will make you more prosperous.

Rose (Tunbridge Wells).—Yes; but I do not think it will be before twenty-eight. Marriage will improve your circumstances. You must be careful of your health at the age of thirty-eight. You will have two children.

Trixey (Scarboro').—You will marry very happily about thirty. I do not think it will be the man to whom you were once engaged. You will have more money later on in life, especially after thirty-five. There will be a great change at forty-three.

H. W. (Helensburgh).—You will better your position after twenty-five, and again later on in life. A voyage is marked after thirty. The minutiæ faculty is strongly apparent, and you must choose an occupation which will give it full scope.

Maud (Porth).—Yes, you will have a happy married life, and will prosper in your trade. The most important time in your life will take place about thirty.

Mary (Birchgrove).—Your hands are all stuck together, and I can tell you nothing but character. You are not as tidy as you might be, and are far too sensitive. You must try and overcome your feelings.

Ruffy (Bradford).—There is a great change within the next eighteen months, which might be marriage; but your impressions are too bad to say definitely. I do not see any increase of money. Your self-confidence varies, but you are not lacking in ability.

Eunice W.—No, your position in the future will greatly improve. You will marry, and have three children, and enjoy good health.

Nansen.—As far as I can tell from your impression, I should say you have known him some years. A legacy shows very much in the present. The letters A. H. and Y. are marked.

A Lady from Cambridge.—You have given no pseudonym. As far as I can see from bad impressions, there is a change for the better in the next three years. I would advise you to keep to your present occupation. There is certainly a legacy for you in the future.

Nancy (Birch Grove).—Your impressions are too bad to answer your questions. You have determination and a desire to get on, so certainly ought to succeed in your present occupation.

Nos. 559 and 560. Cycling Knickers and Flannelette Lining.

For Descriptions see Pages 32 to 36.

Price of Paper Patterns, each 6½d., post free of Madame Myra, 95, *Regent Street, W.*

Lizzie (Leicester).—I think you will be a widow, but your impressions are too indistinct to say for certain. I can see a change after forty and another about fifty. You must send me better ones another time.

Surrey Sparrow (Esher).—You will certainly marry, and your position will be better afterwards. Your life will be happy and prosperous, but you must not make so many little worries for yourself.

Tracker (Balham).—Yes, there is a change for the better in the next eighteen months. It will bring you more money. You are capable, and have plenty of talent, also good business qualities. More self-confidence is required. You are very critical.

Yerots (Finsbury Park).—Yes; but you must never overtax your constitution. There is a decided change for the better after forty. You could be very successful with dressmaking.

Portia (Bournemouth).—Your vocation is a happy married life, which certainly lies before you. You do not know the man now. You will be very prosperous in the future.

Martha (Teddington).—There is a chance of marriage in the future, but it greatly depends on yourself. You must be careful about your money at the present time, and must look after it yourself. You have had some worry about it lately, but I think it will turn out right eventually. You have known the influence in your life about eighteen months or two years.

Stella (Grantham).—You have plenty of capacity, ought to succeed in business. You can be very irritable times. You will marry before you are twenty-five.

Ylime Austin (Chiswick).—You ought to be married before thirty, and you will be more prosperous afterwards. There is a change in your life at thirty-five, and another at forty-three.

Eucalyptus (Staffordshire).—I am very sorry; but you have ruined your impression by your ink marks. I think there will be a second marriage; but cannot say for certain. You have literary talent, which you ought to have cultivated.

Topsy Turvy (W.C.).—You must send me better impressions before I can answer your questions. The right-hand is entirely blurred. You are observant, and have plenty of tact if you like to use it.

Art (Kingston-on-Thames).—About thirty. He will be more dark than fair. You could be very successful with art; but your literary talent is the stronger of the two.

Laurel (Canterbury).—You will marry about thirty, and have either just met the man or are just going to. An unfortunate love affair shows in your past. You have a great love of independence.

Jill (Malmesbury).—Your impressions are too bad for me to tell you much; but I can see a marriage in the future, which will greatly improve your circumstances. You will be both happy and prosperous.

Mimosa (Bursiem).—Yes, but you do not know the man yet. You will do well in marriage. There is a great change at thirty, and another after thirty-five.

Ivy M.S. (Belfast).—It greatly depends upon yourself. You will have a chance within the next two years. There is more money before fifty, and your position will improve at the same time.

Pansy (Leeds).—Yes, but your impressions are too indistinct to say for certain if you know him now. I do not think so. Your marriage will make you more prosperous.

Daffodil (Blackheath).—There is every chance, but I do not think it will take place just yet. You know the man now. He should be dark. You should cultivate your literary talent, for it is strongly marked. You have a capable hand.

Miss Moody (By Edinburgh).—Yes, and you know the man now. He will be very fond of you. You must try and look a little more on the bright side of life, and not be so despondent.

Pip-allis (Huntingdon).—You have a good business hand, and would make an excellent manager. You will meet your future husband very shortly, and the marriage will be satisfactory and prosperous.

Nance (Lewisham).—Yes; but you do not know him now. You will be in better circumstances later on, for there is a decided increase of money in the future.

A.F.G. (Birkenhead).—You have not told me your age. Your husband will be dark, and your business ought to do well as much prosperity shows. The letters A, F, and T, are marked.

Fiddle (Truro).—Your impressions are almost unreadable. You must send me better ones before I can answer your questions. Marriage is shown, but cannot give date. You have very strong opinions.

Al Fresco (E. Dulwich).—Your impressions are very bad: please send me better ones, and then I will tell you what you what you want to know. You are warm-hearted and generous, and always ready to join in any enterprise.

Spot Marcia (Stoke Newington).—There is not a line visible in your palms. You are very sensitive, like plenty of variety, and might be tidier with advantage. Send me better impressions next time.

Poppy (London).—You have a talent for millinery. You will marry, but your lines are so smudged I can give no particulars. You will have three strong love affairs during your life.

E. E. C. D. (Buckhurst Hill).—You will be married before thirty, and you know the man now. You will be better off after thirty-five. There is a great change in your life at that time.

Sad-Eyed Maggie.—I am so sorry, but your impressions are too bad for me to tell anything about your business. I can see marriage, but cannot give date. You will have two children.

D. J. M. (Durham).—You will have a chance very soon, which I think you will take. You will not always live where you are now. There will be more money before fifty.

Hanmer (Darwin).—You will certainly have the chance, but I advise you to think well before you decide. Your position will improve before fifty, and there is every likelihood of your going abroad.

Hampshire Hog (Aldershot).—You will certainly marry. Your impressions are too indistinct to tell about your health. There is much travelling and moving about in the future.

Daring Dick.—Only one of your hands is readable; therefore can say nothing definite. I think you will be married before twenty-five. You will have four children—probably more.

Kaikoura (Mosman).—You should certainly succeed as a teacher. Marriage shows, but do not be in too great a hurry. You will undoubtedly return to England.

Mosmem.—Certainly. You will have more money at forty-four. There is a great change in your life at forty-eight and another at fifty.

Eglantine.—I can tell you very little as your impressions are so smudged; but as far as I can see, your prospects seem good. I do not think you yet know the man you will marry.

Phillip Augustus.—You will have a chance of travelling after thirty-five, and there will be a change in your life before you are thirty-two, which I think will be marriage.

E. A. S. (Reading).—Before you are forty-three. It will improve your prospects. I do not see any signs of travelling.

Maori (Newcastle).—You have sent me many impressions, but not one is really good. I can see marriage, but cannot give date. Your life in the future looks happy. As far as I can see you have a talent for sick nursing.

Lily (Westbourne Park).—A very prosperous marriage shows in your hand, but as you have not told me your age I cannot say if you know the man now. There will be plenty of change in your life.

Violet (Leeds).—You will marry before you are twenty-seven, and you already know the man. You ought to succeed in business. Your thirty-seventh year will be a particularly lucky one for you

Icicle (Evington).—I do not think you know him yet. The man you marry will be more dark than fair. The letters W, A, and L are marked.

Maureen.—You will be very well off in the future. You will travel after you get more money. There is a long, happy life before you.

Shamrock.—There is a voyage for you before you are thirty. Success shows in the future, but you must cultivate more self-confidence before you can attain to it. Your marriage will bring you more money.

Guillaume.—You will have an easy, even, and prosperous life. Monetary success shows particularly about thirty. You are not a fool by any means.

Flora (Wakehurst).—There is a change in your life in the next two years, which will be for the better. You will have a chance of marriage at the same time, but do not decide without due consideration.

A Girton Girl.—You have strong literary talent, and could succeed in any branch of it. You are decidedly clever. You will be much better off in the future, and your work will bring you both money and success. You will go abroad after marriage, but cannot say where.

Whist (Newcastle).—Your future will be better than your past, and your health will be good; but you must not worry so much about little ailments. The man you marry will be dark. The letters N and H are marked.

Violet (Gateshead).—Your husband will be more dark than fair. Do not be in too great a hurry to get married. Your future will be a happy one.

Heather (Darwen).—Your impressions are too bad to answer your first question. The lines are so very faint, but I can see you will be happy and in comfortable circumstances.

Sally (London).—Your impressions are so bad I cannot give any particulars about your marriage. Send me better ones another time. I do not think you will have to dress make all your life.

Flosswood (Enfield).—You will be better off after twenty-five. Money will come to you through a death. You will be married about the same time. You have a capable hand, and would make a good manager.

L. E. (Kennington).—You will be married, but your impressions are too bad to give date. I do not think you will have more than one child. You will be comfortably off later on in life.

Poor Miss Nobody.—You will have a chance of leaving England before you are thirty, and will have more money after thirty-five. You must not worry so much about little things.

Bianca (Sutton).—You will be married before you are forty-three, and you know the man now. Your life in the future looks happy; but I do not think your married life will be a long one.

B. L. B.—Your impressions are so bad that I cannot tell you anything about your future husband. There is a change in your life at thirty-two, and another at thirty-five. You are not as tidy as you might be.

E. F. I.—Your impressions are worse than those of "B. L. B." I can only tell you character. You are very observant, rather nervous, and can be very irritable at times.

Rosie O'Grady (Bangor).—You will be married before you are twenty-three, and your position will greatly improve afterwards. I advise you to be a ladies' maid directly you are qualified as a dressmaker. You have plenty of capacity.

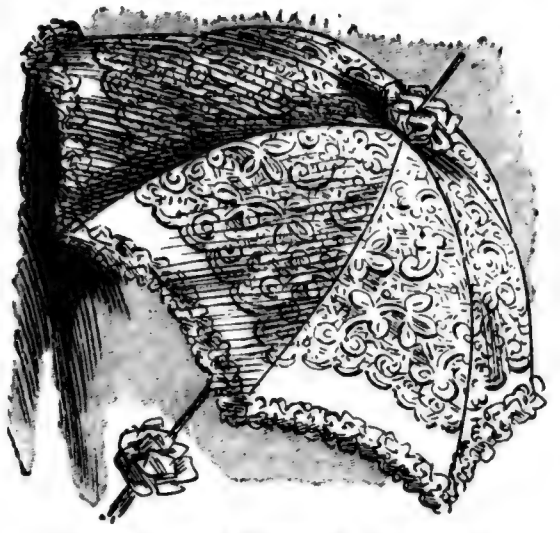
Pink May.—You will do very well in millinery, but require more self-confidence. You will have the chance of a happy marriage before you are thirty-five.

Budge.—Certainly; but I do not think you know the man yet. You are more fitted for a musical career than a business one. You could do them both well, but the latter is generally more remunerative.

Barge (London).—There is every likelihood of your marriage. Success in business shows after thirty. You have talent for both drawing and sculpture.

Dingly (London).—You will marry before you are thirty. The man will be well off, and I do not see any financial difficulties in the future which will not turn out well. A love of music is shown, but you are much too sensitive.

Discontented (Islington).—Yes, when you are about twenty-seven. You will be very comfortably off. The letters W, L, T, and H are marked.



No. 561. A Renovated Sunshade.

For Description see Pages 32 to 36.

Dolly Blue (Perth).—You will be married before thirty. Any delay will be your own doing. I think he will be fair.

Absent-minded One (Bastire).—Yes, and you already know the man. He is dark, with blue eyes. You will come into some money after thirty-five. You will have three children.

Moss Grove (Balham).—Your impressions are too bad to answer your questions. Widowhood shows, but cannot give date. You will have four children, and will have the chance of going abroad when you are thirty.

M. D. B. (Derby).—You are very observant and very particular about little things. You are sympathetic, and have an affectionate disposition. You have determination, and love your own way; but must be careful not to let your will power degenerate into obstinacy.

March Hare (Brixton).—You will marry within the next five years, and the change in your life will be greatly for the better. You will have plenty of travelling in the future.

G. Goble (New South Wales).—You will have a long life if you take care of yourself. Two voyages show in your hand The man you marry should be moderately fair.

Hannah Johnson (Manchester.)—I do not think you will marry until you are twenty-five. The man seems to come into your life very much in the present. You require more self-confidence before you begin business on your own account.

Judy (Mortlake).—You will leave England after you are thirty. Marriage will improve your position. There is a great change in your life at thirty-five.

E. D. M. (Morayshire).—I do not think so. Your impressions are so indistinct I cannot say for certain. Send me better ones, and I will answer your other questions. There are changes in your life at twenty-nine, thirty-five, and forty-four

Mamie (Glasgow).—Your impressions are too bad to say; but you will be in comfortable circumstances, especially after you are thirty. You have musical capabilities, but it is a very up-hill profession.

Never Despair (Highbury).—You will marry within the next three years, and you know the man now. Your health greatly depends on yourself. You will live to old age, if you do not overtax your constitution.

Anxious Maid (Deptford).—You will have a chance of marrying within the next two years. The man you marry will be tall and dark, and I cannot see any signs of unhappiness. Your future life seems very free from worry.

Short Notes (Wye).—I am so sorry, but your impressions are all stuck together, so I cannot answer you definitely. I think you will be married at thirty-five. There is a great change then and another one at forty-three. You will come into a legacy before forty.

Edith E. G. (Streatham).—Your business seems to do very well, especially after forty. You will marry within the next two years. You will not have a large family.

Daisy Bell (Gateshead).—You will marry about thirty-five, and already know the man. There will be a great change in your business about the same time. You will be happy and comfortably off. I am so sorry you have had to wait.

Vulcan (Sheffield).—I am exceedingly sorry your impressions are so very bad that I can only answer one of your questions. I consider that you are capable, determined, and well-fitted for a responsible position. You have some ambition, and ought to do well.

Rosemary (Brixton).—If you send me better impressions I will answer your questions. You are very observant, neat, and orderly, but you are far too sensitive.

A. M. U. (London).—You will have a chance very shortly from a dark man; but I do not think you will marry until later. You require more determination before you can be successful.

Eileen (Norwood).—You will marry before thirty a man you know now, and your circumstances will be prosperous, especially after thirty-five. You must not allow yourself to get so depressed.

(*For some delineations crowded out, see Page* 16.)

SOME

UNSOLICITED TESTIMONIALS

FROM OUR READERS.

"Your beautiful plate arrived here safely, and I am much obliged to you. We are already subscribers to Myra's Journal, and appreciate it very much."

"Mrs. H. thanks the proprietors of Myra's Journal for the picture awarded to her as Consolation Prize in their December competition. She is very pleased with it, and thanks them for having sent it so securely. Mrs. H. may mention that she has had an evening gown made from a design given in Myra's Journal, which has turned out a great success."

"Mrs. J. is delighted with the new edition of Myra, and will do all she can to make it popular in her neighbourhood."

"I should also like to mention how useful I have always found your journal."

"I appreciate your paper very much; it combines everything. When I have finished with it, after having lent it to several friends here, I send it by post to a friend in the country.

"I must tell you I think Myra's Journal the most delightful fashion book going."

"After giving the corsets awarded me a fair trial, I write to thank you for the same, and to say how very pleased I am with them; they are perfect in shape and comfort, and in future I shall wear no other make. I have recommended them to my friends. One of them has bought a pair of shields, and says she will never wear a pair of corsets without them again. I cannot speak too highly in their praise. They are the most comfortable corsets I have worn for years. And now a word about the Journal: I think it the BEST THREEPENNY JOURNAL ISSUED."

"Your journal helps me very much indeed, especially the patterns, as I make my own things."

"My prize picture arrived safely last Thursday, and I am very pleased indeed with it; I mean to have it well framed, when it will form a handsome addition to my home."

"I have just received the lovely photogravure awarded to me in last month's competition. It has been greatly admired. Many of my friends now take in Myra, one being fortunate enough to win the third prize last month."

THE ART OF BONING DRESSES.—Superb fitting is obtained by boning with ANTARCTIC Real Whalebone, which requires no piercing, and will not split. The Antarctic Real Whalebone, the latest and perfect dress necessity, is unbreakable and close-fitting, setting off the figure.

MOTHER SEIGEL'S SYRUP

HAS CURED

INDIGESTION FOR 30 YEARS,

AND IS USED IN

572,000 BRITISH HOUSEHOLDS.

OF ALL CHEMISTS

SCHWEITZER'S COCOATINA—The Queen of Cocoas.
SCHWEITZER'S COCOATINA—The Queen of Cocoas.

THOMSON'S NEW "Glove-Fitting" Corset.

(ENGLISH MADE.)

G 4/11 F 6/11 E 8/11 D 10/11

Depths 14 and 15 inches.

Blacks 1/- extra.

Transformed, re-modelled, and brought up to date, and a delight to all who wear them.

Mrs. W. writes:—"I find your **New 'Glove-Fitting'** Corset perfect, most comfortable to wear, and beautifully finished. I can think of no words that would describe its perfection."

Mrs. M. Writes:—"I have really never had such a perfect fit before."

Mrs. G. writes:—I have much pleasure in stating that I have never worn a more perfect fitting Corset than your **New "Glove-Fitting."** I shall recommend them to all my friends as being simply perfect."

OF ALL DRAPERS.

Ask for Thomson's New "Glove-Fitting," **and take no other.**

If difficulty in procuring, address manufacturers—

W. S. THOMSON & Co., Ltd.,

112, FORE STREET, LONDON, E.C.

Worth Knowing.—Dr. Walcott, M.D., writes: "For irritation of the scalp, removal of scurf, and loss of hair, I have used Hopgood's Nutritive and Sedative Hair Cream with unfailing success." Dr. Salter, M.D.: "I have witnessed its effects in restoring the hair to an extent truly surprising." fifty years' success. Bottles 1s. 6d., 2s. 6d., and 3s. 6d., of all Chemists and Perfumers. Wholesale Agency, 51, Frith Street, London, W.

SOFT FAIR SKIN.

Face, Hands and Arms of delicate whiteness insured to those Ladies who use

Rowland's KALYDOR

which removes Redness, Roughness, and all cutaneous defects and produces a lovely delicate complexion. Sizes 2s. 3d. & 4s. 6d. Sold by Stores, Chemists, & A. Rowland & Sons, Hatton Garden, London.

A few copies of the splendid reproduction in Rembrandt of the famous picture,

"Taller than Mother,"

BY

MAUDE GOODMAN,

Can still be had from the Publishers.

Price 1/2 post free.

BEETON & CO., 10 & 11, Fetter Lane, E.C.

LOVELY COLOURS.
BRILLIANT GLOSS.
DURABLE and EFFECTIVE.

UNEQUALLED FOR ALL HOUSEHOLD DECORATIONS

SPECIAL ENAMELS FOR *Large Decorative Work.*

BRIGHTEST AND BEST.

BEWARE OF IMITATIONS.

The **GENUINE** **ARTICLE** has **"ASPINALL'S"** Name and Medals stamped on every tin.

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DEPOTS:
PARIS.—24, RUE ALIBERT.
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A Paper Pattern given to each applicant.

THE LARGEST AND BEST PENNY PAPER FOR LADIES.

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Bandless, with Safety Pin.

Ladies' size:
Cotton, **1/3** pair.
Silk, **2/-** pair.

* H.N. Velvet Grip STOCKING SUPPORTER. *

WITH SHAPED BELT.
Sateen, **1/9** Satin, **3/-**
SATEEN, WHITE ONLY. SATIN, ALL COLOURS.
By Post, 1d. Pair Extra.

CANNOT TEAR THE STOCKINGS

J. S. GREGG, 92, NEW BOND STREET, LONDON, W.

NOVEL, ELEGANT AND USEFUL PASTIME FOR LADIES.

.. THE HOME-KNIT ..

Oriental (Smyrna) Rugs

(REGISTERED).

Facsimile of Wrapper Label.

SMYRNA BOX. with Specimen of Work, Design, Colour Card Staff, all Requisites for Trial Strip, and Instructions (Copyright).

SMYRNA WOOL, SMYRNA COTTON, Coloured Designs, Test Books, Smyrna Staffs, Colour Cards, and all accessories.

From all Berlin Wool Repositories and Fancy Drapers.

Wholesale only from FAUDEL PHILLIPS & SONS, 36 to 40, Newgate Street, London, E.C.
Export only from PAUL SCHULZE & CO., Ltd., 19 and 21, Greenwood Street, Manchester.

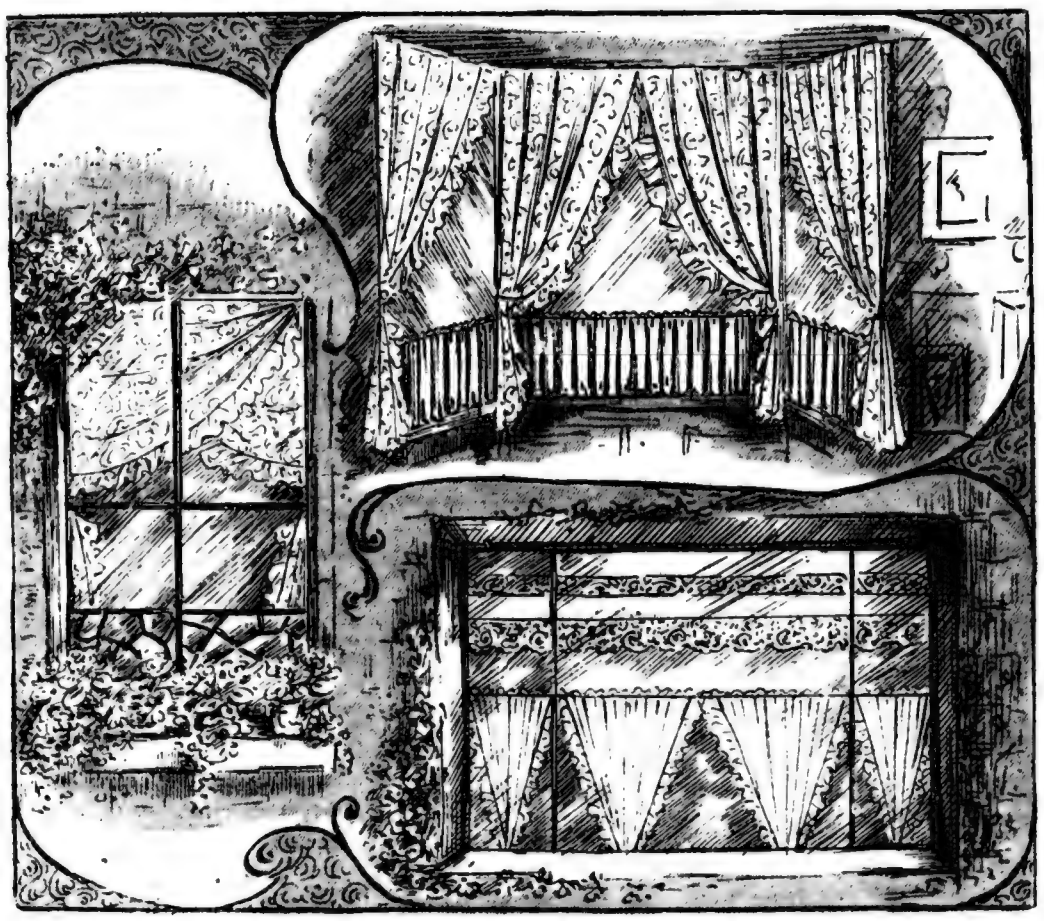
Home Decoration.

OUR WINDOWS.

WINDOW decoration is one of those eminently satisfactory tasks that well repay one for any amount of trouble that has been expended on them. As a rule, however, a window can be made to look pretty at a minimum of trouble, and certainly nothing affects the outward appearance of a house so much as daintily, tastefully arranged windows.

It is quite surprising to see how careless some people are in the matter of the arrangement of their windows; people, too, who are far from indifferent to beauty of dress and pride in their homes, but who, for some reason or another, are content for their windows to remain commonplace, and have the most ordinary blinds and curtains. For my own part, I think the subject of window decoration is a most fascinating one. The prettily-dressed window never fails to impress one agreeably, and often, indeed, makes one wish to know something of the inmates of the house with so a window that has an ugly outlook, which it is desirable should be concealed as much as possible. The quickest way would be to put up vitrage curtains of lace. But a prettier scheme would be to fit the window at the bottom with a screen of stained-glass, framed in stained wood, the screen to be just as high as one chooses. At the top the window could be dressed with frilled Madras muslin curtains, crossed, after the fashion illustrated in one of my sketches, and caught to the sides of the window frame with cords and tassels or ribbon sashes. Very little "view" would thus be conspicuous. Stained-glass throws a pretty subdued glow that is acceptable in sunny, light rooms, but it is undesirable in a room that is already too dark to be cheerful.

A second sketch in the group depicts a way in which frilled butter-muslin dwarf curtains can be used on a three-paned window. These little curtains are run on to rods top and bottom, the fulness being drawn close together on the lower rod, and thus breaking the line of curtain and



Window Decorations.

harming a frontage—or, at any rate, to walk within and inspect the rooms which have those inviting-looking casements.

Let me say at once that window-boxes are some of the greatest embellishments to the front of a house. Blue or cream tiles are always effective, and the simple, old-fashioned "Creeping Jenny" and the pink-flowered ivy-geranium that spreads downwards in careless grace, are some of the best plants to choose with which to fill the boxes. Add musk and Verbena and other plants, including yellow or white Marguerites, in season. These little spring hints, if carried out in due course, will do much to render the most commonplace frontage pretty.

Then, of course, the windows must have lace or muslin curtains and cream-coloured blinds, finished with net appliqué insertion and ball fringe.

Owing to the fact that lace and muslin curtains soil easily in gloomy neighbourhoods, many people forswear them and substitute curtains of coloured material, which show soil less quickly. But if you want the last effect you must trim your windows with lace or muslin in addition to heavy curtains.

I am giving one or two illustrations of windows draped in various ways that may serve as suggestions to be acted upon after the spring clean. I have sometimes been asked for advice on decorating admitting more light. Each little curtain is frilled at the sides. Another way of arranging dwarf curtains is to run them on to rods, as usual, and band each one in the centre with a ribbon sash, the shape of each curtain thereby suggesting the letter X.

Dwarf curtains of silk are artistic-looking; and with these short upper curtains of silk to match, reaching as far as the top of the dwarf curtains, are an improvement. These upper curtains are pulled into the extreme corners of the window, right and left, and are allowed to hang down free in their own folds, without being fastened with sashes, behind them being long curtains of lace or Madras muslin. A bay window, such as forms the third sketch in the group, can be treated very successfully with dwarf curtains of soft silk—preferably green or old gold—with either lace or silk curtains above. Dwarf curtains, I should add, look all the better for having a small heading above the little "tunnel" wherein the top rod is run. This can easily be allowed for when making the hem. It only means:—Allow a free piece of material (the width of the hem) from the top of the little curtain before running the first row of stitching for the hem or "tunnel." Thus two rows of stitching must be made instead of only one.

Muslin curtains should be finished with a frill of their own material, right and left; heavy outer curtains are nowadays finished with ball fringe. Unless lace or muslin curtains are used to soften the effects of the heavy curtains of plushette, serge, or brocade, as the case may be, there will be lacking that lightness and grace that are so essential to the complete success of home decoration.

A SOCK FOR OUR SOLDIERS.

ALMOST comfortable medium-sized man's sock can be made according to following instructions, using Fleming, Reid's Khaki Fingering and steel needles, No. 16. Five instead of four needles are strongly recommended.

Cast 19 stitches on to each needle (76); make 5 inches of ribbing. Do first row plain. At the end of the second row place seam stitch. Make 15 seams at the 16th row; begin the first decrease 3 stitches from seam stitch; knit 2 together, knit 1, purl seam, knit 1, slip 1, pass slipped one over. Decrease each side of the seam. Knit 3 plain rows. Decrease again. Knit 3 more seams. Decrease for the third time. Knit 15 seams, then do the heel.

Heel.—70 stitches remain on the needle, half of which (35) must be put on one needle with the seam stitch in the centre, the other 35 being left for the front of the sock. Knit backwards and forwards on the heel needle until 9 seams have been made. Then knit plain to 3 stitches after the seam. Take one off without knitting, cast it over the next plain knitted one, knit one more and turn. Purl till 3 after the seam (not forgetting to take first stitch off without knitting either in plain and purl side), purl 2 together, purl 1 and turn.

After the first row the stitch to be taken off without knitting, for the decrease is on the plain side (that before the hole made by the last decrease). On the purl side the stitch before the hole and that after it are always purled together.

When you get to the end of the stitches, knit one plain round to get to the left of the heel, and pick up the stitches along that side; then knit round to the other side and pick up the stitches there. Two seam stitches must be placed at each corner formed by the heel. The left side first, then the right, when it is time again to make the seam (seams are made every other row), decrease 1 stitch before it on the left and 1 after it on the right until 26 stitches are at the back for the heel and 26 on the instep needles.

When you have finished these gussets, as decreasings knit 25 seams, and before the 26th decrease 1 stitch before the seam, 1 after at *both* seam stitches, until 9 or 10 stitches are left after each seam stitch. Put these on two needles, having one seam at the end of each needle. Take a third needle, and knit together 1 stitch from each needle, throwing off the one before the last stitch over the last until only one is left. Fasten off, and darn the ends of wool on the wrong side.

Ladies desirous of knitting socks for our soldiers will find the above and all necessary instruction in stocking knitting in No. 8 of "Myra's Library of Needlework" (Part 1 of the Stocking Series), price 1½d., post free.

OUR FREE BARGAIN COLUMNS.

RULES.

1. *An advertisement of twelve words is inserted free of charge. 3d. will be charged for every extra six words or portion of six words.*

2. *It is indispensable that the FREE BARGAIN COUPON should be cut from this paper and enclosed with each advertisement.*

3. *No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.*

4. *Payment of carriage for articles on sale or approval must be arranged between themselves by the parties.*

5. THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE TOP RIGHT HAND.

This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns, Myra's Journal, *10 and 11, Fetter Lane, E.C., who will add the right name and address, and post it, and thus bring buyer and seller into communication.*

PAPER OWLS, 6d.; BUTTERFLIES, 2d.; hand-painted. — Cox, 37, Myrtle Terrace, Dalton-in-Furness. M454

Exchange Pew-Cushion, Hassocks, Box-Carpet, for trunk or dress-hamper. M455

Will Exchange new flannelette UNDERCLOTHING for small carpet square. M456

Wanted, winter COSTUME in good condition, 35, 22, skirt 41. Also UMBRELLA, and large black travelling BASKET. Moderate. M457

Dress, Jacket, Blouse, Underclothing, Oddments, 5s. Useful parcel, 1s. 6d. Hat and Millinery, 1s. 6d. M458

¼-PLATE STAND outfit complete; also a good hand CAMERA. Very cheap. M459

MOURNING. — Smart flounced purple Velveteen Cape, new, 30s.; Blouse to match, 12s. 6d.; Green Tweed Skirt, unworn, £1. M460

Green Moire EVENING DRESS, lined Moirette. Good dressmaker, good condition, 28, 4.4—44. £2 10s. M461

Lady would like to correspond with another of similar figure, having superior articles to dispose of; waist, 24; corsets, 22; skirt, 40; boots, 3 or 4; gloves, 6½. M462

Antique Lace, Coloured Engravings, Needlework Pictures, Samplers, Miniatures, Paste Buckles wanted. M463

PIANO, SINGING, MANDOLINE, BANJO, DANCING. Lessons given in London. Exchange offers. M464

ORGANETTE, Music, cost £200, nearly new; exchange provisions.—256, High Road, Tottenham. M465

HAT and BONNET, trimmed, stylish, clean, 1s. and 6d. each, genuine bargain. M466

Wanted, Coloured ENGRAVINGS of Pretty Women.—Mrs. Usher-Clarke, Bridge House, Teddington. M467

Will exchange valuable Dutch Battle PICTURE, by Rugendus, for good old china. —Mrs. Usher-Clarke, Bridge House, Teddington. M468

GRAMOPHONE. Extra good machine. Just new.—B. Clayton, 1, Oxford Street, Darlington. M469

ORDERS wanted for all kinds of Fancy Work, Children's Pinafores, and Underclothing. M470

Lady has splendid RECIPE Baking Powder; will forward tin 1s. or 2s. M471

DAFFODILS. 30 lovely trumpet blooms, with foliage, &c., 1s. 3d. free. FEATHERY MOSS, in sheets, 1s. per pound. free. 28 hardy evergreen FERN PLANTS, exquisite varieties; 1s. 4d.; all post free; carefully packed. M472

Grey Serge SKIRT, lined, new, 39s.; 4s. 3d. Cream EVENING CAPE, 5s.; sundries. M473

Crochet TIES, 2s.; CHAIR CUSHIONS, Embroidered TABLE LINEN, DUCHESSE CLOTHS, 2s., or exchange. M474

CHRYSANTHEMUMS, best varieties, rooted, 1s. dozen. HOLLYHOCKS, ACONITUMS, eight strong plants 1s., free. M475

Worker, CROCHET, Hair-pin, Netting, Tatting, recommends reliable firm—three stamps.—Mizpah. M476

Ladies' White Canvas Stripe SHIRTS, Good Shape, 3s.—Hewitt, Church Street, Rushden. M477

ST. PETER'S MAGAZINE. 2 vols., clean, unbound, 8s.—Mrs. Molini, Hexholme, Weybridge. M478

CRAZY CUSHION FRONTS, 2s. 6d.; Black SKIRT, Figured, 11s.; CASSELL'S MAGAZINE, unbound, 1s. 6d. volume.—Davies, 40, Whitehall Street, Aylesbury. M479

Tested RECIPES, savoury or sweet dishes; six, 7d. Twelve months. PEARSON, WINDSOR MAGAZINES, 4s. lot. — Mrs. Heelis, Ambleside. M480

Two CROWNS for sale—1821 and 1820. What offers? M481

Fashionable black and white silk BLOUSE BODICE, 25, 38; perfect condition, 8s. M482

100 new silk crazy PATCHWORK PIECES, 1s. Every satisfaction. — Hewitt, Church Street, Rushden. M483

Madame Lee's real whalebone CORSETS, for comfort and durability. Made to measure, 5s. Black, white, and dove. NURSING CORSETS, 5s. Ladies' own patterns copied, from 7s. 6d. Send postcard for measurement-form and instructions.—Elm Grove, Southsea. All orders executed in three days. M484

Light Fawn Spring COAT, beautifully braided, latest; hardly worn, 21s. Medium figure. M485

Handsome brown leather BAG (new), 15 by 8. 6s. 6d. A great bargain. M486

Thin light grey DRESS, lined silk, for sale, 12s. 6d. 37-24-42. M487

Lady Exhibitor has number of SKETCHES to dispose of. Price 7s. 6d., 10s., 15s., 20s. Approval. Carriage one way. M488

Stylish EVENING CAPE, CHILDREN'S COSTUMES, or CYCLING SKIRT, quite new. Exchange large mirror or jewellery to value. M489

Excellent RECIPE for Corns, 6 stamps for the War. M490

TOOLS for leather work and a large piece of leather, 12s. M491

Charming BEDROOM SLIPPERS, warm, fleecy soles; 3s. 6d., free. State colour desired. M492

Dainty invalid or bed JACKET, new shape, white, pink, or blue cosy flannelette, trimmed ribbons and feather-stitching, 3s. 9d. each. Linen PILLOWCASES, tucked frills, embroidered with large, handsome initials. 6s. 6d. pair. M493

Green Cloth SKIRT (37) and CAPE (lined, trimmed fur), Green Velvet BLOUSE, 20s. M494

Lady's Laced Tan SHOES, worn once; size 3; 4s. post free. M495

Green Plush Sofa CUSHION, blue silk, frill worked bébé ribbon. Price 21s. M496

Maternity GOWN, black canvas, full silk front; tall figure, good condition, 15s. M497

Pair electro-plated SALT CELLARS, with spoons, in nice case; bargain, 4s. M498

Wanted, stout lady's CLOTHING, also girl nine, for cash. Wrightsbridge, Southwould, Brentwood. M499

Cream silk and lace HAT, girl about four; take 4s. 6d.; exchange 6s. 6d. M500

New seal plush CAPE, lined quilted-satin, fur storm collar; £1. M801

Tan BASSINETTE for 14s. 6d., very fair condition, high wheels, hood. M502

Pair of rep CURTAINS, large size, slightly faded, would dye, bargain 6s. M503

Three comfortably FURNISHED ROOMS without attendance. Low terms.—29, Chaucer Road, Broadstairs. M504

Bound BOOKS MUSIC—Songs—2s. each. SHEET MUSIC, 3d. piece. Lists, stamp. M505

Widow Lady wishes to take charge of child.—20, Holbeach Road, Catford. M506

LADY'S BICYCLE, £4 4s. In splendid condition, "Roadster" make, good tyres, price includes all accessories. M507

DURNFORD HOUSE Private Nursing Home for Ladies.—Skilled nursing. Home comforts. Doctor attends daily. Maternity and Weir-Mitchel cases received. Certificated monthly nurses supplied.—Address Lady Superintendent, 21, St. Stephen's Square, London, W. M508

TROUSSEAUX, &c.—Orders taken for the finest hand-worked underclothing. The work is beautifully carried out, and is certain to be liked. Terms very moderate. Ladies' own materials used, but if desired, advertisers will supply material. Lace insertion, &c., can be had. Promptness and reliability. —Write Convent of the Good Shepherd, Clare Street, Limerick. M509

WANTED.—Lady Help for one Child. Must be good needlewoman and accustomed to children.—Apply first by letter to M510

Lady's TRICYCLE, Mohawk, Dunlop Tyres, splendid condition, £9. M511

LACE.—A lady will gladly send details of beautiful real Irish lace, at a price far below the cost of machine-made lace in London shops; orders carried out to customers' designs or pattern. Work has won prizes at various exhibitions, &c., and is really beautiful in design and execution.—Address— M512

Large patent, all iron, SPRING BEDSTEAD; strong, useful condition; 14s. 6d. Also mattress. M408

Mauve satin and crepe plain evening DRESS. Useful condition. Originally Allenby's. 24s. 6d. M410

Black silk TEA GOWN. Front figured heliotrope. Length front 60 inches. Offers. M411

Black figured cashmere DRESS, 38-28. Almost new. 12s. Bargain. M412

Wanted, COLOURED ENGRAVINGS of PRETTY WOMEN; also old lace; good prices. M414

Handsome French black scarlet millar velvet HAT, turned off face wings, new fringe ends, 36s., 10s.; several others, approval; postage. M416

Children's pretty CLOTHING, cheap, cash, or good exchange.—256, High Road, Tottenham. M417

Blue velvet HAT, new (latest), beautifully trimmed, cost 21s., sell for 12s. 6d. M418

Naperian COFFEE MACHINE, with brass frame and lamp; nearly new; 15s. M420

A few SONGS at 4d. per copy. Send stamped envelope for list. M424

Pretty CRADLES, with Babies complete, 2s. 6d. dozen; charity. M425

Dressmaking, Cutting, Fitting, Millinery, and Tailoring lessons by professional and teacher. Ladies forming classes of six or more teacher will attend at reduced fees at their residence. Classes held daily. Students trained for teachers and professional dressmakers. Moderate fees. Lessons by correspondence. M433

Experienced stylish Dressmaker makes up Ladies' own materials from 12s. 6d.; artistic remodeller; speciality, evening work; moderate charges; unsolicited testimonials.—Madam, 57, Dulwich Road, S.E. M438

Laundry.—GLAZING SECRET (the only original). Extremely simple. Gives actual appearance of white china. Stamped envelope for particulars.—Madam B., 14, Ridge Street, Landport, Hants. M440

Girl's Juvenile SAFETY; Beeston Tyres; prettily gold lined, nearly new; cost £12; price, with accessories, £7 15s. M446

Gent's Full ROADSTER, enamelled green and gold-lined, 24-inch frame, owner too tall for machine. Price, with lamp and bell, £7 15s. M447

Lady's CYCLE, cost £10 10s., Bagot Tyres, 22-inch frame, all accessories; owner selling owing to ill-health, £7 7s. M448

Lady's Olympic SAFETY for SALE, in excellent condition, Clincher tyres; complete with lamp, cyclometer, &c., for £6 10s. M449

Wanted, fortnight's country CHANGE near London; also CELLULAR CLOTHING. Wardrobe exchanges only. M452

Quantity of BOOKS; Magazines of Fiction as new. Other novels. What offers? M453

Private Guild, disposing Ladies' Work and Handicrafts, can admit new members. Stamp. M513

PRETTY BOOTS (18s. 9d.) for 13s.; narrow 4's; first-rate maker; misfit. M514

A bargain. Five guineas will purchase LADY'S BLENHEIM SAFETY, cost £13 10s. Nearly new; Coventry make; Warwick Tyres. M515

Lady wishes to dispose of her Willcox and Gibbs HAND SEWING MACHINE, in good working order. Will take £1. M516

Ladies' own Materials made up by experienced Dressmaker, from 10s. 6d. Remodelling Dressmaker, 14, Woodstock Road, Shepherd's Bush, W. M517

FLOWERS beautifully and effectively painted on satin, for table centres, cushions, antimacassars, &c.; from 3s. 6d., including material. Money immediately returned if not approved. M439

Artistic PASTEL PORTRAITS from photographs, 7s. 6d. Good likeness guaranteed. Send colouring of hair, eyes, &c., with Postal Order. M437

A New Departure in Publications designed to appeal to Cultured People.

The Photogravure Album.

Hitherto it has been impossible for people of educated tastes to obtain at a reasonable cost an **Artistic Reproduction in Photogravure** of pictures by well-known Painters.

We are glad to announce that we can now supply

THE PHOTOGRAVURE ALBUM,

which contains **Five** exquisite examples of artistic reproduction, at the absurdly low price of **2/6** nett.

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OPPORTUNITY MAKES THE THIEF. By P. C. Chocarne-Moreau. Size 12½ by 9.

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AN UNEXPECTED MEETING. H. Laissement. Size 9 by 12½.

THE WRECK. By W. Pratt. Size 9 by 12½.

Others in preparation, to be issued shortly.

London: BEETON & CO., LIMITED, 10 & 11, Fetter Lane, E.C.

Answers on Technical Points.

RULES.

1. *To be answered in the next number, letters must reach us not later than the 25th of the month.*
2. *Queries must be accompanied by a coupon cut out of the paper. No notice will be taken if sent without.*
3. *In urgent cases, or if crowded out, answers will be sent by post, for which no charge will be made. No postal reply can be sent unless a stamped and addressed envelope be enclosed.*
4. *Queries to be answered by post must be limited to three.*

DRESS AND HAIRDRESSING.

Letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Tip-Top.—See the draped skirts on page 17, March Number. That on the left is the very model for your khaki cloth. If you are afraid of stitching (it does need skill, as uneven stitching is worse than none at all), you can omit it; many hems are not stitched. You could use the silver braid if you like. You could not do better than copy the bodice, or you might have the beautiful model of which we gave away the cut-out paper pattern in that same number.

May.—Unless you are very short I am afraid that 4 yards of 48-inch material will be quite insufficient. You only gain 4 inches width in the yard over 48-inch fabric, and 6 yards of this width stuff are asked by every dressmaker for a complete dress. The Viennese skirt (No. 495), if cut a little less full below, takes very little material. Your plaid would look very nice like this, cutting the fronts on the straight, and adding corners of the material at the back (seamed at the selvedges) to eke out the width. These seams will be hidden in the reversed box-pleat at the back. How would you like the bodice No. 496? It cuts into little stuff, and you could introduce a second material for belt, collar, cuff. It is a little difficult to suggest a relief. If the material were of a more dressy character a touch of orange or cherry velvet would be invaluable, but the material seems to suggest only black (velvet and satin). You could edge the bodice with ruched satin ribbon. Oxidised buttons would be an improvement. For the grass lawn dress (I presume you mean an out-door summer gown) I would suggest something like No. 507. The skirt should be pleated, like No. 503; but you have not nearly enough material. The pleated yoke and sleeve could be of the white material. For the cotton I think the seven-gore skirt would fit your mother. As the pattern has not a decided "up and down," the breadths could be reversed, and so take less stuff. But you have provided *very* short lengths! For a bodice No. 543 suits elderly ladies, as the fringe (to be replaced by black or white lace for the black cotton) veils the waist. It is a very good style for cotton. I am pleased to help you, and hope to hear from you again.

A. J. B.—English corsets are made long-waisted, high under the arm, and long below the waist, to suit the average long and slim English figure. The little French stays, kept by all the larger outfitters, would suit you better. French-women, you know, are very much shorter in the body than the typical Englishwoman. Let me know how you like them.

Tribulation.—I can confidently recommend the cycling skirt (No. 512). It hangs beautifully, and is so easy to make. You cannot do better with your Pirle-finished cloth. For the blue serge, have the five-gore tailor skirt (no drapery), and the coat cut on the two patterns we give away with this number. I have answered your other query by post. I am so pressed for space this month!

Catford.—They have beautiful braid trimmings at the Dressmakers' Supply Stores, Aldersgate Street. You are right—braid is so much more easily manipulated than cloth straps. For the French poplins, send to Jaques and Jaques, Darlington. They have lovely specimens of this fashionable material.

West Indian.—See the stitched dress, No. 541. It is just the model for face cloth. For these, send to the Bradford Manufacturing Company, Bradford. They have them in all the new colours.

Tinker.—You will find a pretty tunic No. 551. The lace insertion will edge it very nicely, and you can drape that rich ribbon about a plain bodice carried out in the style of No. 553. Your sister's queries being pressing (and space being lacking), I have answered by post. I think you would like the effect of No. 550, for the pretty coating; you have quite sufficient.

E. W. W.—Your sister could not do with less than one dozen of each under garment—combinations (or chemises and knickers), nightdresses, vests, camisoles. She would require one or two silk petticoats, a warm cloth petticoat, two white ones at least, and four flannel petticoats, or two pairs of tweed knickerbockers (according to what she wears). I strongly advise a dressy tailor gown for the wedding dress, like No. 541, or with closed coat like No. 557 (cut out patterns). For the bridesmaids, have pretty summery gowns—see No. 507. Yours could be in French grey cashmere, with white satin tucked chemisette and sleeve. If she supplies household linen that is ample, and more than many brides do. For "Etiquette" see below. I am so glad to help you.

May Queen.—I am very pleased to hear from you and to help you. Certainly your queries are permissible. Your letter came just in time to go to press. As to the veil, it should reach to the edge of the dress, and should be full, so that it folds about the figure, and can be gathered over the arm (*à la* Mrs. Tree as Titania in the present splendid production of *A Midsummer Night's Dream*). Tulle or net are the best materials. Send to Messrs. Gorringe and Co., Queen's Walk, Nottingham, for patterns of their wide nets. Certainly not black shoes and stockings. With your white dress, all should be white. A fairy queen does not carry a sceptre. A long wand with a star at the top would be suitable. White muslin is a very suitable frock.

Nos. 562 to 565. Novelties in Underclothing.

For Descriptions see Pages 32 to 36.

Price of Paper Patterns, each 6½d., post free, of Madame Myra, 95, *Regent Street, W.*

EMPLOYMENTS.

Letters to be addressed to Miss Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Tommie.—You certainly seem gifted in many ways; but I most strongly advise you to devote your attention to needlework "of all descriptions," of which you say you are so fond. The second society you name I know nothing of, and I do not find the address given anywhere. At the Royal School of Art Needlework, Kensington, it takes two to three years to train as a professional embroideress. The fees for a two years' certificate are £20 per annum; for a three years' diploma £10 per annum. Qualified workers must be ladies, and when employed by the School must undertake to work seven hours a day, and all work is paid *by the piece*. An entrance fee of £5 is charged. I tell you this, but, frankly, I do not think it is what you want. You say you "can cut out, make dresses, &c." Therefore, most strongly do I advise you to go in for dressmaking, and the best class of dressmaking, if you can manage it. You are not far from London, so watch the papers for advertisements for dressmakers' apprentices. Get into as good a house as possible, and learn your trade from beginning to end. The season is now just beginning, and in April or May you would stand a good chance of being employed. You will not earn anything to begin with; you may probably have to pay a premium. An article on "Dressmaking" appeared in this "Employments" series some time ago. Write to the office, enclosing a stamped envelope, and inquire if it is to be had. If so, read it carefully. If not, write again to me, and I will advise you further as to suitable houses to apply to, the opportunities of the trade, &c.

Secretary.—I will gladly bring your guild before the notice of the readers of Myra's Journal; but may I ask you to let me have a printed copy of your rules, &c. A showroom, I should imagine to be a necessity; but perhaps you do not know that both Liverpool and Manchester have ladies' work societies in fashionable parts of both towns. Chester, I should say, would be a more suitable centre. In any case your work and object is a laudable one, and, as I say, I will gladly help you to increase your membership. Would you object to your name and address being published? The less privacy there is about the matter the better for your purpose.

Scots Lassie.—An article on dispensing appeared about two years ago; but I intend to publish another which will be quite up to date. Wait for that. In the meantime, write to the Secretary of the Pharmaceutical Society, 17, Bloomsbury Square, W.C., for the regulations of the examinations. Yes, it affords excellent openings for women, and is comparatively well paid. About £100 is the usual cost of training. Latin is obligatory.

F. V. McDonnell.—You gave me no pseudonyms. So I hope you will see this. You will find all particulars about the course of preparation for a doctor's career in the October and November numbers of Myra. Read, mark, and learn what I say about it there. It will be a terrible handicap to you, I fear, that you know no language but English. For any British medical degree the following subjects are obligatory in the preliminary examination: English language, Latin, grammar, seen and unseen translation; arithmetic, algebra, geometry, Books I., II., III. of Euclid; either Greek, French, German, Italian, any other modern language, logic. No other subjects are accepted in place of these. If you are really in earnest, you will have to make up your mind to study really hard to overcome your initial difficulties. As you are in Ireland you will, I suppose, prefer to work out your career there, and women medical students are remarkably well catered for in your country. I strongly advise you to write to the Committee for the Promotion of the Professional Education of Women, hon. sec., Dr. Winifred Dickson, 18, Upper Merrion Street, Dublin, who will give you full details of the Medical Schools and the requirements thereof. To start with, I think, you had better coach, either by correspondence or personally, for the preliminary exam. The committee named above will help you on this point. There is a Medical School at Galway; the fees are lower than at Dublin, and there are more scholarships. I strongly advise you to enter there, as it is near to you. Women are admitted to the hospital there also. Please write again if I can help you further.

Roxana.—Some time ago we had an article on "Dispensing," but I fear it will be out of print. I hope shortly to include another on the same subject in this series, as women have made wonderful strides lately in this profession. Meantime, write to the Secretary of the Pharmaceutical Society, 17, Bloomsbury Square, W.C., who will give you the information you require. You must pass their preliminary examination to begin with, unless you have the London Matriculation or Senior Cambridge certificates—with Latin. You are certainly wise to strike out of the beaten path of teaching. Tell your friend to look out for an article on "Dentistry" in these columns, but I cannot say which month it will appear. The publication of the articles is not my province, you know.

HOUSEHOLD MANAGEMENT.

Letters to be addressed to Miss Mona Richards, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

R. M. T.—I should advise your cleaning all iron saucepans with silver sand, it is by far the best method; soap a swab well, and dip it into the sand; scour thoroughly.

Dora.—(1) If you add a few drops of ammonia to the washing water you will easily remove all grease from windows. (2) Lemon juice will remove stains from brass.

Canterbury.—I have given a recipe for castle puddings in this month's article. Please do not apologise for troubling me, I shall always be happy to help you in any way.

Lina.—(1) The most suitable book for your purpose that I know is Mrs. C. H. Peel's "Ten Shillings per Head," published by A. Constable and Co., Westminster. It contains excellent recipes for entrées and cakes, &c. The book was reviewed most favourably in this journal about three months ago. (2) Yes, I know the recipe to which you allude; "Armer Ritter" is a popular dish in Germany. It can be made as follows:—Soak stale bread in milk until soft, beat up an egg and lightly brush each piece with it; fry a golden brown. Sprinkle with sugar, and serve with strawberry jam.

ETIQUETTE.

Letters to be addressed to "Duenna," "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

E. W. W.—For a quiet wedding only the nearest relatives need be invited.

Space being very short, all Etiquette queries have been answered by post.

HEALTH AND PERSONAL ATTENTION.

All Letters to be addressed to "Mistress Anne Page," "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Paddy.—(1) The waving pins, for putting in when the hair is dressed, are known as "Hinde's No. 19," and are sold in boxes of three for 1s. at their factory in Bromsgrove Street, Birmingham. All you have to do is to dress the front and sides of your hair loosely in the usual way. When you want to wave these, just remove the centre bar from the frame of the pin, slide this bar underneath the hair (it is shaped to fit the side of the head), bring over the frame, and fasten. In forty minutes you will have a most natural, large wave, right up the side of your head; but you can get this in twenty minutes if you just slightly damp the hair with Hinde's

No. 567. Useful Indoor or Semi-Evening Gown.

For Descriptions see Pages 32 to 36.

Price of Paper Patterns, Skirt or Bodice, each 6½d., post free, of Madame Myra, 95, *Regent Street, W.*

No. 568. A Pretty Tunic Gown.

For Descriptions see Pages 32 to 36.

Price of Paper Patterns, Skirt, Tunic, or Bodice, each 6½d., post free, of Madame Myra, 95, *Regent Street, W.*

"Crispa Water" (1s. 6d. for a large bottle) first. (2) Madame Clarisce's "Lotion Sylphide" for reducing any part of the body without affecting the rest is 4s. 9d. a bottle, or twice this quantity for 7s. 9d., post free. Madame Gilbert's "Emaciolets," for reducing the body all over in equal proportion, are 11s. a bottle. If you write to either of these ladies, giving them your present height and weight, and the measures of bust, waist, and hips, and telling them your age, they will be able to tell you how long it will take to bring you down to slim and elegant proportions. (3) The "Eyebrow Strengthener" will do equally well for the lashes, but you should put it on with your finger-tip, and wash the lids in the morning with weak tea.

Diane.—To improve your colour, and at the same time your breathing, take night and morning a "Protochloride Pill for Pallid Persons." A bottle of these, quite sufficient for one course, is sent post free by the manufacturers, Messrs. P. Harris and Co., 144, Edmund Street, Birmingham, for 1s. 9d. (2) Debrose soap (7d. a cake, or 1s. 6d. for three cakes, from the same Messrs. Harris) is very soothing, and admirably suitable for such a fine skin as yours.

Your Admirer.—Your hair waves will keep in much longer if, as soon as you have used the tongs, you take just a very little "Brilliantine" (1s. 3d. a bottle from Mr. Mason, 25, Bank Plain, Norwich) on a small brush (a new toothbrush for choice) and brush this over the waved hair. One of our best hair specialists tells me that by so doing the hair is saved from any injury by the heated irons. So you will kill two birds with one stone.

Matron.—When sudden pain like that attacks you, far better for you than brandy is Dr. Townson's "Substitute," which used to be called "Cholera Mixture" years ago. This is the recipe, and Mr. Mason, of 25, Bank Plain, Norwich, will at any time make you up a bottle of it, which I strongly advise you to keep by you, as it is equally good in faintness, spasm, or diarrhœa. Take of Tincture of Ginger (strong), 2oz; Aromatic spirit of Ammonia, 2oz; Chloric Æther, 2oz. Mix; one teaspoonful in one tablespoonful of hot or cold water is to be taken, and may be repeated every quarter of an hour until relief is obtained.

Gwendoline.—To cure that flushing in the face you should take three times a day a teaspoonful of "Syrup of Glophosphates," which Messrs. P. Harris and Co., 144, Edmund Street, Birmingham, will send you for 1s. 9d., and before you go into any heated room, or out into the cold air you should put on to your sensitive skin some "Beauty Cream," which is most cooling, and at the same time most beautifying. You must address your letter for this to Madame Cross, Dept. M.J., 70, Newman Street, Oxford Street, London. I shall be glad to hear from you at any time.

Kittie.—Your fringe is getting thinner because you take all the nourishment out of it with those hot tongs every day. Rub into the roots of it the last thing at night some "Rumcumbox," a hair strengthener, which Madame Felice, Bedale, Yorkshire, will make for you, and send for 1s. 4d. Then curl your hair round Madame Cross' "Curling Pads" (she will send you a dozen of these for 1s. 6d. from Dept. M.J., 70, Newman Street, Oxford Street, London, and these will last you a lifetime), and you will find you have much prettier curls, and that your fringe will soon recover itself, and look as if it was made of real hair, instead of being like tow. Yes, I shall like to hear from you again, and then will advise you what best to do to make your personal appearance more attractive in every part of it.

Tressie.—Because you are poor is one of the strongest reasons why I should do all I can to help you, and your answer should have been in last month's journal, but that your letter came after this had gone to press. The red nose and the spots are partially due, doubtless, to indigestion, and if you can spare 1s. 9d. this week, you would be wise to get at once a bottle of "Peptonic Elixir" (a never-failing remedy) from Messrs. P. Harris and Co., 144, Edmund Street, Birmingham. From these chemists, whose charges are extremely small, also get a cake of sulphur soap, and a lotion and a powder, for which these are the recipes, to be cut out and sent to them. "No. 1." Rj. Zinci oxid. 2 drms. Sulph. precip. 1 drm. Zinci sulphocarol, 20 grs. Glycerin. P.B. 1oz, aq. rosæ 1 oz, M.ft., lot. mitte. 6 oz. For outward application only. "No. 2." Rj. Zini oxid. 3 drms. Acid. Salicyl. (pulv.) 1 drm, Pulv Amyl. ad 2 oz M.ft. pulv. To be used as directed. When you get these, wet a piece of white flannel in warm water, make a good lather on it with the soap, and well rub all the pimpled skin, then rinse in clear water, and dry. Next dab the lotion on freely with a bit of an old handkerchief soaked in it, let it dry in, then put on the powder, and wipe off any that shows. You may apply lotion and powder three times a day whenever you have the chance, and you can leave them on all night. Your diet must be plain, but nourishing; there must be no pastry nor sweets, nor pepper, nor pickles; no strong tea or coffee, and no alcoholic beverages at all. Get what fresh air you can every day, and be sure to take a tepid bath, with a good rub all over, every day, too.

Old Chelsea.—You will feel much less tired, and much more ready to begin your daily round if you will put a tablespoonful of "Aromatic Bath Salt" (1s. 6d.) from Mr. Mason, 25, Bank Plain, Norwich, into your morning bath. It will soften that chalky water, and scent it most deliciously. You should rub yourself well all over with a rather rough towel to improve your circulation.

Nannie Tatchie.—I am glad the Myra patterns were just what you wanted. When you write to Coventry for the frillings, you ought to get yourself one of Cash's "Friction Gloves." With a good lather of "Larola" soap on this you should give yourself a rub over once a day, it will keep your skin in such nice condition. The Larola preparations are so emollient, and withal so inexpensive, that everyone may give themselves the luxury of them. Messrs. Beetham and Son, chemists, Cheltenham, are the sole proprietors, and will send you a descriptive price list if you name me. The soap is quite suitable for the delicate skin of an infant too

Wilmot.—Hair on the lip is very disfiguring to a woman, and adds years to the apparent age. But as yours are long they will be all the more easily removed, and I would advise you to go to Miss Mostyn, 4, Holles Street, Cavendish Square, W., the first free afternoon you have. She will take them away by a process that will prevent their ever growing again, and she is so kind and patient that you may place yourself in her hands with all confidence.

Laurie.—In these days ornamental hair is so perfectly matched to one's own that there need be no fear of detection if one wears a coil, and there is certainly no harm in doing so when one's hair is by nature too thin to dress properly. Send a scrap of your own hair to Messrs. Westgate, 171, Westbourne Grove, London, W., and they will send you a tail, half a yard long, exactly the same shade, for 5s. 6d.

Too Soon.—You can restore your hair and stop any more greyness by using a pomade made from walnut-tree bark, by Messrs. R. A. Fairburn, Avenue Road, Stamford Hill, London. You can have a shilling's-worth, and while it darkens your hair it will nourish its roots, so that it is useful in two ways at once.

Ambitious.—Hinde's "Crispa Water" is the best thing you can use to keep your hair in curl all day, in damp weather or wind. You can get a sample bottle of it for 1s. 6d. direct from the factory by writing to Manager, Messrs. Hinde's, Limited, Bromsgrove Street, Birmingham, and naming me.

Dried Up.—You should rub into that poor dried skin some "Dylissia" Medical Cream every night, after you have washed your face in warm water, with a little fine oatmeal in it. All chemists keep this cream, and sell it for 1s. 1½d. Yes, I answer urgent questions by post, but you must enclose a stamped envelope, addressed to yourself.

MISCELLANEOUS.

Letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

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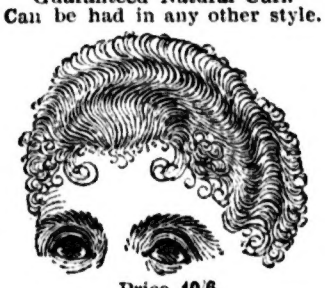

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